Supplementary Table 1. Endorsement rates for all indicators of psychopathology (N = 1,051).

|  |  |  |  |
| --- | --- | --- | --- |
|  | Scale | Dimension | Endorsement % |
| Nightmares | PTSD1 | Internalizing/Fear | 26.8 |
| Re-experiencing in the here and now | PTSD2 | Internalizing/Fear | 31.8 |
| Internal avoidance | PTSD3 | Internalizing/Fear | 37.7 |
| External avoidance | PTSD4 | Internalizing/Fear | 34.6 |
| Hypervigilance | PTSD5 | Internalizing/Fear | 36.0 |
| Hyperarousal | PTSD6 | Internalizing/Fear | 39.5 |
| Nervous feelings | Anx1 | Internalizing/Fear | 56.0 |
| Can’t control worry | Anx2 | Internalizing/Fear | 51.8 |
| Worrying too much | Anx3 | Internalizing/Fear | 62.1 |
| Trouble relaxing | Anx4 | Internalizing/Fear | 60.1 |
| Restlessness | Anx5 | Internalizing/Fear | 40.1 |
| Easily annoyed/ irritable | Anx6 | Internalizing/Fear | 52.5 |
| Afraid something awful will happen | Anx7 | Internalizing/Fear | 45.9 |
| Difficulty calming down | DSO1 | Internalizing/Distress | 42.8 |
| Feeling numb | DSO2 | Internalizing/Distress | 36.1 |
| Self as failure | DSO3 | Internalizing/Distress | 36.3 |
| Self as worthless | DSO4 | Internalizing/Distress | 34.5 |
| Feeling cut off from people | DSO5 | Internalizing/Distress | 40.3 |
| Difficulty staying close to people | DSO6 | Internalizing/Distress | 39.6 |
| Fear of abandonment | BPD1 | Internalizing/Distress | 44.5 |
| Relationships have ups and downs | BPD2 | Internalizing/Distress | 44.1 |
| Unstable sense of self | BPD3 | Internalizing/Distress | 29.4 |
| Impulsiveness | BPD4 | Internalizing/Distress | 41.6 |
| Suicide attempt/self-injurious behaviours | BPD5 | Internalizing/Distress | 26.5 |
| Mood changes | BPD6 | Internalizing/Distress | 43.3 |
| Empty | BPD7 | Internalizing/Distress | 51.7 |
| Temper outbursts | BPD8 | Internalizing/Distress | 28.5 |
| Dissociation | BPD9 | Internalizing/Distress | 38.0 |
| Diminished interest/pleasure | Dep1 | Internalizing/Distress | 49.2 |
| Feelings of depression | Dep2 | Internalizing/Distress | 56.1 |
| Trouble with sleep | Dep3 | Internalizing/Distress | 63.5 |
| Tiredness/ lack of energy | Dep4 | Internalizing/Distress | 71.4 |
| Eating problems | Dep5 | Internalizing/Distress | 53.9 |
| Feeling bad about self | Dep6 | Internalizing/Distress | 49.7 |
| Trouble concentrating | Dep7 | Internalizing/Distress | 47.8 |
| Moving or speaking slowly | Dep8 | Internalizing/Distress | 25.6 |
| Suicidal thoughts | Dep9 | Internalizing/Distress | 28.1 |
| Using alcohol monthly or more frequently | Alc1 | Externalizing | 51.1 |
| More than two units of alcohol per day | Alc2 | Externalizing | 21.0 |
| Binge drinking monthly/more frequently | Alc3 | Externalizing | 43.9 |
| Cannabis use before 18 | Drug1 | Externalizing | 17.2 |
| Using cannabis more than occasionally | Drug2 | Externalizing | 20.2 |
| Thoughts are being read by other people | TD1 | Thought Disorder | 22.5 |
| Special messages sent just for you | TD2 | Thought Disorder | 8.1 |
| People spying on you | TD3 | Thought Disorder | 25.9 |
| Auditory hallucinations | TD4 | Thought Disorder | 20.2 |
| Controlled by an outside force | TD5 | Thought Disorder | 10.8 |
| Visual hallucinations | TD6 | Thought Disorder | 18.4 |
| Have extra special powers | TD7 | Thought Disorder | 12.9 |

Note: PTSD = posttraumatic stress disorder; DSO = disturbances in self-organization; BPD = borderline personality disorder; Dep = Depression; Anx = Anxiety; Alc = Alcohol use; Drug = Cannabis use; TD = Thought Disorder.