Appendix A

Measures of social well-being

Following are the items included in each of the social well-being measures. Items noted with an asterisk (\*) were reverse coded.

**Social Provisions – Social Integration subscale**

In answering the following questions, think about your current relationships with friends, family members, coworkers, community members, and so on. Please indicate to what extent you agree or disagree with each statement as it describes your current relationships with these people.

Strongly Disagree (1) to Strongly Agree (4)

There are people who enjoy the same social activities I do.

I feel part of a group of people who share my attitudes and beliefs.

There is no one who shares my interests and concerns.\*

There is no one who likes to do the things I do.\*

**Resource Generator**

How easy would it be for you to find someone who:

Very Difficult (1) to Very Easy (5)

Knows how to fix a car

Give advice on using a personal computer

Has a professional occupation

Is an elected official

Works at City Hall

Can sometimes employ people

Knows a lot about government regulations

Has good contacts at TV/radio/newspaper

Give advice about money problems

Give advice on problems at work

Help dispose of bulky item

Help with small household jobs

Do your shopping if you are ill

Provide care for a serious health condition

Lend large sum of money

Lend small sum of money

Give career advice

Provide a place to stay for a week

Discuss politics

Give sound legal advice

Give a good job reference

Can babysit others’ children

Help find someplace to live

Watch home or pets while away

Be there to talk about the day

Owns a car

**Internet Social Capital**

For the next series of questions, think about your entire social network, including relatives, close and distant friends, coworkers and acquaintances. Please indicate the extent to which you agree or disagree with each of the following statements

Strongly Disagree (1) to Strongly Agree (5)

*Bridging subscale*

Interacting with people in my social network makes me interested in things that happen outside of my town.

Interacting with people in my social network makes me want to try new things.

Interacting with people in my social network makes me interested in what people unlike me are thinking.

Talking with people in my social network makes me curious about other places in the world.

Interacting with people in my social network makes me feel like part of a larger community.

Interacting with people in my social network makes me feel connected to the bigger picture.

Interacting with people in my social network reminds me that everyone in the world is connected.

I am willing to spend time to support general community activities.

Interacting with people in my social network gives me new people to talk to.

I come in contact with new people all the time.

*Bonding subscale*

There are several people in my social network I trust to help solve my problems.

There is someone in my social network I can turn to for advice about making very important decisions.

There is no one in my social network that I feel comfortable talking to about intimate personal problems.\*

When I feel lonely, there are several people in my social network I can talk to.

If I needed an emergency loan of $100, I know someone in my social network I could turn to.

The people I interact with in my social network would put their reputation on the line for me.

The people I interact with in my social network would be good references for me.

The people I interact with in my social network would share their last dollar with me.

I do not know people in my social network well enough to get them to do anything important.\*

The people I interact with in my social network would help me fight an injustice.

**Social Connectedness Scale**

For the next series of questions, please indicate the extent to which you agree or disagree with each of the following statements.

Strongly Disagree (1) to Strongly Agree (6)

I feel disconnected from the world around me.

Even around people I know, I don't feel that I really belong.

I feel so distant from people.

I have no sense of togetherness with my peers.

I don't feel related to anyone.

I catch myself losing all sense of connectedness with society.

Even among my friends, there is no sense of brother/sisterhood.

I don't feel I participate with anyone or any group.

**UCLA Loneliness Scale – Version 3**

The following statements describe how sometimes people feel. For each statement, please indicate how often you feel the way described.

Never (1) to Often (4)

How often do you feel that you are "in tune" with the people around you?\*

How often do you feel that you lack companionship?

How often do you feel that there is no one you can turn to?

How often do you feel alone?

How often do you feel part of a group of friends?\*

How often do you feel that you have a lot in common with the people around you?\*

How often do you feel that you are no longer close to anyone?

How often do you feel that your interests and ideas are not shared by those around you?

How often do you feel outgoing and friendly?\*

How often do you feel close to people?\*

How often do you feel left out?

How often do you feel that your relationships with others are not meaningful?

How often do you feel that no one really knows you well?

How often do you feel isolated from others?

How often do you feel you can find companionship when you want it?\*

How often do you feel that there are people who really understand you?\*

How often do you feel shy?

How often do you feel that people are around you but not with you?

How often do you feel that there are people you can talk to?\*

How often do you feel that there are people you can turn to?\*