**Supplementary Table 3: Treatments Characteristics of Patients with Bipolar Disorder**

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| **Treatments** | **N\*** | **%\*\*** |
| Lithium | 28 | 10.4 |
| Anticonvulsants | 23 | 8.6 |
| Antidepressants | 10 | 3.7 |
| Antipsychotics | 21 | 7.8 |
| Lithium + Anticonvulsants | 11 | 4.1 |
| Lithium + Antidepressants | 13 | 4.8 |
| Lithium + Antipsychotics | 30 | 11.2 |
| Lithium + Anticonvulsants + Antidepressants | 8 | 3.0 |
| Lithium + Antidepressants + Anticonvulsants + Antipsychotics | 6 | 2.2 |
| Lithium + Anticonvulsants + Antipsychotics | 13 | 4.8 |
| Lithium + Antidepressants + Antipsychotics | 11 | 4.1 |
| Anticonvulsants + Antidepressants | 29 | 10.8 |
| Anticonvulsants + Antidepressants + Antipsychotics | 15 | 5.6 |
| Anticonvulsants + Antipsychotics | 21 | 7.8 |
| Antidepressants + Antipsychotics | 11 | 4.1 |
| None | 19 | 7.1 |
| \*Information missing for 2 (0.7%) of the 271 patients.  \*\*Percentages have been rounded and may not total 100. | | |