Supplementary table 1. Distribution of main diagnoses (n = 113).

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| --- | --- | --- |
| ICD-10 code a | Main diagnosis | Frequency |
| F30.0 | Hypomania | 1 |
| F31.3 | Bipolar affective disorder, current episode mild or moderate depression | 2 |
| F31.8 | Other bipolar affective disorders | 3 |
| F32.1 | Moderate depressive episode | 9 |
| F32.2 | Severe depressive episode without psychotic symptoms | 1 |
| F33.0 | Major depressive disorder, recurrent, mild | 1 |
| F33.1 | Recurrent depressive disorder, current episode moderate | 7 |
| F33.2 | Recurrent depressive disorder, current episode severe without psychotic symptoms | 2 |
| F33.4 | Recurrent depressive disorder, currently in remission | 1 |
| F34.1 | Dysthymia | 5 |
| F40.0 | Agoraphobia | 1 |
| F40.01 | Agoraphobia with panic disorder | 1 |
| F40.1 | Social phobias | 8 |
| F40.2 | Specific (isolated) phobias | 1 |
| F41.0 | Panic disorder (episodic paroxysmal anxiety) | 3 |
| F41.1 | Generalized anxiety disorder | 1 |
| F43.1 | Post-traumatic stress disorder | 32 |
| F43.21 | Adjustment disorder with depressed mood | 2 |
| F44.9 | Dissociative (conversion) disorder, unspecified | 6 |
| F50.0 | Anorexia nervosa | 4 |
| F50.1 | Atypical anorexia nervosa | 6 |
| F50.2 | Bulimia nervosa | 9 |
| F50.3 | Atypical bulimia nervosa | 2 |
| F60.3 | Emotionally unstable personality disorder | 1 |
| F60.5 | Anankastic personality disorder | 2 |
| F60.6 | Anxious (avoidant) personality disorder | 1 |
| F61.0 | Mixed and other personality disorders | 1 |

Notes: a International Statistical Classification of Diseases and Related Health Problems 10th revision.