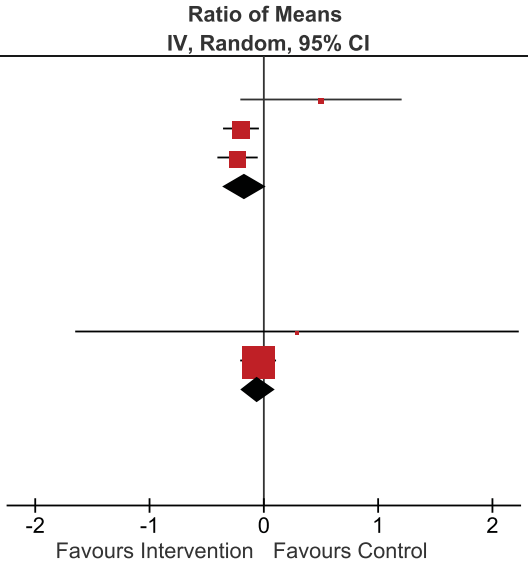Study or Subgroup	Ratio of Means	SE	Weight	Ratio of Means IV, Random, 95% CI	Year
Magnesium vs placebo					
Peikert et al. 1996	0.5	0.36	6.5%	0.50 [-0.21, 1.21]	1996
Mahdavi et al. 2009	-0.2	0.08	48.7%	-0.20 [-0.36, -0.04]	2009
Tarighat Esfanjani et al. 2012	-0.23	0.09	44.7%	-0.23 [-0.41, -0.05]	2012
Subtotal (95% CI)			**100.0%**	**-0.17 [-0.36, 0.02]**	
Heterogeneity: Tau² = 0.01; Chi² = 3.88, df = 2 (P = 0.14); I² = 48%					
Test for overall effect: Z = 1.74 (P = 0.08)					
Coenzyme Q10 vs placebo					
Sandor et al. 2005	0.29	0.99	0.6%	0.29 [-1.65, 2.23]	2005
Khorvash et al. 2016	-0.05	0.08	99.4%	-0.05 [-0.21, 0.11]	2016
Subtotal (95% CI)			**100.0%**	**-0.05 [-0.20, 0.11]**	
Heterogeneity: Tau² = 0.00; Chi² = 0.12, df = 1 (P = 0.73); I² = 0%					
Test for overall effect: Z = 0.60 (P = 0.55)