**Supplementary Figure S1**

Flow chart showing numbers at each assessment and reasons for loss to follow-up

Consented

N=525

Completed Year 1 assessment

N=513

Completed Year 2 assessment

N=458

Completed Year 3 assessment

N=395

Completed Year 4 assessment

N=329

Withdrew before completing   
baseline assessment (N=12)

Lost to follow-up N=55

- Died (N=10)

- Not assessable /   
 withdrew due to ill health (N=13)

- Withdrew (other) (N=20)

- Lost contact / moved away (N=9)

- Change of diagnosis (N=3)

Loss to follow-up N=63

- Died (N=19)

- Not assessable /   
 withdrew due to ill health (N=13)

- Withdrew (other) (N=12)

- Lost contact / moved away (N=14)

- Change of diagnosis (N=5)

Loss to follow-up N=66  
- Died (N=15)

- Not assessable /  
 withdrew due to ill health (N=19)

- Withdrew (other) (N=16)

- Lost contact / moved away (N=14)

- Change of diagnosis (N=2)