APPENDIX A1

Numeric rating scales used for the external validation of the SWIO:

1. On a scale from 0 to 10, how would you rate your QoL?

Very Very

bad good

1. On a scale from 0 to 10, to what extent do you feel that your life is meaningful (worthwhile, useful, having desires), that you are looking or striving for something?



No Much

 meaning meaning

1. On a scale from 0 to 10, to what extent do you feel in control of what happens in your life?



No Much

 control control

1. On a scale from 0 to 10, to what extent you feel part of the society?



No Much

 part part

1. On a scale from 0 to 10, to what extent you feel frail?



Not Very

 frail frail