**Supplementary table 1. Weight of specimen collection containers**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Weight Container 1 (grams) | Weight Container 2 (grams) | Weight Container 3 (grams) | Average weight (grams) |
| Urine container (Sarstedt 75.9922.721) | 12.09 | 11.88 | 12.03 | 12.0 |
| Faeces container (Sarstedt 80.9924.027) | 13.47 | 13.51 | 13.38 | 13.45 |
| BD Vacutainer PPT (362791) | 8.07 | 7.97 | 8.05 | 8.03 |
| BD Vacutainer SST (367954) | 8.04 | 8.05 | 8.07 | 8.05 |