**Supplementary Material**  Study eligibility criteria checklist

|  |  |  |  |
| --- | --- | --- | --- |
| Study Characteristics | Eligibility criteria*(Insert inclusion criteria for each characteristic as defined in the Protocol)* | Eligibility criteria met?  | Location in text or source *(pg & ¶/fig/table/other)* |
| Yes | No | Unclear |
| Type of study |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Prospective and retrospective cohort study | [ ]  | [ ]  | [ ]  |  |
| Case control study | [ ]  | [ ]  | [ ]  |  |
| Cross sectional study | [ ]  | [ ]  | [ ]  |  |

Explorative (not an intervention study, review, conference paper, psychometric properties of an instrument) | [ ]  | [ ]  | [ ]  |  |
| Client group | Informal (familial, unpaid, non-professional) caregivers of someone with dementia (alive) | [ ]  | [ ]  | [ ]  |  |
| Inclusion criteria of participants | Study included depressed subjects (did not only include these individuals or excluded them)  | [ ]  | [ ]  | [ ]  |  |
| Validated self-report depression measure or diagnostic criteria as assessed with a psychiatric or standardized diagnostic interview  | HADS (Hospital Anxiety and Depression Scale) | [ ]  | [ ]  | [ ]  |  |
| CES-D (Centre for Epidemiologic Studies – Depression Scale) | [ ]  | [ ]  | [ ]  |  |
| BDI I or II (Beck Depression Inventory | [ ]  | [ ]  | [ ]  |  |
| Another validated self-report measure: | [ ]  | [ ]  | [ ]  |  |
| DSM; RDC; ICD using DISC, CIDI, or SCAN | [ ]  | [ ]  | [ ]  |  |
| Prevalence  | The number or percentage of the sample that fulfilled the clinical cut off or diagnostic criteria of depression is stated  | [ ]  | [ ]  | [ ]  |  |
|  | The number or percentage of sample that scored at a particular level on the burden measure is stated | [ ]  | [ ]  | [ ]  |  |
| Study language | English | [ ]  | [ ]  | [ ]  |  |
|  | Japanese | [ ]  | [ ]  | [ ]  |  |
| Depression defined as | Major Depressive Disorder (i.e. not Bipolar etc.) | [ ]  | [ ]  | [ ]  |  |
|  | ‘Increased risk of depression’ | [ ]  | [ ]  | [ ]  |  |
| Validated self-report of burden  | Eg. Zarit Burden Inventory:  | [ ]  | [ ]  | [ ]  |  |
| INCLUDE [ ]  (Yes to all answers) | EXCLUDE [ ]  (no to at least 1 answer) |
| Reason for exclusion |  |