Table S1. Interview questions

Quantitative analysis

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| **Questions** | **Type of measurement** |
| Year of birth | Numerical |
| Sex | Binary (Male/Female) |
| Number of years of formal education | Numerical |
| How would you rate your overall health these days? | Ordinal scale, based on the global self-rated-health item on the SF-36 (Ware and Sherbourne, 1992) |
| How long have you been participating in the activity with the other (age) group? | Ordinal scale, based on the Impact of Intergenerational Programs Questionnaire (IIPQ), (Cohen-Mansfield and Jensen, 2017) |
| How often do you meet the other (age) group? | Ordinal scale, based on IIPQ |
| What is the duration of a typical meeting? | Ordinal scale, based on IIPQ |
| Did you receive any guidance/training before the activity began? | Binary (Yes/No), based on IIPQ |
| Do you receive guidance throughout the duration of the activity? | Ordinal scale, based on IIPQ |
| Would you be interested in changing the activity location? | Binary (Yes/No), based on IIPQ |
| Do you worry about issues in your relationship with the member(s) of the other generation? | Binary (Yes/No), based on IIPQ |

Qualitative analysis

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| **Questions** | **Type of measurement** |
| What are the difficulties or problems that arise for you within the activity with the other (age) group? | Open-ended |
| What would you prefer to do with the other (age) group? | Open-ended |
| Which other issues did you come across when coordinating and organizing the activity? | Open-ended |
| In your opinion, how can the activity be improved? | Open-ended |

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