Appendix D

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| **Type of adverse childhood experience** (total *n* of studies in this category) | **Full mediation** (*n* of studies, % of studies) | **Partial mediation** (*n* of studies, % of studies) | **Both full and partial mediation** (*n* of studies, % of studies) | **No mediation** (*n* of studies, % of studies) |
| Abuse (44) | 30 (68%) | 5 (11%) | 7 (16%) | 2 (5%) |
| Neglect (10) | 5 (50%) | 2 (20%) | 3 (30%) | - |
| Maltreatment (20) | 12 (60%) | 1 (5%) | 7 (35%) | - |
| Parenting (24) | 13 (54%) | 3 (12%) | 4 (17%) | 4 (17%) |
| Trauma (6) | 5 (83%) | - | 1 (17%) | - |
| Shaming (5) | 3 (60%) | - | 2 (40%) | - |

Results per Category

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| **Type of psychopathology**  (total *n* of studies in this category) | **Full mediation** (*n* of studies, % of studies) | **Partial mediation**  (*n* of studies, % of studies) | **Both full and partial mediation**  (*n* of studies, % of studies) | **No mediation** (*n* of studies, % of studies) |
| Depression (41) | 24 (57%) | 3 (7%) | 11 (26%) | 3 (7%) |
| Anxiety (15) | 10 (67%) | 1 (7%) | 3 (20%) | 1 (7%) |
| Eating pathology (13) | 8 (62%) | 1 (8%) | 4 (31%) | - |
| PTSD (9) | 9 (100%) | - | - | - |
| Interpersonal problems (8) | 5 (62%) | 1 (13%) | 2 (25%) | - |
| Personality disorders (5) | 2 (40%) | 1 (20%) | 1 (20%) | 1 (20%) |
| Psychotic symptoms (6) | 3 (50%) | 2 (34%) | 1 (16%) | - |
| General distress (5) | 4 (80%) | - | - | 1 (20%) |
| Destructive behaviors (5) | 3 (60%) | 1 (20%) | 1 (20%) |  |

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| **Type of cognitive mediator**  (total *n* of studies in this category) | **Full mediation**  (*n* of studies, % of studies) | **Partial mediation** (*n* of studies, % of studies) | **Both full and partial mediation** (*n* of studies, % of studies) | **No mediation** (*n* of studies, % of studies) |
| Maladaptive/negative schemas (31) | 16 (51%) | 5 (16%) | 7 (23%) | 3 (10%) |
| Shame (8) | 7 (88%) | - | 1 (12%) | - |
| Negative core beliefs (8) | 4 (50%) | 1 (13%) | 3 (37%) | - |
| Self-criticism (5) | 3 (60%) | - | 2 (40%) | - |
| Positive cognitive mediators (8) | 6 (74%) | - | 1 (13%) | 1 (13%) |

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| **Type of mediation analysis**  (total *n* of studies in this category) | **Full mediation** (*n* of studies, % of studies) | **Partial mediation**  (*n* of studies, % of studies) | **Both full and partial mediation**  (*n* of studies, % of studies) | **No mediation** (*n* of studies, % of studies) |
| Baron & Kenny (39) | 22 (57%) | 5 (14%) | 11 (29%) | 1 (3%) |
| Sobel test (16) | 9 (57%) | 1 (6%) | 5 (31%) | 1 (6%) |
| SEM (16) | 11 (69%) | 1 (6%) | 4 (25%) | - |
| PROCESS (9) | 7 (78%) | 2 (22%) | - | - |
| Hierarchical regression (9) | 3 (33%) | 2 (22%) | 3 (33%) | 1 (11%) |
| Bootstrapping (19) | 14 (74%) | 1 (5%) | 4 (21%) | - |

*Note.* Only subcategories with n ≥ 5 are included in this table.