**Supplementary Figure 1.** Participant Flow with Reasons for Exclusions

**Included in Analyses**

N=20,293

**Entering Treatment**

n=301,933

**Excluded**

Under 18 years old (n=3,879)

25 years old or over (n=253,512)

In voluntary employment only (n=28)

Only pre-treatment data (n=2,425)

Not at caseness pre-treatment (n=3,984)

Non-IAPT Diagnosis (n=707)

Only one treatment session (n=15,700)

Still in treatment (n=1405)