**Table S1** Socio-demographic characterization of the teachers’ sample (N = 243); 3 na\*- no answer.

|  |  |  |  |
| --- | --- | --- | --- |
|  |  | Frequency | % |
| Gender | Female | 197 | 81.1 |
|  | Male | 43 | 17.7 |
| Age | 28 - 37 | 14 | 5.8 |
|  | 38 - 47 | 139 | 57.2 |
|  | 48 - 57 | 72 | 29.6 |
|  | 58 - 67 | 15 | 6.2 |
| Years of teaching | 1 - 4 | 3 | 1.2 |
|  | 5 - 9 | 8 | 3.3 |
|  | 10 - 19 | 86 | 35.4 |
|  | 20 - 29 | 102 | 42.0 |
|  | 30 - 39 | 37 | 15.2 |
|  | ≥ 40 | 4 | 1.6 |
| Place of birth | Azores native | 130 | 53.5 |
|  | Azores non-native | 110 | 45.2 |