

Sexual Health and Schizophrenia

A survey of practitioners' views

This questionnaire aims to study the sexual health of patients with schizophrenia from the perspective of their practitioners.

Further studies will look at the prevalence of erectile dysfunction in schizophrenia using standardised scales and measure patients' perspectives on their sexual health.

The questionnaire is completely confidential and anonymous. In addition, it should not take long to complete.

Dr. Romanus Nnaji
Dr. Trevor Friedman

1. We would be most grateful if you could provide us information about your self

What is your profession?

GP	Psychiatrist	Occupational therapy	CPN	Social worker	Others

Are you male or female?

Male	Female

Please indicate your age range

20–29 years	30–39 years	40–49 years	50–59 years	60–69 years

I have practised my profession for:

0–<3 years	3–<6 years	6–<9 years	9–<12 years	12 years or more

2. What percentage of people with schizophrenia has sexual dysfunction?

3. What percentages of people with schizophrenia have extrapyramidal side-effects (EPSEs)?

Please rate how strongly you agree or disagree with these statements. Place a tick in the relevant box.

4. I like patients to volunteer information about their sexual dysfunction

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

5. How many cases of schizophrenia have you seen in the past year?

6. I feel comfortable assessing sexual dysfunction

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

7. Good/adequate sexual functioning is important to patients with schizophrenia

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

8. What proportion of your patients with schizophrenia do you ask about sexual dysfunction?

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9a. I enquire routinely about sexual dysfunction

Yes	No

9b. I do not enquire routinely about sexual dysfunction because:

I am not confident about managing it

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

Available treatments don't work

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

It is not so important to patients

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

If it is important the patient/carer or partner will tell me

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

I may upset vulnerable people

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

Others _____

10. Please tick treatment options you have tried in patients with antipsychotic-induced erectile dysfunction in past year.

Drug holiday	Phosphodiesterase inhibitors e.g. Viagra	Dose reduction	Psychosexual education	Switch to atypicals	Others

11. In the past year, how many cases of erectile dysfunction have you seen or identified in patients with schizophrenia?

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12. Have you had training in psychiatric aspects of sexual dysfunction in schizophrenia? Please tick to indicate answer.

Yes	No

13. I would like to have training in managing psychosexual dysfunction in schizophrenia

Strongly agree	Agree	Not agree or disagree	Disagree	Strongly disagree

14. When patients complain of sexual dysfunction, how do you feel?

Circle as many responses as you want

Motivated

Sympathetic

Frustrated

Inadequate

Angry

Helpless

Caring

Concerned

Unskilled

Competent

Thank you.

Please return the completed forms in the stamped envelope provided.