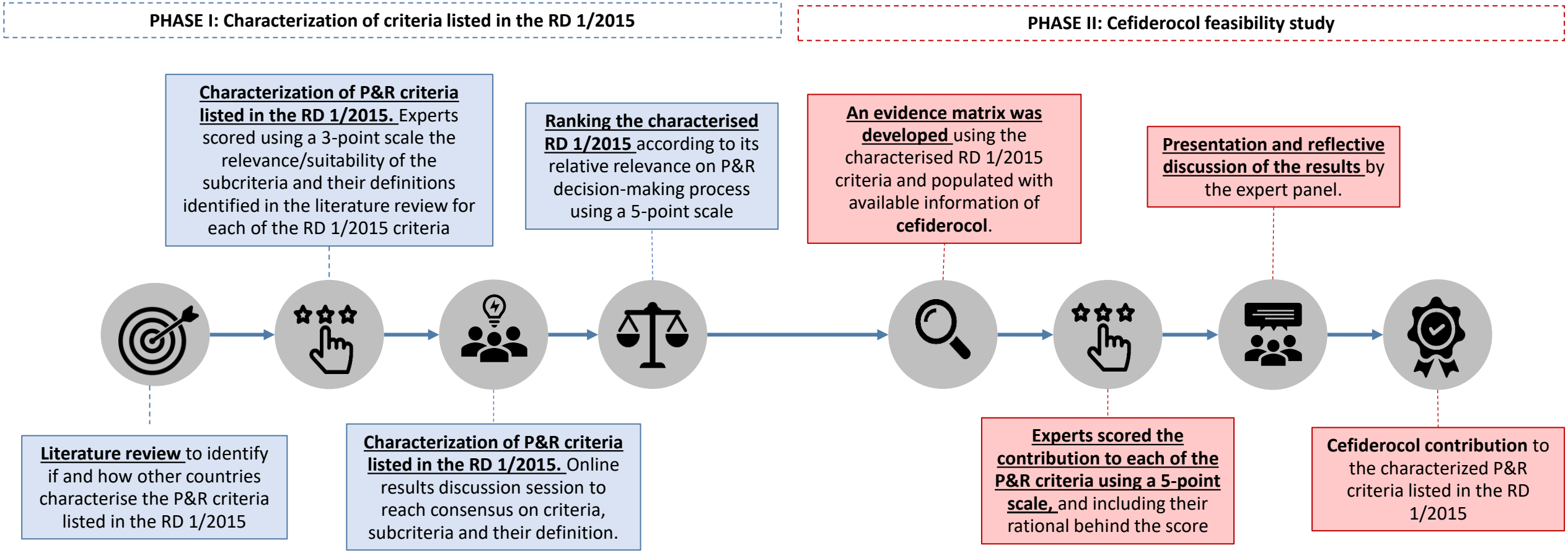Supplementary Figure 1. Flow chart of study main steps.