

Figure One. Literature search and study selection flow chart.

Appendix A

Sensitivity Analysis of Data included in Analysis One

Author	Timepoint	SS	Pre M	Pre SD	Post M	Post SD	Cohen's <i>d</i> at .25 correlation	Cohen's <i>d</i> at .5 Correlation	% change in estimate	Cohen's <i>d</i> at .75 Correlation	% change in estimate
Norris, 2010	March-April	279	6.69	10.51	10.51	3.28	0.277	0.274	-1.08%	0.267	-2.55%
	March-May	259	6.69	10.51	10.44	3.71	0.232	0.228	-1.72%	0.215	-5.07%
	March-June	223	6.69	10.51	10.09	3.47	0.130	0.128	-1.54%	0.123	-3.91%
	March-July	225	6.69	10.51	10.18	3.37	0.162	0.161	-0.62%	0.155	-3.73%
	March-August	212	6.69	10.51	9.83	2.74	0.053	0.053	0.00%	0.052	-1.89%
	March- September	200	6.69	10.51	10.07	3.1	0.133	0.132	-0.75%	0.130	-1.51%
	March- October	139	6.69	10.51	9.73	3.24	0.014	0.013	-7.14%	0.013	0%
Oliver, 1991	March-April	31	6.13	2.15	6.77	2.43	0.281	0.280	-0.36%	0.278	-0.71%
	March-May	31	6.13	2.15	5.48	1.50	-0.344	-0.338	-1.74%	-0.320	-5.32%
	March-June	31	6.13	2.15	6.45	2.31	0.145	0.144	-0.69%	0.144	0%
	March-August	31	6.13	2.15	6.13	2.13	0.000	0.000	0.00%	0.000	0%
Weiss et al., 2004	March-April	28	6.61	5.38	6.82	6.59	0.035	0.035	0.00%	0.034	-2.86%
	March-May	28	6.61	5.38	4.18	3.13	-0.541	-0.520	-3.88%	-0.468	-10.00%
	March-June	28	6.61	5.38	6.25	4.53	-0.072	-0.072	0.00%	-0.071	-1.39%
	March-July	28	6.61	5.38	2.96	4.03	-0.763	-0.753	-1.31%	-0.726	-3.58%

Palinkas et al., 2000a*	March-August	28	6.61	5.38	4.14	4.76	-0.486	-0.485	-0.20%	-0.485	0%	
	March-September	28	6.61	5.38	4.39	4.32	-0.454	-0.450	-0.88%	-0.440	-2.22%	
	March-October	28	6.61	5.38	3.61	3.97	-0.630	-0.621	-1.43%	-0.596	-4.02%	
	March-April	62					-0.261	-0.256	-1.91%	-0.244	-4.69%	
	March-May	62					-0.068	-0.067	-1.47%	-0.067	0%	
	March-June	62					0.135	0.134	-0.74%	0.132	-1.50%	
	March-July	62					-0.237	-0.230	-2.95%	-0.212	-7.83%	
	March-August	62					-0.079	-0.075	-5.06%	-0.067	-10.67%	
	Palinkas et al., 2000b*	March-April	18					-0.202	-0.202	0%	-0.202	0%
		March-May	18					-0.154	-0.154	0%	-0.154	0%
March-June		18					-0.420	-0.392	-6.66%	-0.336	-14.28%	
March-July		18					-0.277	-0.224	19.13%	-0.216	-3.57%	
March-August		18					-0.803	-0.741	-7.72%	-0.624	-15.79%	
March-September		18					-0.148	-0.145	-2.03%	-0.137	-5.52%	
March-October		18					-0.119	-0.122	2.52%	-0.126	3.28%	

Note. SS = Sample Size, r = pre-post correlation. * = Composite Effect Size used.

Appendix B

Sensitivity Analysis of Data included in Analysis Two

Author	Timepoint	SS	Pre M	Pre SD	Post M	Post SD	Cohen's <i>d</i> at .25 correlation	Cohen's <i>d</i> at .5 Correlatio	% change in estimate	Cohen's <i>d</i> at .75 Correlation	% change in estimate
Norris, 2010	March- April	279	9.69	2.58	10.51	3.28	0.277	0.274	-1.08%	0.267	-2.550
	April-May	259	10.51	3.28	10.44	3.71	-0.020	-0.020	0%	-0.020	0%
	May-June	223	10.44	3.71	10.09	3.47	-0.097	-0.097	0%	-0.097	0%
	June-July	225	10.09	3.47	10.18	3.37	0.026	0.026	0%	0.026	0%
	July- August	212	10.18	3.37	9.83	2.74	-0.114	-0.113	-0.88%	-0.111	-1.77%
	August- September	200	9.83	2.74	10.07	3.1	0.082	0.082	0%	0.081	-1.22%
	September- October	139	10.07	3.1	9.73	3.29	-0.106	-0.106	0%	-0.106	0%
Oliver, 1991	March- April	31	6.13	2.13	6.77	2.43	0.280	0.280	0%	0.277	-1.07%
	April-May	31	6.77	2.43	5.48	1.50	-0.626	-0.605	-3.35%	-0.555	-8.26%
	May-June	31	5.48	1.50	6.45	2.31	0.490	0.477	-2.65%	0.443	-7.13%
Weiss et al., 2004	March- April	28	6.61	5.37	6.82	6.589	0.035	0.035	0.00%	0.034	-2.86%
	April-May	28	6.82	6.59	4.18	3.128	-0.494	-0.462	-6.48%	-0.395	-14.50%

	May-June	28	4.18	3.13	6.25	4.527	0.526	0.516	-1.90%	0.487	-5.62%
	June-July	28	6.25	4.53	2.96	4.032	-0.767	-0.766	-0.13%	-0.761	-0.65%
	July- August	28	2.96	4.03	4.14	4.759	0.267	0.266	-0.37%	0.262	-1.50%
	August- September	28	4.14	4.76	4.39	4.315	0.055	0.055	0%	0.055	0%
	September- October	28	4.39	4.32	3.61	3.966	-0.188	-0.188	0%	-0.187	-0.53%
Palinkas et al., 2000a*	March- April	18					-0.202	-0.202	0%	-0.202	0%
	April-May	18					0.043	0.043	0%	0.042	-2.32%
	May-June	18					-0.241	-0.227	-5.81%	-0.197	-13.21%
	June-July	18					0.101	0.086	-14.85%	0.059	-31.14%
	July- August	18					-0.378	-0.345	-8.73%	-0.288	-16.52%
	August- September	18					0.455	0.411	-9.67%	0.337	18%
	September- October	18					0.107	0.105	-1.87%	0.102	-2.86%
Palinkas et al., 2000b*	March- April	62					-0.261	-0.256	-1.91%	-0.244	-4.69%
	April-May	62					0.158	0.152	-3.80%	0.137	-9.87%
	May-June	62					0.189	0.188	-0.53%	0.186	-1.06%
	June-July	62					-0.381	-0.365	-4.20%	-0.327	-10.41%
	July- August	62					0.152	0.148	-2.63%	0.138	-6.76%

Palinkas et al., 2000c*	May-June	7	-0.085	-0.083	-2.35%	-0.079	-4.82%
	June-July	7	0.326	0.313	-3.99%	0.283	-9.58%
	July-August	7	-0.321	-0.307	-4.36%	-0.274	-10.75%
	August-September	7	-0.055	-0.054	-1.82%	-0.050	-7.41%
	September-October	7	-0.096	-0.094	-2.08%	-0.091	-3.20%

Note. SS = Sample Size. * = Composite Effect Size used.

Appendix C

Sensitivity Analysis of Data included in Analysis Three and Four

Analysis	Authors	SS	Pre M	Pre SD	Post M	Post SD	Cohen's <i>d</i> at .25 correlation	Cohen's <i>d</i> at .5 Correlation	% change in estimate	Cohen's <i>d</i> at .75 Correlation	% change in estimate
Analysis Three	Bhargava et al., 2000 *	25	7	-	25	-	-0.838	-0.838	0%	-0.838	0%
	Harris et al., 2010*	40	10	-	40	-	-0.302	-0.302	0%	-0.302	0%
	Ikegawa et al., 1998	8	21.4	5.6	20	3.6	-0.293	-0.285	2.78%	-0.264	7.37%
	McCormick et al., 1985	11	74.08	16.61	72.82	17.95	-0.073	-0.073	0.03%	-0.073	0.45%
	Norris, 2010	333	9.69	3.114	12.22	11.166	0.286	0.254	11.50%	0.197	19.88%
	Palinkas et al., 1995	91	7.74	6.47	11.85	8.72	0.532	0.524	1.38%	0.504	3.78%
	Palinkas et al., 1995a	89	7.54	6.47	11.85	8.72	0.557	0.55	1.38%	0.528	3.87%
	Palinkas et al., 1996	67	4.5	5	4.4	4.4	-0.021	-0.021	0.47%	-0.021	0.47%
	Weiss et al., 2000a	31	22.75	5.4	24.46	4.8	0.334	0.334	0.23%	0.331	0.89%
	Weiss et al., 2000b	36	26.54	9.21	26.28	10.1	-0.027	-0.027	0.37%	-0.027	0.25%
Weiss et al.,	40	25.65	7.24	26.93	9.23	0.154	0.154	0%	0.152	1.29%	

2000c

Analysys

Four	Ursin et al., 1991	20	1.43	0.3	1.37	0.29	-0.203	-0.203	0%	-0.203	0%
	Norris et al., 2010	90	9.88	3.17	11.9	3.19	0.635	0.635	0%	0.635	0%

Note. SS = Sample Size. * = Descriptive Statistic used was a Frequency.

Appendix D

Composite Effect Sizes for Data included in Analysis One

Authors	Time-point	Outcome	Pre M	Pre SD	Post M	Post SD	<i>r</i>	SS	Cohen's <i>d</i>	std error	Composite Cohen's <i>d</i>	std error
Palinkas et al., 2000a	March-April	Anger	4.2	4.8	3.4	5.4	0.5	18	-0.16	0.24	-0.2	0.24
		Anxiety	5.6	3.8	4.9	3.9	0.5	18	-0.18	0.24		
		Confusion	4.4	2.4	3.5	2.6	0.5	18	-0.36	0.24		
		Depression	5.4	5.6	3.7	5.2	0.5	18	-0.31	0.24		
		Fatigue	5.9	3.3	5.9	4.8	0.5	18	0.00	0.24		
	March-May	Anger	4.2	4.8	2.7	4.4	0.5	18	-0.33	0.24	-0.15	0.24
		Anxiety	5.6	3.8	4.8	3.9	0.5	18	-0.21	0.24		
		Confusion	4.4	2.4	4.2	3.4	0.5	18	-0.07	0.24		
		Depression	5.4	5.6	4.3	4.9	0.5	18	-0.21	0.24		
		Fatigue	5.9	3.3	6.1	6.4	0.5	18	0.04	0.24		
	March-June	Anger	4.2	4.8	1.4	1.7	0.5	18	-0.66	0.26	-0.39	0.25
		Anxiety	5.6	3.8	3.5	1.7	0.5	18	-0.64	0.26		
		Confusion	4.4	2.4	3.8	3	0.5	18	-0.22	0.24		
		Depression	5.4	5.6	3	3.1	0.5	18	-0.49	0.25		
		Fatigue	5.9	3.3	6.2	6.5	0.5	18	0.05	0.24		
	March-July	Anger	4.2	4.8	3.1	6.3	0.5	18	-0.19	0.24	-0.22	0.24
		Anxiety	5.6	3.8	4.4	4.4	0.5	18	-0.29	0.24		
		Confusion	4.4	2.4	3.3	3.3	0.5	18	-0.37	0.24		
		Depression	5.4	5.6	4	7.7	0.5	18	-0.20	0.24		
		Fatigue	5.9	3.3	5.6	5.6	0.5	18	-0.06	0.24		
March-	Anger	4.2	4.8	1.1	2.2	0.5	18	-0.74	0.27	-0.15	0.24	

	August											
		Anxiety	5.6	3.8	2.8	1.3	0.5	18	-0.84	0.27		
		Confusion	4.4	2.4	2.7	1.4	0.5	18	-0.81	0.27		
		Depression	5.4	5.6	1.6	1.1	0.5	18	-0.74	0.27		
		Fatigue	5.9	3.3	3.4	5	0.5	18	-0.57	0.25		
	March-September	Anger	4.2	4.8	3.2	6.5	0.5	18	-0.17	0.24	-0.15	0.24
		Anxiety	5.6	3.8	5.3	4.5	0.5	18	-0.07	0.24		
		Confusion	4.4	2.4	3.8	3.8	0.5	18	-0.18	0.24		
		Depression	5.4	5.6	4.4	8	0.5	18	-0.14	0.24		
		Fatigue	5.9	3.3	5.2	4.9	0.5	18	-0.16	0.24		
	March-October	Anger	5.4	5.6	4.3	7.6	0.5	18	-0.16	0.24	-0.12	0.24
		Anxiety	5.9	3.3	5.9	3.8	0.5	18	0.00	0.24		
		Confusion	4.4	2.4	3.5	2.8	0.5	18	-0.34	0.24		
		Depression	5.6	3.8	4.2	4.3	0.5	18	-0.34	0.24		
		Fatigue	5.9	3.3	7.4	7.2	0.5	18	0.24	0.24		
Palinkas et al., 2000b	March-April	Anger	3.4	4.3	3	2.7	0.5	62	-0.11	0.13	-0.26	0.13
		Anxiety	5.8	3.2	4.4	2.6	0.5	62	-0.48	0.13		
		Confusion	4	2.6	3.1	2	0.5	62	-0.38	0.13		
		Depression	4.2	5.5	3.1	2.9	0.5	62	-0.23	0.13		
		Fatigue	5	5.1	4.6	4	0.5	62	-0.09	0.13		
	March-May	Anger	3.4	4.3	3.8	5.9	0.5	62	0.08	0.13	-0.07	0.13
		anxiety	5.8	3.2	4.9	4.1	0.5	62	-0.24	0.13		
		Confusion	4	2.6	3.3	2.6	0.5	62	-0.27	0.13		
		Depression	4.2	5.5	4	6.6	0.5	62	-0.03	0.13		
		fatigue	5	5.1	5.7	5.6	0.5	62	0.13	0.13		

March-June	Anger	3.4	4.3	5.1	5.7	0.5	62	0.33	0.13	0.13	0.13
	Anxiety	5.8	3.2	5.7	3.4	0.5	62	-0.03	0.13		
	Confusion	4	2.6	4.1	3.1	0.5	62	0.03	0.13		
	Depression	4.2	5.5	4.3	4.3	0.5	62	0.02	0.13		
	Fatigue	5	5.1	6.7	5.6	0.5	62	0.32	0.13		
March-July	Anger	3.4	4.3	3.1	2.5	0.5	62	-0.08	0.13	-0.23	0.13
	Anxiety	5.8	3.2	4.3	2.1	0.5	62	-0.53	0.14		
	Confusion	4	2.6	3.2	1.8	0.5	62	-0.35	0.13		
	Depression	4.2	5.5	3.3	2.7	0.5	62	-0.19	0.13		
	Fatigue	5	5.1	5	3.4	0.5	62	0.00	0.13		
March-August	Anger	3.4	4.3	3.7	3.7	0.5	62	0.07	0.13	-0.08	0.13
	Anxiety	5.8	3.2	5.3	2.8	0.5	62	-0.17	0.13		
	Confusion	4	2.6	3.8	3	0.5	62	-0.07	0.13		
	Depression	4.2	5.5	3	2.5	0.5	62	-0.25	0.13		
	Fatigue	5	5.1	5.2	5	0.5	62	0.04	0.13		

Note. SS = Sample Size, r = pre-post correlation.

Appendix E

Composite Effect Sizes for Data included in Analysis Two

Author	Timepoint	Outcome	Pre M	Pre SD	Post M	Post SD	<i>r</i>	SS	cohen's <i>d</i>	std error	Composite Cohen's <i>d</i>	std error
Palinkas et al., 2000a	March-April	Anger	4.2	4.8	3.4	5.4	0.5	18	-0.16	0.24	-0.2	0.24
		Anxiety	5.6	3.8	4.9	3.9	0.5	18	-0.18	0.24		
		Confusion	4.4	2.4	3.5	2.6	0.5	18	-0.36	0.24		
		Depression	5.4	5.6	3.7	5.2	0.5	18	-0.31	0.24		
		Fatigue	5.9	3.3	5.9	4.8	0.5	18	0.00	0.24		
	April-May	Anger	3.4	5.4	2.7	4.4	0.5	18	-0.14	0.24	0.04	0.24
		Anxiety	4.9	3.9	4.8	3.9	0.5	18	-0.03	0.24		
		Confusion	3.5	2.6	4.2	3.4	0.5	18	0.23	0.24		
		Depression	3.7	5.2	4.3	4.9	0.5	18	0.12	0.24		
		Fatigue	5.9	4.8	6.1	6.4	0.5	18	0.03	0.24		
	May-June	Anger	2.7	4.4	1.4	1.7	0.5	18	-0.34	0.24	-0.23	0.24
		Anxiety	4.8	3.9	3.5	1.7	0.5	18	-0.38	0.24		
		Confusion	4.2	3.4	3.8	3	0.5	18	-0.12	0.24		
		Depression	4.3	4.9	3	3.1	0.5	18	-0.30	0.24		
		Fatigue	6.1	6.4	6.2	6.5	0.5	18	0.02	0.24		
	June-July	Anger	1.4	1.7	3.1	6.3	0.5	18	0.30	0.24	0.09	0.24
		Anxiety	3.5	1.7	4.4	4.4	0.5	18	0.23	0.24		
		Confusion	3.8	3	3.3	3.3	0.5	18	-0.16	0.24		
		Depression	3	3.1	4	7.7	0.5	18	0.15	0.24		
		Fatigue	6.2	6.5	5.6	5.6	0.5	18	-0.10	0.24		

Palinkas et al., 2000b	July- August	Anger	3.1	6.3	1.1	2.2	0.5	18	-0.36	0.24	-0.35	0.24
		Anxiety	4.4	4.4	2.8	1.3	0.5	18	-0.41	0.25		
		Confusion	3.3	3.3	2.7	1.4	0.5	18	-0.21	0.24		
		Depression	4	7.7	1.6	1.1	0.5	18	-0.33	0.24		
		Fatigue	5.6	5.6	3.4	5	0.5	18	-0.41	0.25		
	August- Septembe r	Anger	1.1	2.2	3.2	6.5	0.5	18	0.37	0.24	0.41	0.25
		Anxiety	2.8	1.3	5.3	4.5	0.5	18	0.62	0.26		
		Confusion	2.7	1.4	3.8	3.8	0.5	18	0.33	0.24		
		Depression	1.6	1.1	4.4	8	0.5	18	0.37	0.24		
		Fatigue	3.4	5	5.2	4.9	0.5	18	0.36	0.24		
	Septembe r-October	Anger	3.2	6.5	4.3	7.6	0.5	18	0.15	0.24	0.11	0.24
		Anxiety	5.3	4.5	5.9	3.8	0.5	18	0.14	0.24		
		Confusion	3.8	3.8	3.5	2.8	0.5	18	-0.09	0.24		
		Depression	4.4	8	4.2	4.3	0.5	18	-0.03	0.24		
		Fatigue	5.2	4.9	7.4	7.2	0.5	18	0.35	0.24		
March- April	Anger	3.4	4.3	3	2.7	0.5	62	-0.11	0.13	-0.26	0.13	
	Anxiety	5.8	3.2	4.4	2.6	0.5	62	-0.48	0.13			
	Confusion	4	2.6	3.1	2	0.5	62	-0.38	0.13			
	Depression	4.2	5.5	3.1	2.9	0.5	62	-0.23	0.13			
	Fatigue	5	5.1	4.6	4	0.5	62	-0.09	0.13			
April- May	Anger	3	2.7	3.8	5.9	0.5	62	0.16	0.13	0.15	0.13	
	Anxiety	4.4	2.6	4.9	4.1	0.5	62	0.14	0.13			

		Confusion	3.1	2	3.3	2.6	0.5	62	0.08	0.13		
		Depression	3.1	2.9	4	6.6	0.5	62	0.16	0.13		
		Fatigue	4.6	4	5.7	5.6	0.5	62	0.22	0.13		
	May-June	Anger	3.8	5.9	5.1	5.7	0.5	62	0.22	0.13	0.19	0.19
		Anxiety	4.9	4.1	5.7	3.4	0.5	62	0.21	0.13		
		Confusion	3.3	2.6	4.1	3.1	0.5	62	0.28	0.13		
		Depression	4	6.6	4.3	4.3	0.5	62	0.05	0.13		
		Fatigue	5.7	5.6	6.7	5.6	0.5	62	0.18	0.13		
	June-July	Anger	5.1	5.7	3.1	2.5	0.5	62	-0.40	0.13	-0.37	0.13
		Anxiety	5.7	3.4	4.3	2.1	0.5	62	-0.47	0.13		
		Confusion	4.1	3.1	3.2	1.8	0.5	62	-0.33	0.13		
		Depression	4.3	4.3	3.3	2.7	0.5	62	-0.27	0.13		
		Fatigue	6.7	5.6	5	3.4	0.5	62	-0.35	0.13		
	July- August	Anger	3.1	2.5	3.7	3.7	0.5	62	0.18	0.13	0.03	0.13
		Anxiety	4.3	2.1	5.3	2.8	0.5	62	0.40	0.13		
		Confusion	3.2	1.8	3.8	3	0.5	62	0.23	0.13		
		Depression	3.3	2.7	3	2.5	0.5	62	-0.12	0.13		
		Fatigue	5	3.4	5.2	5	0.5	62	0.05	0.13		
Palinkas et al., 2000c	May-June	Anger	2.2	1.9	2	2.8	0.5	7	-0.08	0.38	-0.08	0.39
		Anxiety	5.2	4.7	4.5	2.9	0.5	7	-0.17	0.38		
		Confusion	4.6	3.3	3.6	1.9	0.5	7	-0.35	0.39		
		Depression	3.2	3.8	2.2	2.8	0.5	7	-0.29	0.39		
		Fatigue	3.5	3.8	6.2	6.5	0.5	7	0.48	0.40		
	June-July	Anger	2	2.8	4.3	5.3	0.5	7	0.50	0.40	0.31	0.39
		Anxiety	4.5	2.9	5.5	4.8	0.5	7	0.24	0.38		
		Confusion	3.6	1.9	5.1	3.3	0.5	7	0.52	0.40		

	Depression	2.2	2.8	2.5	5.2	0.5	7	0.07	0.38		
	Fatigue	6.2	6.5	8	8.4	0.5	7	0.24	0.38		
July- August	Anger	4.3	5.3	3	5.4	0.5	7	-0.24	0.38	-0.31	0.39
	Anxiety	5.5	4.8	3.3	2.4	0.5	7	-0.53	0.40		
	Confusion	5.1	3.3	4.7	2.3	0.5	7	-0.14	0.38		
	Depression	2.5	5.2	2.1	3.2	0.5	7	-0.09	0.38		
	Fatigue	8	8.4	4.1	4.1	0.5	7	-0.54	0.40		
August- Septembe r	Anger	3	5.4	4.2	4.8	0.5	7	0.23	0.38	-0.05	0.39
	Anxiety	3.3	2.4	4.4	3	0.5	7	0.40	0.39		
	Confusion	4.7	2.3	3.4	1.9	0.5	7	-0.61	0.41		
	Depression	2.1	3.2	1.9	2.2	0.5	7	-0.07	0.38		
	Fatigue	4.1	4.1	3.3	2.7	0.5	7	-0.22	0.38		
Septembe r-October	Anger	4.2	4.8	3.9	5.6	0.5	7	-0.06	0.38	-0.09	0.38
	Anxiety	4.4	3	3.6	2.3	0.5	7	-0.29	0.39		
	Confusion	3.4	1.9	3.4	2.5	0.5	7	0.00	0.38		
	Depression	1.9	2.2	2	2.3	0.5	7	0.04	0.38		
	Fatigue	3.3	2.7	2.9	2	0.5	7	-0.16	0.38		

Note. SS = Sample Size, r = pre-post correlation.

Appendix F

Composite Effect Sizes for Data included in Analysis Three and Four

Analysis	Author	Subscale	Pre M	Pre SD	Post M	Post SD	<i>r</i>	SS	Cohen's <i>d</i>	Std Error	Composite Cohen's <i>d</i>	Std Error
Analysis Three	Khandelwal et al., 2015	Anxiety					0.5		0.14	0.17	-0.19	0.18
		Depression					0.5		-0.51	0.19		
	Peri et al., 2000	Anger	43.09	3.75	43.91	5.11	0.5	11	0.18	0.30	0.28	0.31
		Confusion	37.27	4.24	40.36	6.6	0.5	11	0.53	0.32		
		Depression	42.09	1.14	42.55	1.75	0.5	11	0.30	0.31		
		Fatigue	40.18	2.93	42.91	6.73	0.5	11	0.47	0.32		
	Tension	41.73	4.41	41.45	4.13	0.5	11	-0.07	0.30			
Analysis Four	Chen et al., 2016a	Anger	1.83	1.95	2	1.71	0.5	12	0.09	0.29	0.29	0.31
		Confusion	4.08	2.23	6.17	3.1	0.5	12	0.75	0.33		
		Depression	3.25	3.14	2.42	2.61	0.5	12	-0.29	0.29		
		Fatigue	1.83	2.29	4.08	3.32	0.5	12	0.76	0.33		
		Tension	4.33	2.15	4.67	2.53	0.5	12	0.14	0.29		
	Chen et al., 2016b	Anger	4.63	3.98	6.81	5.49		16	0.44	0.26	0.36	0.26
		Confusion	4.88	2.83	5.44	3.05	0.5	16	0.19	0.25		
		Depression	4.75	3.77	6.75	6.57	0.5	16	0.35	0.26		
		Fatigue	2.94	2.49	4.69	3.11	0.5	16	0.61	0.27		
		Tension	5	2.45	5.69	4.11	0.5	16	0.19	0.25		

Note. SS = Sample Size, *r* = pre-post correlation.

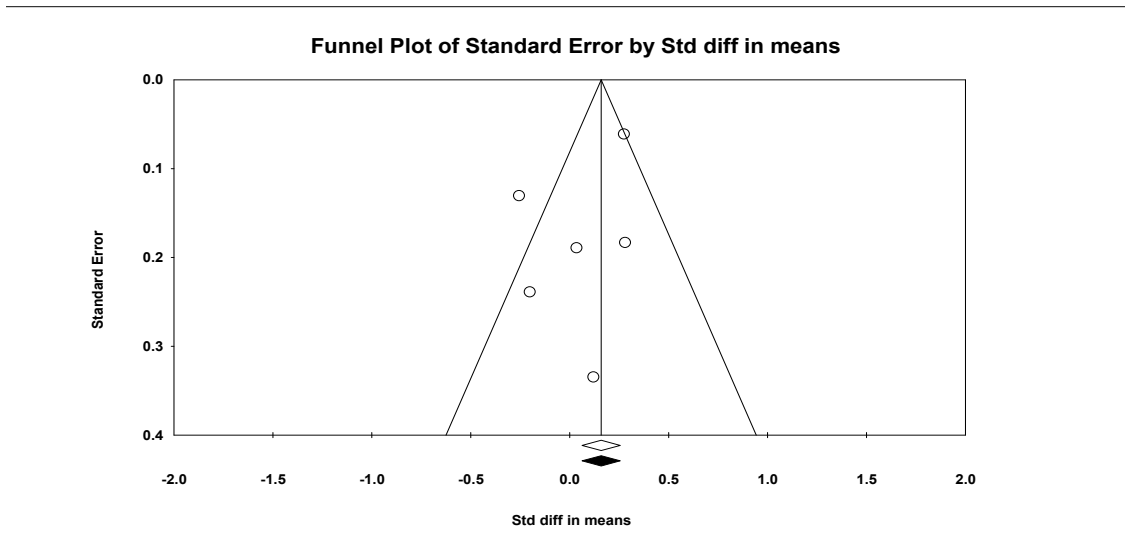


Figure 3. Funnel plot for studies included in Analysis One at time-point March-April.

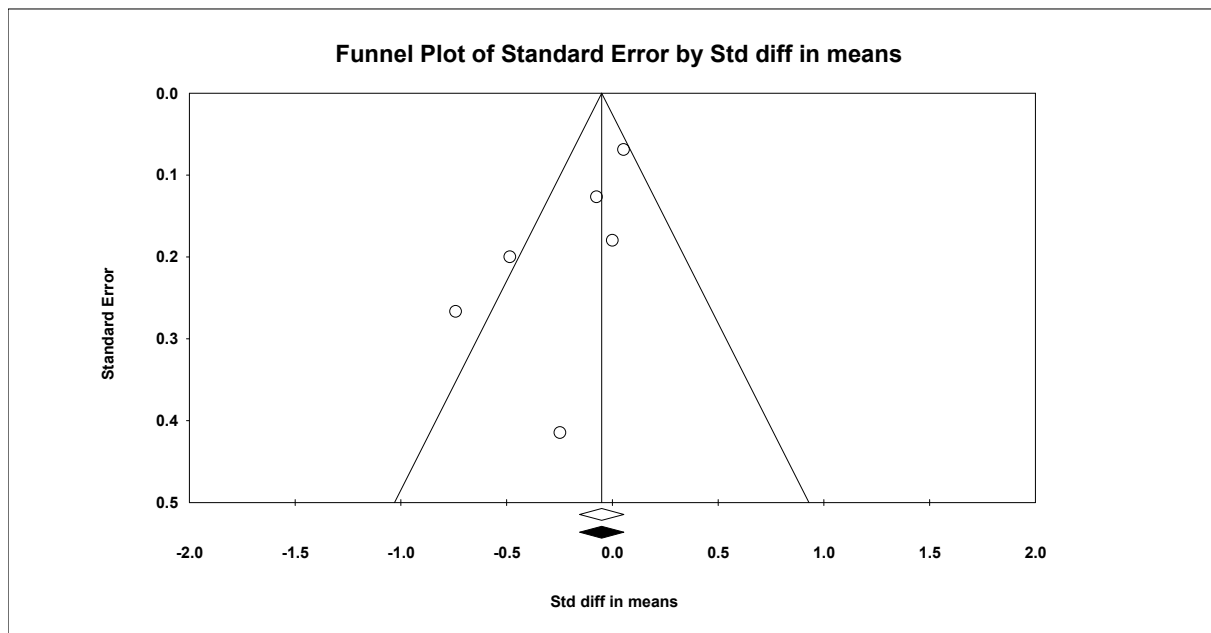


Figure 4. Funnel plot for studies included in Analysis One at time-point March-August

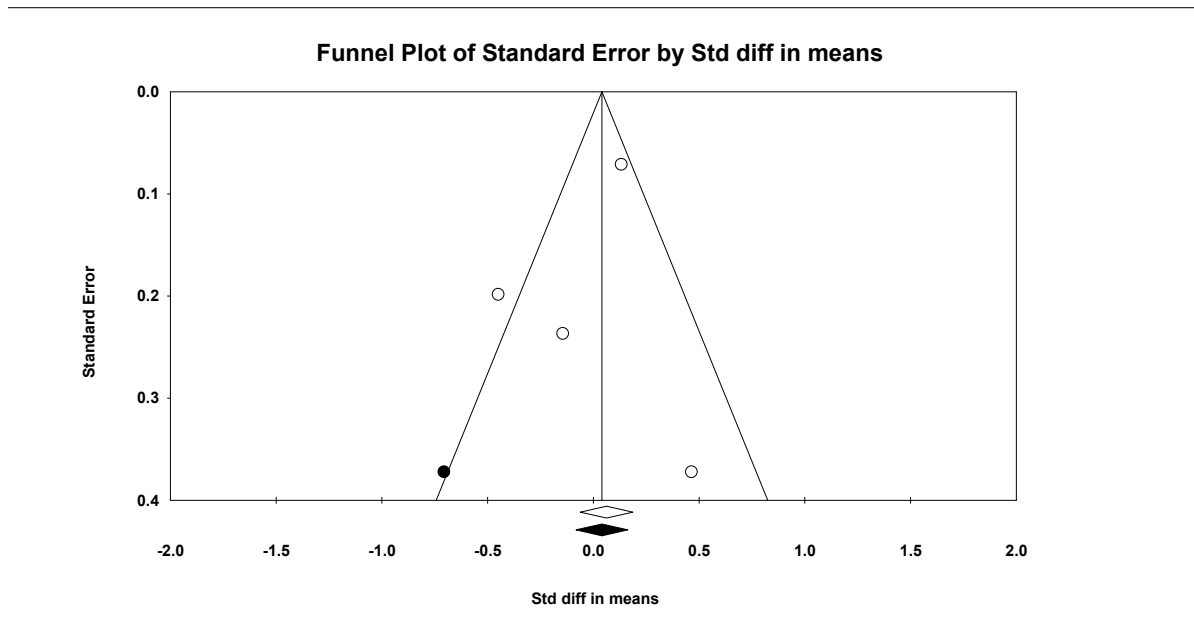


Figure 5. Funnel plot for studies included in Analysis One at time-point March--September

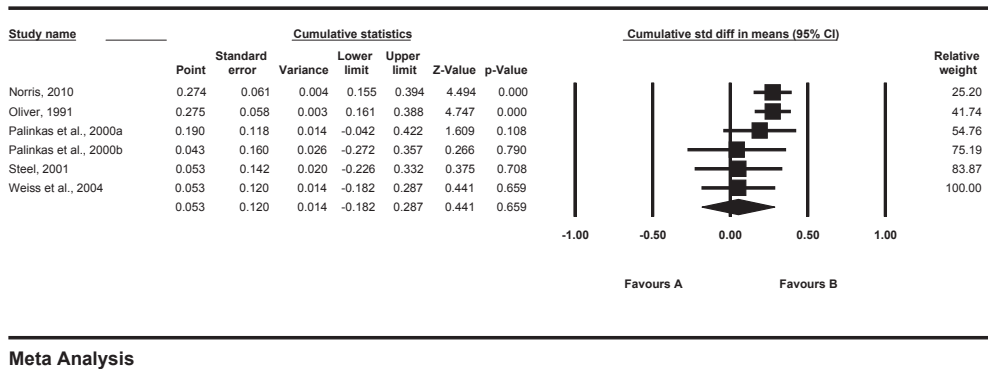
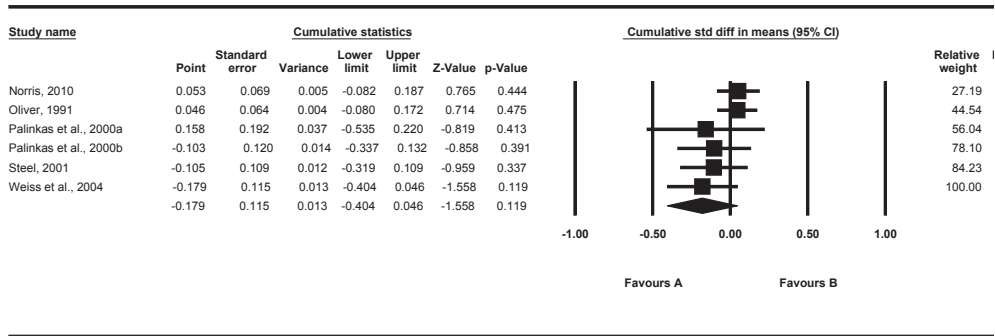
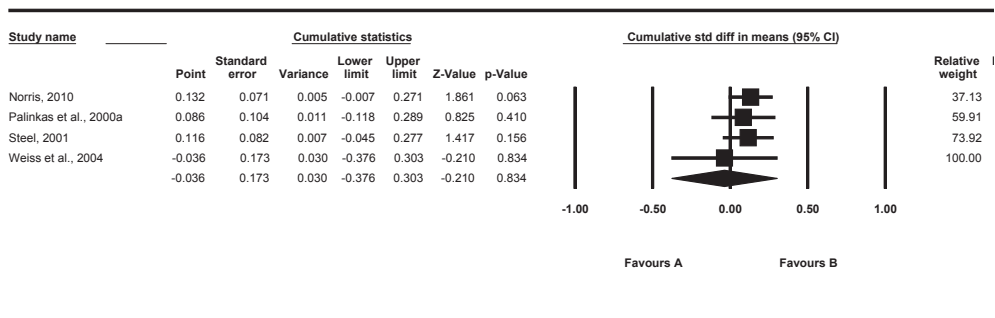


Figure 6. Cumulative meta-analysis for studies included in Analysis One at time-point March-April



Meta Analysis

Figure 7. Cumulative meta-analysis for studies included in Analysis One at time-point March-August



Meta Analysis

Figure 8. Cumulative meta-analysis for studies included in Analysis One at time-point March-September

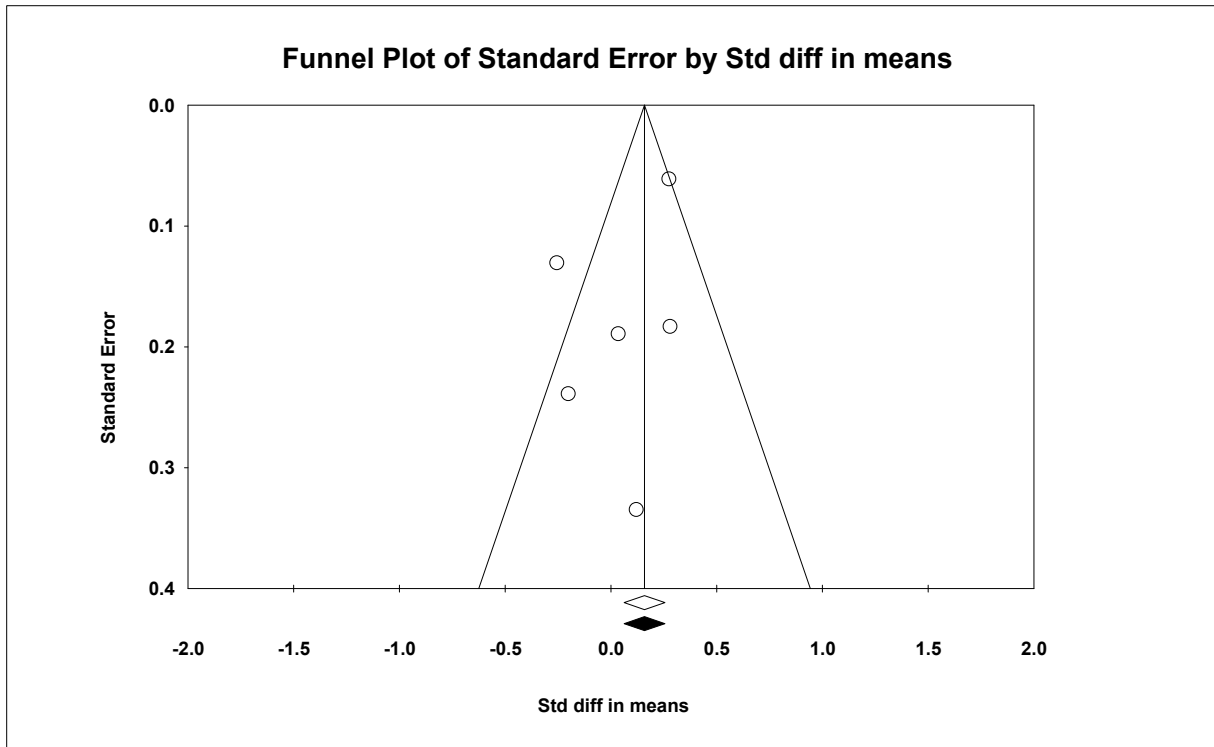


Figure 10. Funnel plot for studies included in Analysis Two at time-point March-April.

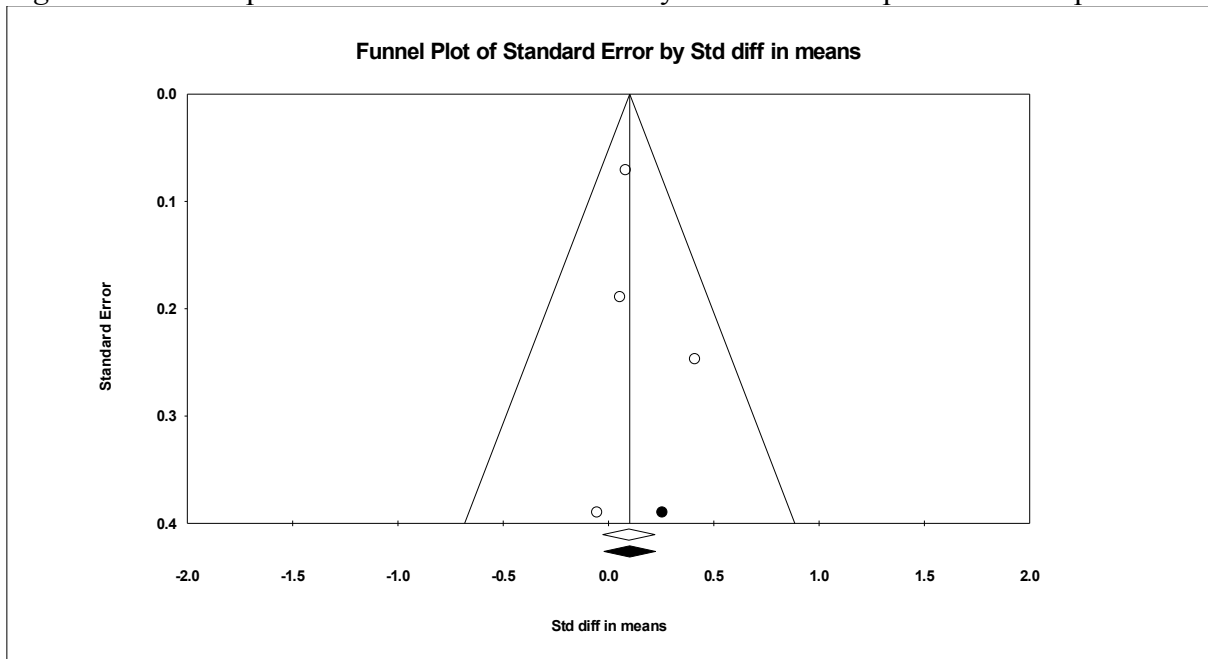
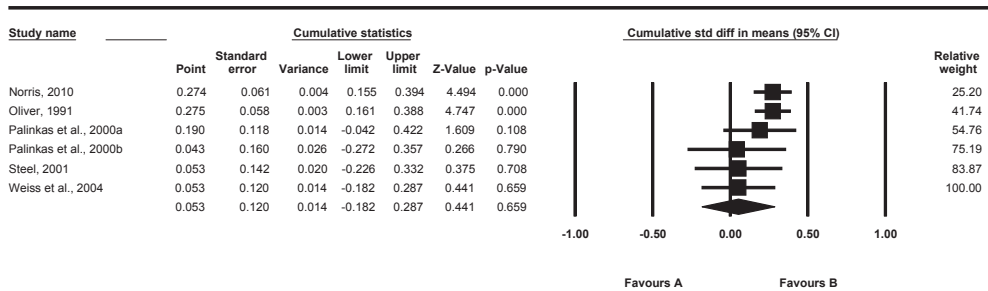
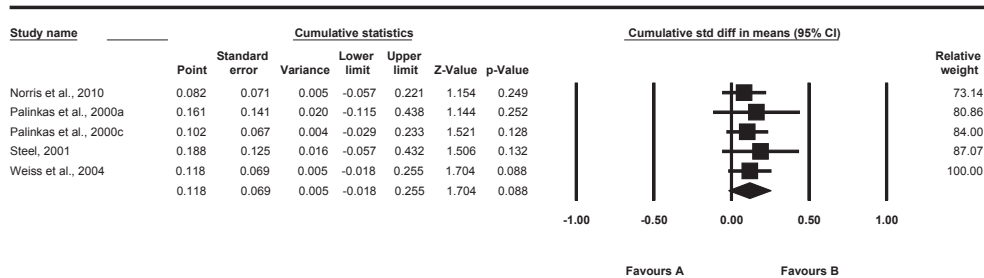


Figure 11. Funnel plot for studies included in Analysis Two at time-point August-September.



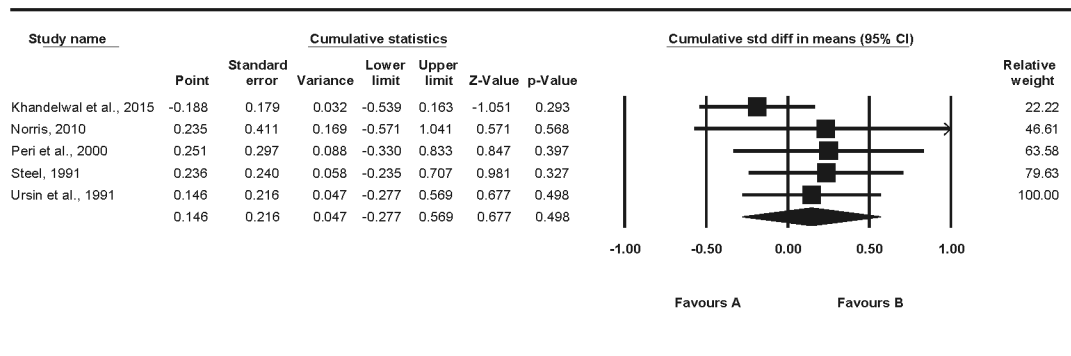
Meta Analysis

Figure 12. Cumulative meta-analysis for studies included in Analysis Two at time-point March-April



Meta Analysis

Figure 13. Cumulative meta-analysis for studies included in Analysis Two at time-point August-September.



Meta Analysis

Figure 14. Forrest plot for Analysis Three.

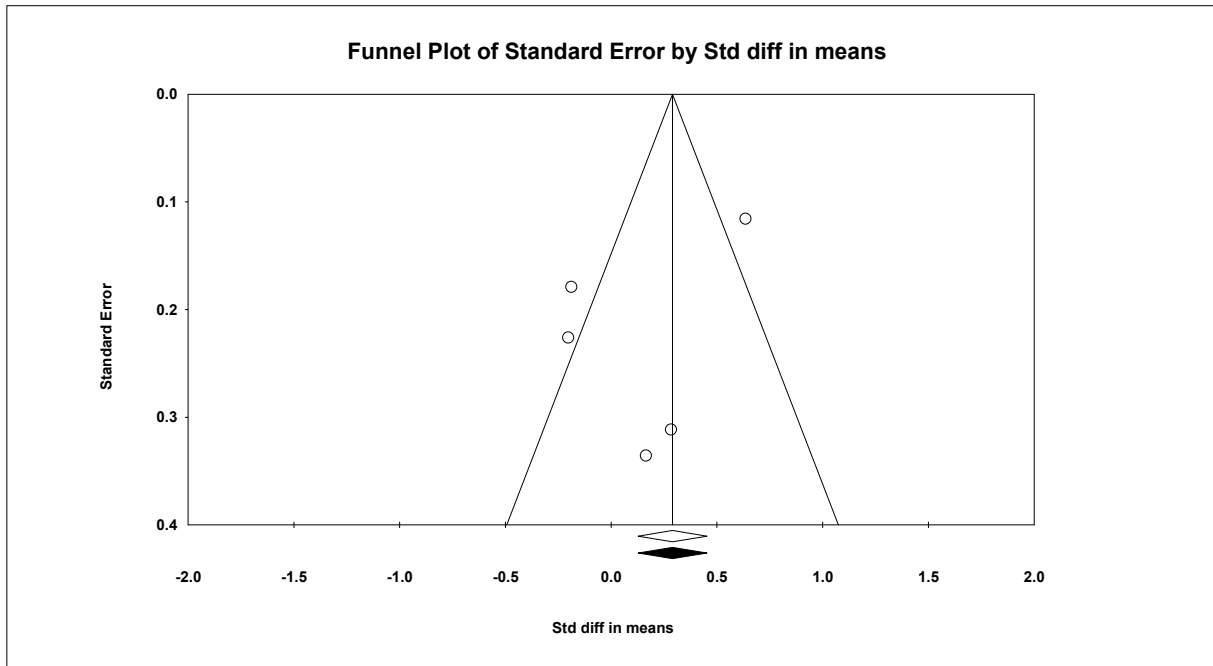


Figure 15. Funnel plot for studies included in Analysis Three

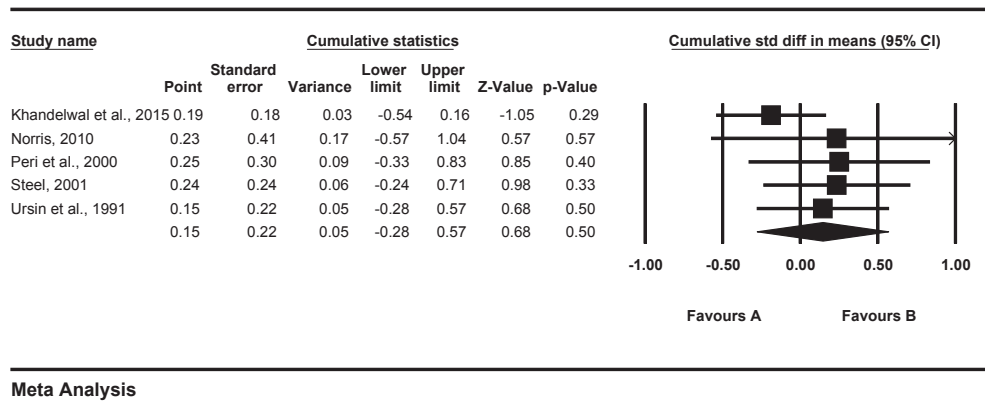
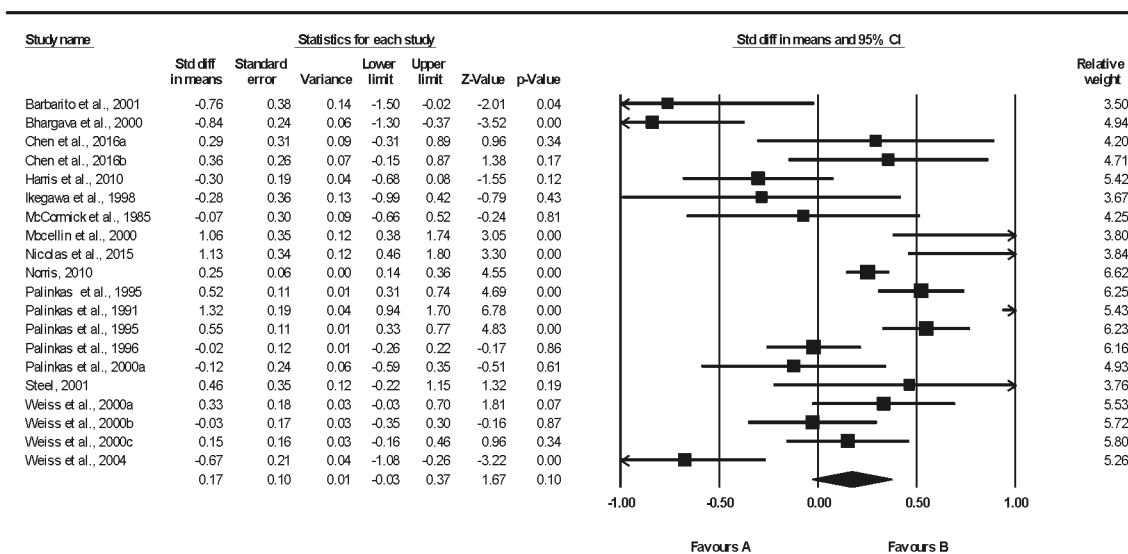


Figure 16. Cumulative meta-analysis for studies included in Analysis Three



Meta Analysis

Figure 17. Forrest plot for Analysis Four.

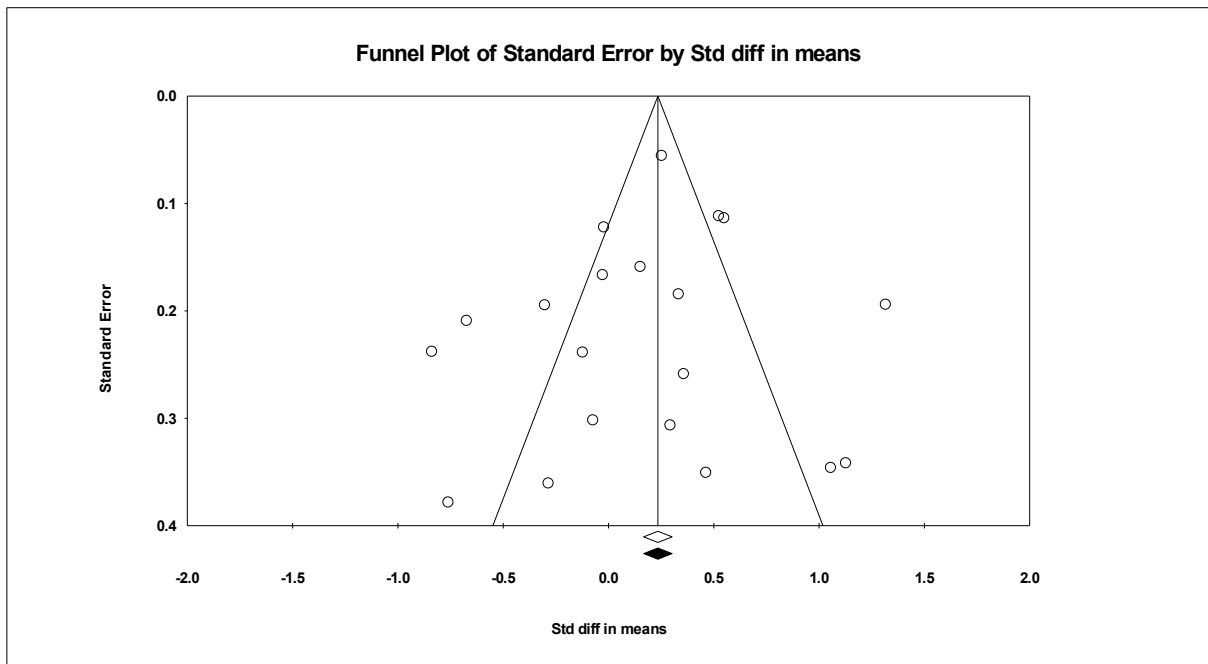


Figure 18. Funnel plot for studies included in Analysis Four

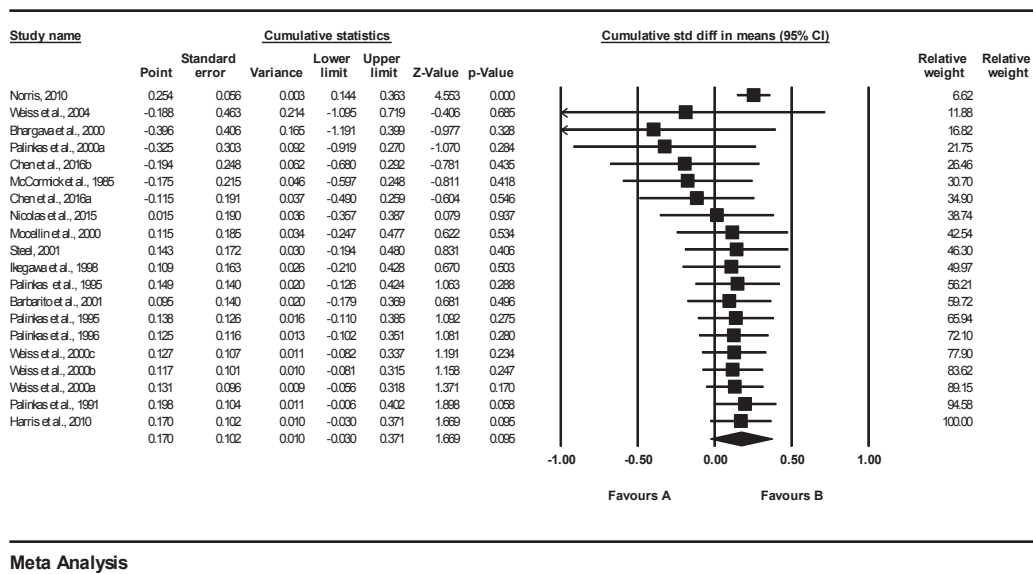


Figure 19. Cumulative meta-analysis for studies included in Analysis Four