**Supplementary Table 2: Within group comparison of clinical, social functions (quality of life and UPSA B), cognitive (CNB domains accuracy and speed indices) and cognitive (trail making test) variables after 3 weeks of intervention and 3 months after intervention:**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | After three weeks of baseline evaluation (Cohen’s D, Wilcoxon p value) | | | | Three months after completion (Cohen’s D, Wilcoxon p value) | | |
|  | YT | MYT | TAU | YT | | MYT | TAU |
| Clinical variables | | | | | | | |
| Severity of Illness |  | -**0.44(0.004)** |  | **-0.39 (0.04)** | | **-0.83(0.002)** |  |
| Past Month GAF | **0.359 (0.02)** | **0.99 (0.00004)** | | **0.72(0.005)** | **0.33(0.018)** |
| Positive Symptoms | **-0.24(0.04)** | **-0.278(0.04)** | **-0.94(0.02)** | | **-0.58(0.002)** | **-0.49(0.023)** |
| Negative Symptoms |  | | | **-0.73(0.003)** | | **-0.38(0.02)** | **-0.097(0.027)** |
| General Psychopathology | **-0.31(0.05)** | | **-0.42(0.04)** |  |
| PANSS total |  | -**0.13 (0.05)** |  | **-0.48(.01)** | | **-0.42(0.002)** |
| **Quality of Life domains** | | | | | | | |
| Intrapsychic Foundations |  | | | **0.85 (0.00002)** | | **0.45 (0.005)** | **0.29(0.022)** |
| Interpersonal Relations | 0.23 (0.04) | | 0.27(0.04) |  |
| Instrument | 0.52 (0.018) | | 0.43 (0.002) |
| **UPSA B Tests** | | | | | | | |
| Financial skill |  | **0.12(0.031)** |  |  | | **0.25(0.02)** | **0.34(0.002)** |
| Communication |  | **0.22 (0.006)** | |  | |
| Total score | **0.22(0.003)** | | **0.31(0.001**) | **0.23(0.036)** |
| **Cognitive Domains** | | | | | | | |
| ***Accuracy*** | | | | | | | |
| Abstraction and Mental Flexibility |  | | | | | **0.379 (0.005**) |  |
| **Attention** | **0.252(0.003)** | **0.521**(**0.004**) |  | | | **0.432 (0.14)** | **0.214(0.04)** |
| Face Memory |  | | **0.321(0.02)** |  | | | **0.331(0.02)** |
| Spatial Memory |  | **0.336** (**0.007**) |  | | | | |
| Spatial Ability |  | | | **0.309**(0.29) | |  | |
| **Sensorimotor** | **0.438**(**0.0001**) | **0.351**(**0.001**) | **0.183(0.015)** | **0.490**(**0.0002**) | | **0.517(0.0003)** | **0.248(0.004)** |
| ***Speed*** |  |  |  |  | |  |  |
| Abstraction and Mental Flexibility |  | | | **0.406 (0.046)** | | **0.325(0.044)** |  |
| Spatial Memory |  | **0.243(0.005)** |  |  | | **0.261(0.014)** |
| Sensorimotor | **0.142(0.03)** | **0.112(0.04)** | **0.339(0.002)** |
| ***Trail Making Test*** | | | | | | | |
| Trail A | **-0.084(0.01)** | **-1.99(0.05)** |  | **-0.022(0.04)** | | **-0.081(0.05)** |  |
| Trail B |  | | **-0.419 (0.03)** |  | | | |