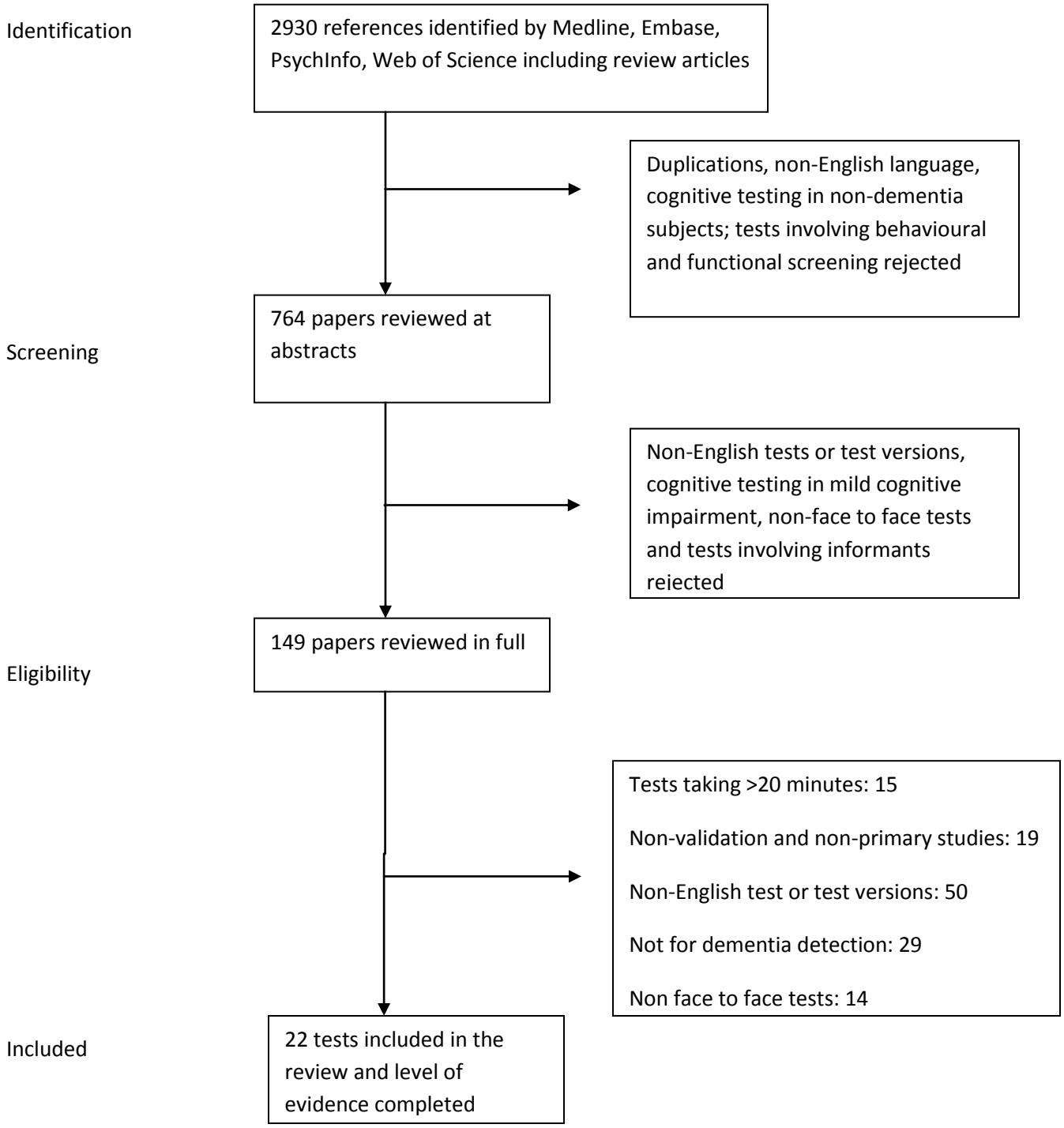Supplement figure 1: PRISMA guideline (flow chart of studies selection)