

Question	Byers et al. 2012	Dent et al. 1998	Mawanda et al. 2017	Meziab et al. 2014	Qureshi et al. 2010	Yaffe et al. 2010
Was the research question or objective in this paper clearly stated?	1	1	1	1	1	1
Was the study population clearly specified and defined?	1	1	1	1	1	1
Was the participation rate of eligible persons at least 50%	1	1	1	1	1	1
Were all the subjects selected or recruited from the same or similar populations? Were inclusion and exclusion criteria for being in the study prespecified and applied uniformly to all participants?	1	1	1	1	1	1
Was a sample size justification, power description, or variance and effect estimates provided?	0	1	0	0	0	0
For the analyses in this paper, were the exposure(s) of interest measured prior to the outcome(s) being measured?	1	1	1	1	1	1
Was the timeframe sufficient so that one could reasonably expect to see an association between exposure and outcome if it existed?	0	1	1	0	1	0
For exposures that can vary in amount or level, did the study examine different levels of the exposure as related to the outcome (e.g. categories of exposure, or exposure measured as continuous variable)?	1	1	0	0	0	0
Were the exposure measures (independent variables) clearly defined, valid, reliable, and implemented consistently across all study participants?	1	1	1	1	1	1
Was the exposure(s) assessed more than once over time	1	1	1	NR	NR	1
Were the outcome measures (dependent variables) clearly defined, valid, reliable, and implemented consistently across all study participants?	1	1	1	1	1	1
Were outcome assessors blinded to the exposure status of participants	~	1	~	~	~	~
Was loss to follow up after baseline 20% or less?	~	1	~	~	~	~
Were key potential confounding variables measured and adjusted statistically for their impact on the relationship between exposure(s) and outcome(s)	1	0	1	1	1	1
Sum:	10	13	10	8	9	9

Potential confounding variables (Alzheimers Society, 2014) <i>(Over 50% accounted for equals a point)</i>	Byers et al. 2012	Dent et al. 1998	Mawanda et al. 2017	Meziab et al. 2014	Qureshi et al. 2010	Yaffe et al. 2010
Age	1	1	1	1	1	1
Smoking habits	1	0	1	1	1	1
History of excessive drinking	1	0	1	1	1	1
High cholesterol	1	0	1	1	1	1
Unhealthy diet	0	0	0	0	0	0
Physical inactivity	0	0	0	0	0	0
Type II diabetes	1	0	1	1	1	1
High blood pressure	1	0	1	1	1	1
Obesity	0	0	0	1	0	0
Stroke	1	0	1	1	1	1
Parkinsons	0	0	0	0	0	0
Multiple sclerosis	0	0	0	0	0	0
HIV	0	0	0	0	0	0
Head injuries	1	0	1	1	1	1
Hereditary factors	0	0	0	0	0	0
Staying in education post age of 16	1	0	0	1	0	1
Sum:	9	1	8	10	8	9