**Supplementary Material**

***Definitions of variables***

“Study year” was defined as the year in which each study was published; this variable was categorised into four categories based on inter-quartile ranges. “Study region” referred to the country in which the study was carried out; this variable encompassed information on the five main regions: 1) *Asia* which included countries such as China, Hong Kong, United Arab Emirates, Singapore and India; 2) Australia and New Zealand; 3) *Europe* incorporated countries that are currently part of the European Union, Switzerland and Norway were also included in this subgroup; 4) *Middle East* region included Israel; and 5) *North America* included United States of America and Canada. “Assessment type” referred to sources of information on the outcomes during the follow-up; this included face-to-face interviews, case notes, or combination of both approaches. Socio-economic status of the country (i.e., high-income, middle-incomes, and low-income) as defined by the World Bank. Diagnosis at baseline included three main categories: 1) First Episode Psychosis (FEP); 2) First Episode Schizophrenia (FES); 3) First Episode Affective Psychosis (FEAP).