**Supplement**

Supplementary table 1. Excluded studies

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| --- | --- |
| First author, year | Reason for exclusion |
| Banerjee, 2017 | Wrong publication type |
| Gapen, 2016 | Case series not reporting complications |
| Johnson, 2013 | Wrong population, not possible to separate PTSD |
| Kluetsch, 2014 | Wrong outcome |
| McReynolds, 2017 | Case series not reporting complications |
| Nicholson, 2016 | Case series not reporting complications |
| Panisch, 2018 | Wrong publication type |
| Peniston, 1993 | Case series not reporting complications |
| Reiter, 2016 | Wrong publication type |
| Ros, 2017 | Wrong population, healthy adults |