*Supplementary Table 1. Mean (SD) resource utilization per treatment group over the period from start of treatment to follow-up measurement 6 months after treatment.*

|  |  |  |  |
| --- | --- | --- | --- |
| Type of utilization | Mean (SD) |  | Mean difference (95% CI)¹ |
| EXP (n= 19) | PPT (n= 19) | EXP vs PPT |
| Number of contacts:  General practitioner  Medical specialist  Other healthcare providers  Alternative healthcare | 0.67 (2.13)  0.91 (1.88)  6.21 (12.32)  0.16 (0.69) | 0.52 (1.46)  2.07 (3.00)  8.37 (12.66)  0.32 (1.16) | 0.15 (-1.05 to 1.35)  -1.16 (-2.82 to 0.50)  -2.16 (-10.38 to 6.06)  -0.16 (-0.78 to 0.47) |
| Prescription of medication (boxes) | 2.85 (9.76) | 14.15 (18.23) | -11.30 (-21.02 to -1.57) \* |
| Over-the-counter medication | 0.41 (0.99) | 2.34 (3.65 | -1.93 (-3.74 to -0.13) \* |
| Hospitalization (in days) | 0 (0) | 0.09 (0.38) | -0.9 (-0.27 to 0.10) |
| Hours of help  Home care  Domestic care  Informal care | 14.04 (56.99)  23.67 (55.33)  11.06 (24.46) | 86.38 (201.19)  75.93 (256.65)  72.28 (112.38) | -72.34 (-172.14 to 27.46)  -52.26 (-174.42 to 69.89)  -61.22 (-116.31 to -6.12) \* |
| Hours absent from:  Paid work  Usual activity  Unpaid work | 533.91 (647.59)  69.19 (194.41)  262.96 (367.42) | 869.80 (628.90)  25.23 (65.90)  150.92 (215.03) | -335.88 (-755.89 to 84.13)  43.96 (-51.55 to 139.48)  112.04 (-87.70 to 311.78) |

SD = Standard Deviation, CI = Confidence Interval, EXP= Exposure in vivo, PPT = Pain-contingent Physical Therapy

¹ Difference in mean (95% confidence interval) derived with independent samples t-test