

Online supplement



original
papers

Physical health monitoring form required for patients during the first year on any antipsychotic medication.^a

		Baseline	4 weeks	3 months	6 months	1 year
Date due						
Date done						
Lipid (fasting)	Triglyceride (0.84– 1.94 mmol/l)	Date:		Date:		Date:
	Cholesterol (3.7– 5.2 mmol/l)	Date:		Date:		Date:
	HDL (0.91– 1.42 mmol/l)	Date:		Date:		Date:
Glucose (4.2–5.5mmol/l)		(fasting) Date:	Date:	(fasting) Date:	Date:	(fasting) Date:
Blood pressure		Date:	Date:	Date:	Date:	Date:
Side-effect rating scale (LUNSERS)		Date:	Date:	Date:	Date:	Date:

Monthly monitoring for weight and smoking

Month	Baseline	1	2	3	4	5	6	7	8	9	10	11	12
Date due													
Weight (kg) (date)													
Smoking (quantity)													

HDL, high-density lipoprotein; LUNSERS, Liverpool University Neuroleptic Side Effect Rating Scale.

a. If any abnormalities are detected or the patient has medical risk factors, extra monitoring may be required and this can be recorded on extra monitoring form.