**Supplemental Table 1**

*Trajectory- and time-specific means and standard deviations of depression*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | T0 (*N*=223) | T1 (*N*=216) | T2 (*N*=183) | *F* |
|  | *M*(*SD*) | *M*(*SD*) | *M*(*SD*) |  |
| Stable Low Depression (*n*=93) | 5.83 (4.59) | 5.59 (4.51) | 3.15 (3.67)\*\* | 11.91\*\* |
| Declining Depression (*n*=75) | 17.94 (7.36) | 15.01 (7.67) | 11.03 (5.77)\*\* | 11.67\*\* |
| Worsening Depression (*n*=31) | 7.37 (5.86) | 17.19 (11.09)\*\* | 27.90 (8.37)\*\* | 22.98\*\* |
| Chronic High Depression (*n*=24) | 30.95 (8.33) | 26.99 (8.36) | 32.38 (11.68) | 2.71 |

*Note.**M*: mean, *SD*: Standard deviation. *F*: Overall test to indicate if there are significant differences between the depression scores of different timepoints within each trajectory. The *n*s are based on the full sample of 223. Contrasts were: T0 vs. T1 and T0 vs. T2. \*\**p* < .01.