Supplementary Table 1. Table showing demographic data of 4,181 participants in 1996 who had available data on follow up BMI, compared to 4,376 participants who did not have available follow up data.

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| --- | --- | --- | --- | --- | --- |
| Category | Subcategory | N | Follow up BMI available (%) | Follow up BMI not available (%) | Statistic  Chi2 (p value) |
| Age (years) | 65-69 | 3756 | 50.1 | 49.9 | 5.4 (0.142) |
|  | 70-74 | 3037 | 48.4 | 51.6 |  |
|  | 75-79 | 1437 | 47.0 | 53.0 |  |
|  | ≥80 | 327 | 46.5 | 53.5 |  |
| Migrated | No | 4752 | 54.6 | 45.4 | 139.8 (<0.001) |
|  | Yes | 3804 | 41.7 | 58.3 |  |
| Married | No | 1356 | 44.1 | 55.9 | 14.6 (<0.001) |
|  | Yes | 7198 | 49.7 | 50.3 |  |
| Completed high school | No | 4929 | 43.8 | 56.2 | 119.4 (<0.001) |
|  | Yes | 3625 | 55.8 | 44.2 |  |
| Smoking | Never | 2757 | 53.4 | 46.6 | 41.7 (<0.001) |
|  | Past | 5012 | 47.5 | 52.5 |  |
|  | Current | 785 | 41.9 | 58.1 |  |
| Alcohol use (SD) | None/sporadic | 1349 | 46.8 | 53.2 | 5.0 (0.080) |
|  | <28 SD/ week | 5008 | 50.2 | 49.8 |  |
|  | ≥28 SD/ week | 603 | 48.3 | 51.7 |  |
| Meat intake (<2 serves/ week) | No | 6103 | 50.1 | 49.9 | 28.8 (<0.001) |
|  | Yes | 2136 | 43.4 | 56.6 |  |
| Fish intake (>2 serves/ week) | No | 7372 | 49.0 | 51.0 | 11.4 (0.001) |
|  | Yes | 868 | 43.0 | 57.0 |  |
| Reduced-fat milk only | No | 5716 | 48.5 | 51.5 | 0.8 (0.386) |
|  | Yes | 2841 | 49.5 | 50.5 |  |
| Physical exercise | No exercise | 1949 | 40.9 | 59.1 | 118.6 (<0.001) |
|  | Non vigorous | 4190 | 47.7 | 52.3 |  |
|  | Vigorous | 2417 | 57.2 | 42.8 |  |
| Hypertension | No | 4833 | 49.7 | 50.3 | 8.6 (0.003) |
|  | Yes | 3407 | 46.5 | 53.5 |  |
| Diabetes | No | 7729 | 49.9 | 50.1 | 31.4 (<0.001) |
|  | Yes | 828 | 39.6 | 60.4 |  |
| Coronary heart disease | No | 6339 | 48.7 | 51.3 | 1.2 (0.276) |
|  | Yes | 1901 | 47.3 | 52.7 |  |

SD=standard drinks