**Supplementary Table S2** Proportion (%) patients of patients in the latent classes receiving antidepressant/anxiolytic medication over the four years

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Year 1**  (N=513) | **Year 2**  (N=458) | **Year 3**  (N=395) | **Year 4**  (N=329) |
| High anxiety + depression | 54.2% | 36.8% | 57.9% | 42.9% |
| Moderate anxiety + depression | 40.0% | 37.0% | 42.6% | 33.3% |
| Moderate anxiety | 34.4% | 26.7% | 34.8% | 42.0% |
| Psychologically healthy | 13.7% | 14.5% | 20.0% | 23.5% |
| (Whole sample) | (23.5%) | (21.9%) | (28.7%) | (30.4%) |