Supplementary Table S-1: NF protocols (SCP, theta/beta) vs. control condition (attention skills training, AST)

For the AST control group, the differences between baseline and intermediate assessment and between the intermediate and the post-treatment were calculated. So, for each participant two change measures were available. Negative values indicate improvement, except SDQ prosocial behavior. Means ± SD are reported. Only effect sizes (Cohen's d) ≥ .3 are listed.

$^+$ p < .1, * p < .05, ** p < .01

	AST control group		SCP NF (n=30) vs. AST (n=36)		Theta/beta NF (n=30) vs. AST (n=36)	
	Baseline (n=18)	Change (n=36)	t-test (df=64)	Cohen's d	t-test (df=64)	Cohen's d
SDQ						
Dysregulation profile	3.89 ± 1.02	-.12 ± 1.18	-3.08**	.77	.80	
Total score	18.7 ± 4.6	-.44 ± 3.41	-2.37*	.58	-.15	
Emotional symptoms	4.83 ± 2.50	-.25 ± 1.33	-1.60	.39	1.49	-.36
Conduct problems	3.67 ± 1.61	.03 ± 1.36	-1.91$^+$	.48	-.69	
Hyperactivity	7.11 ± 1.78	-.19 ± 1.77	-1.71$^+$	.43	-1.09	
Peer problems	3.06 ± 2.49	-.03 ± 1.03	-.95		-.11	
Prosocial behavior	7.28 ± 2.08	-.33 ± 1.37	1.81$^+$	.44	.10	
FBB-HKS						
Total score	1.66 ± .42	-.09 ± .37	-2.08*	.51	-1.21	.30
Inattention	2.00 ± .47	-.13 ± .45	-2.00*	.49	-.54	
Hyperactivity / impulsivity	1.42 ± .56	-.07 ± .39	-1.82$^+$	.45	-1.59	.39