**Supplementary Table 1. Associations between baseline demographic and clinical factors and improvement in cognition after yoga in a Randomized Controlled Trial (N=45) (Baseline vs 3-month follow-up and baseline vs 6 month follow up)**

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| --- | --- | --- | --- | --- |
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| Baseline vs 3 month follow up | | | | |
| Variables | Attention (Accuracy)  **F (p-value)** | Face memory (Accuracy) **F (p-value)** | Attention (Speed)  **F (p-value)** | Face memory (Speed)  **F (p-value)** |
| Age | 1.59(0.215) | 0.027(0.869) | 0.44(0.511) | 0.341(0.563) |
| HOH Occu\* | 0.011(0.918) | 1.014(0.32) | 0.892(0.351) | 0.132(0.719) |
| Weight | 0.199(0.658) | 1.486(0.23) | 0.297(0.589) | 0.783(0.382) |
| GAF\*\* | 2.759(0.105) | 0.167(0.685) | 0.017(0.898) | 0.503(0.482) |
| Education | 0.223(0.64) | 1.883(0.178) | 0.009(0.925) | **9.319(0.004)** |
| Age at onset | 0.341(0.563) | 0.023(0.88) | 2.582(0.116) | 0.883(0.353) |
| Gender | 0.033(0.856) | 2.085(0.157) | 0.021(0.885) | 3.852(0.057) |
| Baseline vs 6 month follow up | | | | |
| Age | 2.253(0.141) | 0.342(0.562) | 0.420(0.520) | 0.161(0.69) |
| HOH Occu\*\* | 0.012(0.914) | 2.999(0.091) | 2.019(0.163) | 0.483(0.491) |
| Weight | 0.089(0.767) | 0.067(0.797) | 3.11(0.085) | 0.413(0.524) |
| GAF\*\* | 0.556(0.46) | 1.562(0.218) | 0.594(0.445) | **6.728(0.013)** |
| Education | 1.908(0.175) | **5.543(0.023)** | 0.331(0.569) | 2.021(0.162) |
| Age at onset | 2.261(0.14) | 0.075(0.786) | 0.689(0.411) | 0.251(0.619) |
| Gender | 0(0.994) | 0.48(0.492) | 0.077(0.783) | 0.346(0.559) |

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