**Semi-structured Interview Guide 1**

**Warm up and establishing rapport**

Thank patient for participating in this study, go over consent form, explain the process and how confidentiality and anonymity will be protected.

We’re interested in your experiences with having muscle cramps.

1. Can you tell about what you were experiencing around the time you started experiencing cramps?

Probes: How long did you experience this for? How often did this happen?

What else were you experiencing?

1. What did you do to try to manage what you experienced (can use participants own language of what they experience)

Probes: Was it beneficial? How?

1. What made you decide to seek help from a health professional?

Probes: Who did you see? What were you told? How long ago were you diagnosed?

1. Can you tell me something about your treatment since your diagnosis?
2. You previously mentioned that you had other symptoms in addition (weakness, pain). Can you tell me more about what you are experiencing?

Probes: have these experiences changed since your diagnosis and treatment? e.g. improvement/worsening of symptoms; new symptoms

1. If you indicated to have changed treatments since diagnosis, can you tell me what was happening that led to a change in treatment?
2. How have these experiences related to muscle cramps affected your daily life?

**Wrap-up questions:**

* Is there anything else I haven’t asked you that you would like to add?
* The responses you have provided might stimulate some additional questions or clarification. If so, may we contact you in the future?

*1. Please note that this is only a guide of the main themes to be discussed, and does not include all the various probes that might be used*