APPENDIX

This appendix formed part of the original submission.

Supplement to:

*Impact of Smoking Behavior on Cognitive Functioning in Persons at Risk for Psychosis and Healthy Controls: A Longitudinal Study*

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Supplement 1: Participants with follow-up assessment by site

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | *Baseline* | | *6 months* | | *1 year* | | *2 years* | |
| *Site* | UHR | Controls | UHR | Controls | UHR | Controls | UHR | Controls |
| London | 97 | 38 | 22 | 17 | 40 | 20 | 39 | 25 |
| Amsterdam | 14 | 5 | 0 | 0 | 5 | 5 | 2 | 5 |
| Den Haag | 63 | 4 | 0 | 0 | 42 | 4 | 42 | 4 |
| Vienna | 12 | 0 | 0 | 0 | 2 | 0 | 1 | 0 |
| Basel | 19 | 0 | 1 | 0 | 14 | 0 | 4 | 0 |
| Cologne | 15 | 0 | 1 | 0 | 9 | 0 | 6 | 0 |
| Melbourne | 35 | 19 | 6 | 0 | 6 | 7 | 3 | 0 |
| Copenhagen | 18 | 0 | 0 | 0 | 12 | 0 | 4 | 0 |
| Paris | 19 | 0 | 5 | 0 | 7 | 0 | 0 | 0 |
| Barcelona | 23 | 0 | 0 | 0 | 14 | 0 | 10 | 0 |
| Sao Paulo | 15 | 0 | 1 | 0 | 1 | 0 | 2 | 0 |
| Missing | 0 | 0 | 8 | 0 | 25 | 0 | 15 | 0 |
| Total | 330\* | 66\* | 44 | 15 | 177 | 36 | 127 | 34 |
| In total, 330 UHR and 66 controls were included as smoking data and information on at least one cognitive measurement was available at baseline. Periods were categorised as days from baseline: 1 through 274: closest to 6 months, 275 through 548: closest to 1 year, 549 through 1000: closest to 2 years. 11 UHR individuals and 2 controls were excluded as they had assessments that occurred more than 1000 days from baseline. | | | | | | | | |

Supplement 2: UHR individuals and controls with missing data at baseline

|  |  |  |
| --- | --- | --- |
| *Variable* | Missing at baseline | |
|  | UHR individuals | Controls |
| GAF | 7 (2.1%) | 1 (1.5%) |
| Work | 20 (6.1%) | 1 (1.5%) |
| Education in years | 30 (9.1%) | 1 (1.5%) |
| Estimated Intelligence Quotient | 27 (8.2%) | 3 (4.5%) |
| Cannabis (current use) | 2 (0.6%) | 23 (34.8%) |
| Cannabis (ever used) | 2 (0.6%) | 0 (0%) |
| Trauma total score | 22 (6.7%) | 1 (1.5%) |
| Medication | 58 (17.6%) | n.a. |
| CAARMS - general symptoms | 31 (9.4%) | n.a. |
| CAARMS - positive symptoms | 8 (2.4%) | n.a. |
| CAARMS - negative symptoms | 14 (4.2%) | n.a |
| Trail Making Test A | 40 (12.1%) | 8 (12.1%) |
| Digit Span Forward | 34 (10.3%) | 12 (18.2%) |
| Digit Span Backward | 34 (10.3%) | 12 (18.2%) |
| RAVLT - Immediate | 40 (12.1%) | 7 (10.6%) |
| RAVLT - Delayed | 46 (13.9%) | 11 (16.7%) |
| Trail Making Test B | 45 (13.6%) | 8 (12.1%) |
| Abbreviations: GAF = Global Assessment of Functioning. CAARMS= Comprehensive Assessment of At-risk Mental State. Abbreviations: RAVLT = Rey Auditory Verbal Learning Test. | | |

Supplement 3: Baseline cognitive performance scores in smoking and non-smoking participants

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | | UHR (N= 330) | | Controls (N=66) | |
| *Cognitive domain* | Cognitive task | Non-smoking | Smoking | Non-smoking | Smoking |
| Speed processing | Trail Making Test part A^ | 30.0 (11.1) | 30.1 (13.0) | 27.8 (14.6) | 24.6 (7.3) |
| Attention/ vigilance | Digit Span Forward (0-16) | 9.3 (2.4) | 9.7 (2.1) | 10.6 (2.4) | 10.7 (2.2) |
| Working memory | Digit Span Backward (0-14) | 6.4 (2.1) | 6.8 (2.3) | 7.5 (2.7) | 7.4 (2.4) |
| Verbal learning | RAVLT – immediate (0-75) | 52.0 (10.1) | 50.6 (9.9) | 56.1 (9.5) | 56.9 (6.0) |
| RAVLT – delayed (0-15) | 10.8 (2.8) | 10.4 (3.2) | 11.1 (3.4) | 12.1 (3.6) |
| Reasoning/  problem solving | Trail Making Test part B^ | 73.5 (31.3) | 72.0 (28.3) | 57.4 (20.7) | 54.3 (14.5) |
| Data are in mean (SD). RAVLT = Auditory Verbal Learning Test. ^Higher scores indicate greater impairment. | | | | | |

Supplement 4: Multi-cross-sectional results from linear mixed models regarding the number of cigarettes and cognitive performance scores in UHR individuals and controls

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | UHR | | | Controls | | |
| *Effects* | *Estimate* | *SE* | *p* | *Estimate* | *SE* | *p* |
| Speed processing: Trail Making Test A | | | | | | |
| Intercept | 33.971 | 2.046 | <0.001 | 29.743 | 5.055 | <0.001 |
| Cigarettes | 0.051 | 0.064 | 0.423 | 0.018 | 0.244 | 0.942 |
| Attention/ vigilance: Digit Span Forward | | | | | | |
| Intercept | 9.462 | 0.395 | <0.001 | 10.223 | 0.999 | <0.001 |
| Cigarettes | 0.005 | 0.011 | 0.620 | -0.003 | 0.037 | 0.942 |
| Working memory: Digit Span Backward | | | | | | |
| Intercept | 6.932 | 0.391 | <0.001 | 5.942 | 1.045 | <0.001 |
| Cigarettes | 0.005 | 0.011 | 0.669 | -0.023 | 0.047 | 0.635 |
| Verbal learning: AVLT – immediate | | | | | | |
| Intercept | 46.340 | 1.717 | <0.001 | 49.962 | 3.238 | <0.001 |
| Cigarettes | -0.010 | 0.047 | 0.831 | 0.087 | 0.151 | 0.566 |
| Verbal learning: AVLT – delayed | | | | | | |
| Intercept | 9.123 | 0.520 | <0.001 | 9.821 | 1.103 | <0.001 |
| Cigarettes | -0.002 | 0.015 | 0.921 | 0.017 | 0.058 | 0.773 |
| Reasoning/ problem solving: Trail Making Test B | | | | | | |
| Intercept | 89.859 | 5.449 | <0.001 | 58.822 | 7.338 | <0.001 |
| Cigarettes | -0.046 | 0.167 | 0.783 | 0.343 | 0.343 | 0.320 |
| AVLT = Auditory Verbal Learning Test. SE = Standard Error. The following fixed effects were added to the model: age + gender (model 1) + time. Subjects were added as random intercept and time was added as random slope. | | | | | | |

Supplement 5a: Available data on change in smoking behaviour over time in UHR individuals

|  |  |  |
| --- | --- | --- |
|  | *Baseline – 1 year* | *1 year – 2 years* |
| SUBGROUP | | |
| No smoker | 63 | 43 |
| Continue smoker | 84 | 46 |
| Quit smoker | 18 | 9 |
| Start smoker | 11 | 7 |
| Total | 176 | 105 |
| CIGARETTES | | |
| Change in cigarettes | 79 | 53 |
| No change | 85 | 50 |
| Total | 164 | 103 |
| N = available data. | | |

Supplement 5b: Available data on change in smoking behaviour per subgroup over time in controls

|  |  |  |
| --- | --- | --- |
|  | *Baseline – 1 year* | *1 year – 2 years* |
| SUBGROUP | | |
| No smoker | 24 | 17 |
| Continue smoker | 6 | 4 |
| Quit smoker | 4 | 1 |
| Start smoker | 1 | 4 |
| Total | 35 | 26 |
| CIGARETTES | | |
| Change in cigarettes | 9 | 8 |
| No change | 26 | 18 |
| Total | 35 | 26 |
| N = available data. | | |

Supplement 6: Longitudinal results from linear mixed models regarding change in the number of cigarettes   
and change on cognitive performance in UHR individuals

|  |  |  |  |
| --- | --- | --- | --- |
| Effects | Estimate | SE | p |
| Speed processing: Trail Making Test A | | | |
| Intercept | -3.453 | 3.418 | 0.313 |
| Cigarettes | -0.015 | 0.125 | 0.907 |
| Attention/ vigilance: Digit Span Forward | | | |
| Intercept | 0.412 | 0.471 | 0.384 |
| Cigarettes | -0.016 | 0.017 | 0.352 |
| Working memory: Digit Span Backward | | | |
| Intercept | 0.738 | 0.567 | 0.197 |
| Cigarettes | -0.002 | 0.020 | 0.929 |
| Verbal learning: AVLT – immediate | | | |
| Intercept | 3.436 | 1.904§ | 0.073 |
| Cigarettes | 0.019 | 0.068 | 0.778 |
| Verbal learning: AVLT – delayed | | | |
| Intercept | 1.119 | 0.784§ | 0.129 |
| Cigarettes | 0.019 | 0.028 | 0.509 |
| Reasoning/ problem solving: Trail Making Test B | | | |
| Intercept | -13.454 | 13.619 | 0.384 |
| Cigarettes | 0.102 | 0.397 | 0.800 |
| RAVLT = Rey Auditory Verbal Learning Test. SE = Standard Error. The following fixed effects were added to the model: age + gender (model 1) + time. Subjects were added as random intercept and time was added as random slope. | | | |

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