**Supplementary Material**

**Visual Analogue Scale (VAS)**

Please indicate, by marking the line, the extent to which you agree with each of the following statements *based on how you feel right now*.

I feel a definite hit from the e-cigarette

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette is satisfying

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette is pleasant

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette tastes good

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette has reduced my craving for nicotine

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette has helped my concentration

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette has made me feel calmer

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette has made me feel more awake

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette has reduced my hunger

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette tastes like tobacco smoking

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The e-cigarette feels like tobacco smoking

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Please indicate, by marking the line, the extent to which you agree with each of the following statements *based on how you feel right now*.

I feel a definite hit from the cigarette

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette is satisfying

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette is pleasant

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette tastes good

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette has reduced my craving for nicotine

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette has helped my concentration

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette has made me feel calmer

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette has made me feel more awake

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette has reduced my hunger

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette tastes like e-cigarette vaping

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

The cigarette feels like e-cigarette vaping

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Please indicate, by marking the line, the extent to which you agree with each of the following statements *based on how you feel right now*.

Confused

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Dizzy

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Headache

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Pounding heart

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Light-headed

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Nausea/Feeling sick

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Nervous

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Salivation

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Sweaty

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Weak

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Mouth Irritation

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Throat Irritation

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Aching Jaws

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Vomiting

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Flatulence/Bloating

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Stomach Ache

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Heartburn

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Diarrhoea

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Hiccups

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Cold hands/feet

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Palpitations

Not at all 1-------2-------3-------4-------5-------6-------7 Extremely

Perception of tobacco and e-cigarettes, statements taken from the Brief Smoking Consequences Questionnaire-Adult (SCQ-A).30

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **SCQ-A Item** | **Tobacco (% Likely)**  | **E-Cigarette (% Likely)** | **χ²** | **p** |
| Smoking /Vaping calms me down when I feel nervous.When I'm angry, a cigarette/e-cig can calm me down.If I'm tense, a cigarette/ecig helps me to relax.A cigarette/ecig can give me energy when I'm bored and tired.Smoking a cigarette/ecig energizes me.The more I smoke/vape, the more I risk my health.Smoking/Vaping is hazardous to my health.I enjoy the taste sensations while smoking/vaping.When I smoke/vape, the taste is pleasant.I will enjoy the flavour of a cigarette/ecig.I feel like part of a group when I'm around other smokers/vapers.I feel more at ease with other people if I have a cigarette/ecig.Smoking/Vaping helps me enjoy people more.Cigarettes/Ecigs keep me from eating more than I should.Smoking/Vaping keeps my weight down.Smoking/Vaping helps me control my weight.Smoking/Vaping will satisfy my nicotine craving.Nicotine "fits" can be controlled by smoking/vaping.Smoking/Vaping irritates my mouth and throat.My throat burns after smoking/vaping.If I have nothing to do, a smoke/vaping can help kill time.When I'm alone, a cigarette/ecig can help me pass the time.People think less of me if they see me smoking/vaping.I look ridiculous while smoking/vaping.Smoking/Vaping makes me seem less attractive. | 62·267·469·639·134·889·189·163·056·554·358·747·837·050·052·239·189·165·234·830·465·267·460·945·758·7 | 58·758·754·339·137·043·534·865·265·271·745·743·530·421·719·619·671·763·032·619·671·765·223·928·328·3 | 0·4150·7462·2600·0000·04721·45528·8220·0470·7302·9561·5680·1750·4387·98610·6324·2464·4200·0470·0491·4490·4530·04912·8632·9868·669 | n.s.n.sn.sn.sn.s<0·001<0·001n.sn.sn.sn.sn.sn.s0·0050·0010·0390·036n.sn.sn.sn.sn.s<0·001n.s0·003 |

n.s.- signifies non-significance at the p≤0·05 level.