

Web-appendix 3: Characteristics of trials as included in the network meta-analysis.

| Author | Year | Treatment code | Treatment description according to the authors | Number of patients allocated | Concealment of allocation | ITT-analysis | Adherence to DSM criteria for PTSD | Number of therapeutic sessions | Self-reported outcome |
|-------------------------|------|----------------|--|------------------------------|---------------------------|--------------|------------------------------------|--------------------------------|-----------------------|
| Anderson ^{W1} | 2010 | OPI | clinician-assisted emotional disclosure | 15 | unclear | no | no | 4 | yes |
| | | WL | wait-list | 13 | | | | - | |
| Arntz ^{W2} | 2007 | CBT | imaginal exposure with imaginal rescription | 29 | unclear | yes | yes | 10 | yes |
| | | ET | imaginal exposure | 42 | | | | 10 | |
| Basoglu ^{W3} | 2007 | ET | single session behavioral therapy and earthquake simulator | 16 | unclear | yes | yes | 1 | yes |
| | | WL | repeated assessment | 15 | | | | - | |
| Blanchard ^{W4} | 2003 | CBT | cognitive behavioral treatment | 37 | unclear | no | no | 10 | yes |
| | | ST | supportive psychotherapy | 36 | | | | 10 | |
| | | WL | wait-list | 25 | | | | - | |
| Brom ^{W5} | 1989 | ET | trauma desensitization | 31 | unclear | no | yes | 15 | yes |
| | | OPI | hypnotherapy and psychodynamic therapy | 58 | | | | 17 | |
| | | WL | wait-list | 23 | | | | - | |
| Bryant ^{W6} | 2003 | CBT | imaginal exposure and cognitive restructuring | 20 | unclear | yes | yes | 8 | yes |
| | | ET | imaginal exposure | 20 | | | | 8 | |
| | | ST | supportive counseling | 18 | | | | 8 | |
| Bryant ^{W7} | 2008 | ET | exposure, imaginal and in vivo | 90 | adequate | yes | yes | 8 | yes |
| | | CBT | imaginal and in vivo exposure and cognitive restructuring | 28 | | | | 8 | |
| Carlson ^{W8} | 1998 | EMDR | emdr | 10 | unclear | no | yes | 12 | yes |

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| | | SM | biofeedback-assisted relaxation | 13 | | | | 12 | |
| | | WL | routine clinical care / wait-list | 12 | | | | - | |
| Cloitre ^{W9} | 2010 | ET | skill training, supportive counselling, exposure | 66 | adequate | yes | yes | 16 | yes |
| | | OPI | skill training plus supportive counselling | 38 | | | | 16 | |
| Coffey ^{W10} | 2006 | ET | trauma-focused imaginal exposure | 12 | unclear | no | yes | 6 | yes |
| | | SM | imagery-based relaxation | 12 | | | | 6 | |
| Cottraux ^{W11} | 2008 | CBT | cognitive behavioural therapy | 31 | adequate | no | yes | 13 | yes |
| | | OPI | rogerian supportive therapy | 29 | | | | 16 | |
| Cusack ^{W12} | 1999 | EMDR | emdr | 19 | unclear | no | no | unclear | yes |
| | | OPI | emd without reprocessing | 19 | | | | unclear | |
| Davis ^{W13} | 2007 | CBT | exposure, relaxation, and rescripting therapy | 21 | unclear | yes | no | 3 | yes |
| | | WL | wait-list | 22 | | | | - | |
| Deville ^{W14} | 1999 | EMDR | emdr | 16 | inadequate | no | yes | 9 | yes |
| | | CBT | trauma treatment protocol | 16 | | | | 9 | |
| Deville ^{W15} | 1998 | EMDR | emdr | 19 | unclear | no | yes | 2 | yes |
| | | OPI | emdr without eye movements | 16 | | | | 2 | |
| Difede ^{W16} | 2007 | ET | virtual reality exposure | 13 | inadequate | no | yes | 8 | no |
| | | WL | wait-list control group | 8 | | | | - | |
| Difede ^{W17} | 2007 | CBT | cbt | 15 | adequate | yes | no | 12 | yes |

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| | | WL | treatment as usual – no one sought psychotherapeutic treatment | 16 | | | | - | |
| Duffy ^{W18} | 2007 | CT | cognitive therapy | 29 | adequate | yes | yes | 6 | yes |
| | | WL | wait-list | 29 | | | | - | |
| Echeburua ^{W19} | 1996 | CBT | cognitive restructuring and specific coping-skills training | 10 | unclear | no | yes | 5 | yes |
| | | SM | progressive muscular relaxation training | 10 | | | | 4 | |
| Echeburua ^{W20} | 1997 | CBT | gradual exposure and cognitive restructuring | 10 | unclear | no | yes | 6 | yes |
| | | SM | progressive muscle relaxation | 10 | | | | 6 | |
| Edmond ^{W21} | 1999 | EMDR | eye movement desensitization reprocessing | 20 | unclear | no | no | 6 | yes |
| | | WL | delayed treatment group | 19 | | | | - | |
| Ehlers ^{W22} | 2003 | CT | cognitive therapy | 28 | adequate | no | yes | 9 | yes |
| | | WL | repeated assessment | 29 | | | | - | |
| Ehlers ^{W23} | 2004 | CT | cognitive therapy | 14 | unclear | no | yes | 10 | yes |
| | | WL | wait-list | 14 | | | | - | |
| Fecteau ^{W24} | 1999 | CBT | cognitive behavioural therapy | 12 | unclear | no | yes | 4 | yes |
| | | WL | wait-list | 11 | | | | - | |
| Foa ^{W25} | 1999 | CBT | prolonged exposure + stress inoculation training | 56 | unclear | no | yes | 9 | no |
| | | ET | prolonged exposure | 25 | | | | 9 | |
| | | WL | wait-list | 15 | | | | - | |
| Foa ^{W26} | 2005 | CBT | prolonged exposure and cognitive restructuring | 63 | unclear | yes | yes | 10 | no |
| | | ET | prolonged exposure | 63 | | | | 10 | |

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| | | WL | wait-list | 64 | | | | - | |
| Foa ^{W27} | 1991 | CBT | stress inoculation training | 17 | unclear | no | yes | 9 | yes |
| | | ET | prolonged exposure | 14 | | | | 9 | |
| | | ST | supportive counseling | 14 | | | | 9 | |
| | | WL | wait-list | 10 | | | | - | |
| Gersons ^{W28} | 2000 | OPI | brief eclectic psychotherapy | 22 | unclear | no | yes | 16 | no |
| | | WL | wait-list | 20 | | | | - | |
| Grothe ^{W29} | 2003 | EMDR | emdr | 8 | unclear | no | no | 10 | yes |
| | | OPI | mehrdimensionale psychodynamische traumatherapie | 8 | | | | 10 | |
| | | WL | wait-list | 8 | | | | - | |
| Hinton ^{W30} | 2005 | CBT | culturally adapted cognitive behavioural therapy | 6 | unclear | no | yes | 11 | yes |
| | | WL | delayed cognitive behavioural treatment | 6 | | | | - | |
| Högberg ^{W31} | 2007 | EMDR | emdr | 13 | unclear | no | yes | 5 | yes |
| | | WL | wait-list | 11 | | | | - | |
| Ironson ^{W32} | 2002 | EMDR | emdr | 10 | unclear | no | yes | 6 | yes |
| | | ET | prolonged exposure | 12 | | | | 6 | |
| Johnson ^{W33} | 2006 | EMDR | emdr | 13 | unclear | no | yes | 6 | yes |
| | | ET | prolonged exposure | 25 | | | | 8 | |
| Keane ^{W34} | 1989 | ET | implosive (flooding) therapy | 11 | unclear | no | yes | 15 | yes |
| | | WL | wait-list | 13 | | | | - | |

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| Kubany ^{W35} | 2003 | CBT | cognitive trauma therapy for battered women | 19 | unclear | yes | yes | 9 | yes |
| | | WL | delayed treatment | 18 | | | | - | |
| Kubany ^{W36} | 2004 | CBT | cognitive trauma therapy for battered women | 63 | unclear | yes | yes | 10 | yes |
| | | WL | delayed treatment | 62 | | | | - | |
| Lee ^{W37} | 2002 | CBT | stress inoculation training with prolonged exposure | 13 | unclear | no | yes | 7 | yes |
| | | EMDR | emdr | 14 | | | | 7 | |
| Lindauer ^{W38} | 2005 | OPI | brief eclectic psychotherapy | 12 | unclear | yes | yes | 16 | no |
| | | WL | wait-list | 12 | | | | - | |
| Lytle ^{W39} | 2002 | EMDR | emdr | 16 | unclear | no | no | 1 | yes |
| | | OPI | eye fixation desensitization | 16 | | | | 1 | |
| | | ST | non-directive counseling | 16 | | | | 1 | |
| Maercker ^{W40} | 2006 | CBT | cognitive behavioural therapy and posttraumatic growth | 23 | unclear | no | no | 11 | no |
| | | WL | wait-list | 25 | | | | - | |
| Marks ^{W41} | 1998 | CBT | exposure combined with cognitive restructuring | 24 | unclear | no | yes | 10 | no |
| | | CT | cognitive restructuring | 19 | | | | 10 | |
| | | ET | exposure therapy | 23 | | | | 10 | |
| | | SM | relaxation | 21 | | | | 10 | |
| McDonagh ^{W42} | 2005 | CBT | cognitive behavioural therapy | 29 | unclear | yes | yes | 14 | no |
| | | ST | present-centered therapy | 22 | | | | 14 | |
| | | WL | wait-list | 23 | | | | - | |

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| Monson ^{W43} | 2006 | CBT | cognitive processing therapy | 30 | unclear | yes | yes | 12 | yes |
| | | WL | wait-list | 30 | | | | - | |
| Neuner ^{W44} | 2004 | CBT | narrative exposure therapy | 17 | unclear | no | yes | 4 | yes |
| | | ST | a problem solving approach for trauma in Africa | 14 | | | | 4 | |
| Neuner ^{W45} | 2008 | CBT | narrative exposure therapy (net) | 111 | unclear | yes | yes | 6 | yes |
| | | ST | trauma counseling | 111 | | | | 6 | |
| Pasternak ^{W46} | 2009 | EMDR | emdr | 30 | unclear | Yes | yes | 5 | yes |
| | | WL | wait-list | 30 | | | | - | |
| Paunovic ^{W47} | 2001 | CBT | combination of exposure, cognitive therapy and controlled breathing | 10 | unclear | no | yes | 18 | yes |
| | | ET | exposure therapy | 10 | | | | 18 | |
| Peres ^{W48} | 2007 | CBT | exposure based therapy with cognitive restructuring | 13 | unclear | no | no | 8 | yes |
| | | WL | wait-list | 14 | | | | - | |
| Power ^{W49} | 2002 | CBT | exposure and cognitive restructuring for ptsd | 37 | adequate | no | yes | 6 | yes |
| | | EMDR | emdr | 39 | | | | 4 | |
| | | WL | wait-list | 29 | | | | - | |
| Reed ^{W50} | 2006 | OPI | forgiveness therapy | 10 | unclear | no | no | 35 | no |
| | | ST | alternative treatment | 10 | | | | 35 | |
| Resick ^{W51} | 2008 | CBT | cognitive processing therapy | 56 | adequate | yes | yes | 12 | yes |
| | | CT | cognitive component of cognitive processing therapy | 51 | | | | 12 | |
| Resick ^{W52} | 2002 | CBT | cognitive-processing therapy | 60 | unclear | yes | yes | 13 | yes |

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| | | ET | prolonged exposure | 60 | | | | 13 | |
| Rogers ^{W53} | 1999 | EMDR | eye movement desensitization and reprocessing | 6 | unclear | no | yes | 1 | yes |
| | | ET | exposure | 6 | | | | 1 | |
| Rothbaum ^{W54} | 2005 | EMDR | eye movement desensitization and reprocessing | 24 | unclear | no | yes | 9 | yes |
| | | ET | prolonged exposure | 24 | | | | 9 | |
| | | WL | wait-list control | 25 | | | | - | |
| Rothbaum ^{W55} | 1997 | EMDR | emdr | 10 | unclear | no | yes | 4 | yes |
| | | WL | wait-list control | 11 | | | | - | |
| Scheck ^{W56} | 1998 | EMDR | emdr | 42 | unclear | no | no | 2 | yes |
| | | ST | active listening approach | 43 | | | | 2 | |
| Schnurr ^{W57} | 2007 | ET | prolonged exposure therapy | 141 | adequate | yes | yes | 8 | yes |
| | | ST | present centered therapy | 143 | | | | 9 | |
| Sijbrandij ^{W58} | 2007 | CBT | cognitive behavioural therapy program | 79 | unclear | no | no | 3 | no |
| | | WL | wait-list control condition | 64 | | | | - | |
| Tarrier ^{W59} | 1999 | CT | cognitive therapy | 37 | adequate | no | yes | 12 | yes |
| | | ET | imaginal exposure | 35 | | | | 10 | |
| Taylor ^{W60} | 2003 | EMDR | eye movement desensitization and reprocessing | 19 | unclear | no | yes | 8 | no |
| | | ET | exposure therapy | 22 | | | | 8 | |
| | | SM | relaxation training | 19 | | | | 8 | |
| Thompson ^{W61} | 1995 | OPI | combination of cognitive behavioural therapy and psychodynamic therapy | 37 | unclear | no | no | 7 | yes |

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| | | WL | wait-list | 17 | | | | - | |
| Valentine ^{W62} | 2001 | OPI | traumatic incident reduction | 74 | unclear | no | no | 3 | yes |
| | | WL | wait-list | 74 | | | | - | |
| Van Emmerik ^{W63} | 2008 | CBT | cbt | 41 | unclear | yes | no | 7 | yes |
| | | WL | wait-list | 40 | | | | - | |
| Vaughan ^{W64} | 1994 | EMDR | eye movement desensitization | 12 | unclear | no | no | 4 | yes |
| | | ET | image habituation training | 13 | | | | 4 | |
| | | SM | applied muscle relaxation | 11 | | | | 4 | |
| Vitriol ^{W65} | 2009 | OPI | psychodynamic treatment | 44 | unclear | yes | no | 13 | no |
| | | ST | supportive counselling | 43 | | | | unclear | |
| Wilson ^{W66} | 1995 | EMDR | emdr | 40 | unclear | no | no | 3 | yes |
| | | WL | delayed emdr | 40 | | | | - | |

CBT, cognitive behavioural therapy; CT, cognitive therapy; EMDR, eye movement desensitization and reprocessing; ET, exposure therapy; OPI, other psychological intervention; SM, stress management; ST, supportive therapies; WL, wait-list.