**Appendix A**

**Table A 1: WHOQOL-BREF scale1: Domains and 26 items**

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| --- | --- | --- | --- |
|  | **Scale domains/items** |  |  |
| **Q1** | **General QOL** | **2** | **Psychological (PSY domain)** |
| **Q2** | **QOL-General health** |  |  Positive feelings (life enjoyment) |
|  |  |  |  Meaningfulness of life |
| **1** | **Physical Health (PHYS domain)** |  |  Concentration (thinking, learning, memory) |
|  |  Pain and discomfort |  |  Body appearance |
|  |  Dependence on medications |  |  Self-esteem |
|  |  Energy and fatigue |  |  Negative feelings |
|  |  Mobility (independence) |  |  |
|  |  Sleep and rest | **4** | **Environment (ENVIR domain)** |
|  |  Activities of daily living |  |  Transport |
|  |  Working capacity |  |  Financial resources |
|  |  |  |  Daily Information and skills  |
| **3** | **Social relationships (SOC domain)** |  |  Recreation and leisure |
|  |  Personal relationships |  |  Safety |
|  |  Sexual activity |  |  Physical environment |
|  |  Social support |  |  Home environment |
|  |  |  |  Access to health care |

**1After Skevington et al. (2004)**