Appendix 1: Search algorithms

**Medline and Embase via OvidSP**

(musician$1 OR instrumentalist$1 OR orchestra OR symphony OR music student$1 OR pianist$1 OR string player$1 OR violinist$1 OR brass player$1 OR cellist$1 OR bassist$1 OR violist$1 OR woodwind$1 OR flute player$1 OR oboist$1 OR clarinetist$1 OR bassoonist$1 OR hornist$1 OR saxophonist$1 OR brass player$1 OR trumpet player$1 OR bugler$1 OR trombone player$1 OR tuba player$1 OR euphonium player$1 OR harpist$1 OR vocalist$1 OR singer$1)

AND

(performance anxiety/ or performance anxiety or stage fright)

AND

(Cross-sectional study/ OR cross-sectional studies/ OR cohort studies/ OR cohort analysis/ OR case control studies/ OR case control study/ OR observational study/ OR case reports/ OR case report/ OR intervention studies/ OR intervention study/ OR exp clinical trial/ OR randomized controlled trial/ OR systematic review/ OR risk factor/ OR risk factors/ OR therapy/ OR therapeutics/ OR exp clinical trials as topic/ OR exp "clinical trial (topic) "/ OR double-blind method/ OR double-blind procedure/ OR prevalence/ OR incidence/ OR cross-sectional stud$ OR cohort stud$ OR case-control-stud$ OR observational stud$ OR case report$1 OR intervention stud$ OR clinical trial$1 OR double-blind method OR randomized controlled trial$1 OR prevalence OR incidence OR systematic review$1 OR risk factor$1 OR treat$ OR therap$)

**Cinahl via Ebscohost**

(musician\* OR instrumentalist\* OR orchestra OR symphony OR music student\* OR pianist\* OR harpsichordist\* OR organist\* OR string player\* OR violinist\* OR brass player\* OR cellist\* OR bassist\* OR violist OR harpist\* OR woodwind\* OR flute player\* OR recorder player OR oboist\* OR clarinetist\* OR bassoonist\* OR hornist\* OR saxophonist\* OR brass player\* OR trumpet player\* OR bugler OR trombone player\* OR tuba player\* OR euphonium player\* OR percussionist\* OR drummer\* OR vocalist\* OR singer\*)

AND

(performance anxiety OR stage fright)

AND

((MH "Cross Sectional Studies") OR (MH "Prospective Studies+") OR (MH "Case Control Studies+") OR (MH "Nonexperimental Studies+") OR (MH "Case Studies") OR (MH "Experimental Studies+") OR (MH "Systematic Review") OR (MH "Risk Factors") OR (MH "Clinical Trials+") OR (MH "Double-Blind Studies") OR (MH "Prevalence") OR (MH "Incidence")OR Cross-sectional stud\* OR cross-sectional stud\* OR cohort stud\* OR case-control stud\* OR observational stud\* OR case report\* OR intervention stud\* OR clinical trial\* OR double-blind-method OR prevalence OR incidence OR randomized controlled trial\* OR systematic review\* OR risk factor\* OR treat\* OR therap\*)

**PsycInfo and PsycArticles via Ebscohost**

(musician\* OR instrumentalist\* OR orchestra OR symphony OR music student\* OR pianist\* OR harpsichordist\* OR organist\* OR string player\* OR violinist\* OR brass player\* OR cellist\* OR bassist\* OR violist OR harpist\* OR woodwind\* OR flute player\* OR recorder player OR oboist\* OR clarinetist\* OR bassoonist\* OR hornist\* OR saxophonist\* OR brass player\* OR trumpet player\* OR bugler OR trombone player\* OR tuba player\* OR euphonium player\* OR percussionist\* OR drummer\* OR vocalist\* OR singer\*)

AND

((DE "Performance Anxiety") OR performance anxiety OR stage fright)

AND

((DE "Cohort Analysis") OR (DE "Case Report") OR (DE "Clinical Trials") OR (DE "Risk Factors") OR (DE "Alternative Medicine" OR DE "Medical Treatment (General)" OR DE "Physical Treatment Methods" OR DE "Relaxation Therapy") OR (DE "Treatment") OR (DE "Clinical Trials")OR Cross-sectional stud\* OR cross-sectional stud\* OR cohort stud\* OR case-control stud\* OR observational stud\* OR case report\* OR intervention stud\* OR clinical trial\* OR double-blind method OR prevalence OR incidence OR randomized controlled trial\* OR systematic review\* OR risk factor\* OR treat\* OR therap\*)

**ERIC via Ebscohost**

(musician\* OR instrumentalist\* OR orchestra OR symphony OR music student\* OR pianist\* OR harpsichordist\* OR organist\* OR string player\* OR violinist\* OR brass player\* OR cellist\* OR bassist\* OR violist OR harpist\* OR woodwind\* OR flute player\* OR recorder player OR oboist\* OR clarinetist\* OR bassoonist\* OR hornist\* OR saxophonist\* OR brass player\* OR trumpet player\* OR bugler OR trombone player\* OR tuba player\* OR euphonium player\* OR percussionist\* OR drummer\* OR vocalist\* OR singer\*)

AND

(performance anxiety OR stage fright)

AND

((DE "Incidence") OR Cross-sectional stud\* OR cross-sectional stud\* OR cohort stud\* OR case-control stud\* OR observational stud\* OR case report\* OR intervention stud\* OR clinical trial\* OR double-blind method OR prevalence OR incidence OR randomized controlled trial\* OR systematic review\* OR risk factor\* OR treat\* OR therap\*)