

Cognition and Purpose

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Contents

Preparation	2
make composites	2
merge files	3
standardize necessary variables	3
Descriptive Statistics	4
Cronbach's α	4
Demographics	9
Race Differences	11
Correlations	13
Distributions	15
Hypothesis Testing	17
Purpose X Loneliness	20
Purpose X Depression	31
Exploratory Race Analyses	34

Preparation

make composites

```
### SENSE OF PURPOSE
# make purpose mean
let$purpose <- composite(let[,c("LE_1", "LE_2", "LE_3", "LE_4",
                               "LE_5", "LE_6")],
                        nomiss = .75)
# exclude people with missing data
let <- let %>%
  filter(!is.na(purpose))

### DEPRESSION
# make depression mean
bdi$depressionM <- composite(bdi[,c("BDI_1", "BDI_2", "BDI_3", "BDI_4", "BDI_5",
                                   "BDI_6", "BDI_7", "BDI_8", "BDI_9", "BDI_10",
                                   "BDI_11", "BDI_12", "BDI_13", "BDI_14", "BDI_15",
                                   "BDI_16", "BDI_17", "BDI_18", "BDI_19", "BDI_20",
                                   "BDI_21")],
                          nomiss = .75)
bdi$depression <- rowSums(bdi[,c("BDI_1", "BDI_2", "BDI_3", "BDI_4", "BDI_5",
                                "BDI_6", "BDI_7", "BDI_8", "BDI_9", "BDI_10",
                                "BDI_11", "BDI_12", "BDI_13", "BDI_14", "BDI_15",
                                "BDI_16", "BDI_17", "BDI_18", "BDI_19", "BDI_20",
                                "BDI_21")],
                        na.rm = FALSE) # use based on CESD
# exclude people with missing data
bdi <- bdi %>%
  filter(!is.na(depression))

### LONELINESS
# make loneliness mean
ucla$loneliness <- composite(ucla[,c("UCLA_1", "UCLA_2", "UCLA_3", "UCLA_4", "UCLA_5",
                                    "UCLA_6", "UCLA_7", "UCLA_8", "UCLA_9", "UCLA_10",
                                    "UCLA_11", "UCLA_12", "UCLA_13", "UCLA_14", "UCLA_15",
                                    "UCLA_16", "UCLA_17", "UCLA_18", "UCLA_19", "UCLA_20")],
                          nomiss = .75)
# exclude people with missing data
ucla <- ucla %>%
  filter(!is.na(loneliness))

### COGNITIVE DECLINE
# sum excludes participants with any NAs
ad8$decline <- rowSums(ad8[,c("AD8_1", "AD8_2", "AD8_3", "AD8_4",
                             "AD8_5", "AD8_6", "AD8_7", "AD8_8")],
                    na.rm = FALSE)
# dummy coded variable based on score of 2+
ad8$dementia <- ifelse(ad8$decline < 2, yes = 0, no = 1)
# exclude people with missing data
ad8 <- ad8 %>%
  filter(!is.na(decline))
```

```
# dummy coded Black and white race variable
demo$raceDc <- ifelse(demo$PRACE == 1, yes = 0,
                     no = ifelse(demo$PRACE == 2, yes = 1,
                                 no = is.na(demo$raceDc)))
```

```
## Warning: Unknown or uninitialised column: `raceDc`.
```

```
# dummy coded gender: male = 0, female = 1
demo$genderDc <- ifelse(demo$PGENDER == 1, 0,
                       ifelse(demo$PGENDER == 2, 1,
                               is.na(demo$PGENDER)))
```

merge files

```
dataA <- merge(demo, let, by = "PARTID", all = FALSE)
dataB <- merge(dataA, ucla, by = "PARTID", all = FALSE)
dataC <- merge(dataB, bdi, by = "PARTID", all = FALSE)
dataCf <- merge(dataC, ad8, by = "PARTID", all = FALSE)
```

standardize necessary variables

```
# standardize
dataCf$age_z <- as.numeric(scale(dataCf$age, center = TRUE, scale = TRUE))
dataCf$purpose_z <- as.numeric(scale(dataCf$purpose, center = TRUE, scale = TRUE))
dataCf$depression_z <- as.numeric(scale(dataCf$depression, center = TRUE, scale = TRUE))
dataCf$loneliness_z <- as.numeric(scale(dataCf$loneliness, center = TRUE, scale = TRUE))
```

Descriptive Statistics

Cronbach's α

```
# sense of purpose
psych::alpha(let[,c("LE_1", "LE_2", "LE_3", "LE_4", "LE_5", "LE_6"))

##
## Reliability analysis
## Call: psych::alpha(x = let[, c("LE_1", "LE_2", "LE_3", "LE_4", "LE_5",
##   "LE_6")])
##
##   raw_alpha std.alpha G6(smc) average_r S/N   ase mean   sd median_r
##     0.86     0.87    0.85     0.52 6.5 0.0076 4.2 0.68    0.51
##
## lower alpha upper      95% confidence boundaries
## 0.85 0.86 0.88
##
## Reliability if an item is dropped:
##   raw_alpha std.alpha G6(smc) average_r S/N alpha se  var.r med.r
## LE_1     0.85     0.85    0.82     0.53 5.6  0.0085 0.0060 0.53
## LE_2     0.84     0.85    0.83     0.53 5.6  0.0088 0.0057 0.51
## LE_3     0.82     0.83    0.80     0.49 4.8  0.0100 0.0033 0.49
## LE_4     0.83     0.83    0.81     0.50 4.9  0.0096 0.0052 0.47
## LE_5     0.83     0.84    0.81     0.51 5.2  0.0092 0.0050 0.51
## LE_6     0.85     0.86    0.84     0.55 6.1  0.0083 0.0037 0.55
##
## Item statistics
##   n raw.r std.r r.cor r.drop mean  sd
## LE_1 774 0.78 0.75 0.68 0.63 3.9 1.10
## LE_2 774 0.75 0.75 0.68 0.63 4.0 0.87
## LE_3 775 0.83 0.83 0.80 0.74 4.1 0.89
## LE_4 775 0.81 0.82 0.78 0.72 4.2 0.77
## LE_5 775 0.78 0.79 0.74 0.68 4.3 0.83
## LE_6 775 0.69 0.70 0.61 0.56 4.5 0.77
##
## Non missing response frequency for each item
##   1 2 3 4 5 miss
## LE_1 0.03 0.11 0.17 0.35 0.34 0
## LE_2 0.01 0.05 0.16 0.50 0.28 0
## LE_3 0.01 0.05 0.13 0.44 0.37 0
## LE_4 0.01 0.02 0.14 0.48 0.36 0
## LE_5 0.01 0.04 0.08 0.41 0.47 0
## LE_6 0.01 0.02 0.06 0.26 0.65 0

# loneliness
psych::alpha(ucla[,c("UCLA_1", "UCLA_2", "UCLA_3", "UCLA_4", "UCLA_5",
                    "UCLA_6", "UCLA_7", "UCLA_8", "UCLA_9", "UCLA_10",
                    "UCLA_11", "UCLA_12", "UCLA_13", "UCLA_14", "UCLA_15",
                    "UCLA_16", "UCLA_17", "UCLA_18", "UCLA_19", "UCLA_20")])

##
## Reliability analysis
## Call: psych::alpha(x = ucla[, c("UCLA_1", "UCLA_2", "UCLA_3", "UCLA_4",
##   "UCLA_5", "UCLA_6", "UCLA_7", "UCLA_8", "UCLA_9", "UCLA_10",
```

```

##      "UCLA_11", "UCLA_12", "UCLA_13", "UCLA_14", "UCLA_15", "UCLA_16",
##      "UCLA_17", "UCLA_18", "UCLA_19", "UCLA_20"]])
##
##      raw_alpha std.alpha G6(smc) average_r S/N      ase mean  sd median_r
##      0.94      0.94      0.95      0.43 15 0.0033 1.8 0.51      0.45
##
##      lower alpha upper      95% confidence boundaries
## 0.93 0.94 0.94
##
##      Reliability if an item is dropped:
##      raw_alpha std.alpha G6(smc) average_r S/N alpha se  var.r med.r
## UCLA_1      0.93      0.94      0.95      0.44 15 0.0034 0.0126 0.45
## UCLA_2      0.93      0.94      0.95      0.44 15 0.0034 0.0119 0.46
## UCLA_3      0.93      0.93      0.94      0.43 14 0.0035 0.0117 0.44
## UCLA_4      0.93      0.94      0.94      0.43 15 0.0035 0.0119 0.45
## UCLA_5      0.93      0.93      0.94      0.43 14 0.0035 0.0123 0.45
## UCLA_6      0.93      0.93      0.94      0.43 14 0.0035 0.0123 0.44
## UCLA_7      0.93      0.93      0.94      0.43 14 0.0035 0.0120 0.44
## UCLA_8      0.93      0.94      0.95      0.44 15 0.0034 0.0123 0.45
## UCLA_9      0.93      0.94      0.95      0.44 15 0.0034 0.0120 0.46
## UCLA_10     0.93      0.93      0.94      0.43 14 0.0035 0.0122 0.44
## UCLA_11     0.93      0.93      0.94      0.43 14 0.0035 0.0128 0.45
## UCLA_12     0.93      0.94      0.95      0.43 15 0.0034 0.0126 0.45
## UCLA_13     0.93      0.93      0.94      0.43 14 0.0035 0.0124 0.44
## UCLA_14     0.93      0.93      0.94      0.43 14 0.0035 0.0124 0.44
## UCLA_15     0.93      0.94      0.95      0.44 15 0.0034 0.0122 0.45
## UCLA_16     0.93      0.93      0.94      0.43 14 0.0035 0.0121 0.45
## UCLA_17     0.94      0.94      0.95      0.46 16 0.0031 0.0069 0.46
## UCLA_18     0.93      0.94      0.95      0.43 15 0.0034 0.0128 0.45
## UCLA_19     0.93      0.93      0.94      0.43 14 0.0035 0.0116 0.45
## UCLA_20     0.93      0.93      0.94      0.43 14 0.0035 0.0113 0.45
##
##      Item statistics
##      n raw.r std.r r.cor r.drop mean  sd
## UCLA_1 774 0.63 0.65 0.62 0.60 1.6 0.58
## UCLA_2 774 0.64 0.63 0.60 0.59 2.1 0.91
## UCLA_3 774 0.76 0.75 0.74 0.72 1.6 0.82
## UCLA_4 772 0.69 0.67 0.66 0.64 1.9 0.83
## UCLA_5 774 0.72 0.72 0.71 0.68 1.7 0.78
## UCLA_6 774 0.72 0.74 0.72 0.69 1.7 0.63
## UCLA_7 774 0.76 0.75 0.74 0.72 1.6 0.82
## UCLA_8 774 0.64 0.64 0.61 0.59 2.1 0.82
## UCLA_9 774 0.57 0.59 0.56 0.53 1.6 0.62
## UCLA_10 774 0.74 0.75 0.74 0.71 1.6 0.62
## UCLA_11 774 0.73 0.73 0.71 0.69 2.0 0.78
## UCLA_12 774 0.68 0.67 0.65 0.63 1.7 0.80
## UCLA_13 774 0.72 0.72 0.70 0.68 1.9 0.84
## UCLA_14 774 0.74 0.73 0.72 0.70 1.9 0.86
## UCLA_15 774 0.64 0.64 0.61 0.59 1.6 0.78
## UCLA_16 773 0.71 0.72 0.70 0.67 1.7 0.70
## UCLA_17 774 0.38 0.37 0.32 0.30 2.2 0.84
## UCLA_18 773 0.66 0.66 0.64 0.62 2.1 0.79
## UCLA_19 774 0.71 0.72 0.72 0.68 1.4 0.65
## UCLA_20 774 0.72 0.74 0.73 0.69 1.4 0.64

```

```

##
## Non missing response frequency for each item
##      1      2      3      4 miss
## UCLA_1  0.44 0.52 0.03 0.01  0
## UCLA_2  0.33 0.32 0.31 0.05  0
## UCLA_3  0.60 0.23 0.16 0.02  0
## UCLA_4  0.36 0.39 0.22 0.03  0
## UCLA_5  0.49 0.37 0.11 0.03  0
## UCLA_6  0.38 0.55 0.06 0.01  0
## UCLA_7  0.61 0.22 0.15 0.02  0
## UCLA_8  0.28 0.39 0.32 0.02  0
## UCLA_9  0.49 0.46 0.05 0.01  0
## UCLA_10 0.43 0.51 0.05 0.01  0
## UCLA_11 0.26 0.48 0.24 0.03  0
## UCLA_12 0.46 0.36 0.16 0.02  0
## UCLA_13 0.36 0.38 0.23 0.03  0
## UCLA_14 0.39 0.34 0.24 0.03  0
## UCLA_15 0.56 0.32 0.08 0.04  0
## UCLA_16 0.44 0.46 0.07 0.02  0
## UCLA_17 0.24 0.35 0.38 0.03  0
## UCLA_18 0.24 0.43 0.31 0.02  0
## UCLA_19 0.69 0.25 0.05 0.01  0
## UCLA_20 0.71 0.23 0.05 0.01  0

```

```

# depressive symptoms
psych::alpha(dataCf[,c("BDI_1", "BDI_2", "BDI_3", "BDI_4", "BDI_5",
                       "BDI_6", "BDI_7", "BDI_8", "BDI_9", "BDI_10",
                       "BDI_11", "BDI_12", "BDI_13", "BDI_14", "BDI_15",
                       "BDI_16", "BDI_17", "BDI_18", "BDI_19", "BDI_20",
                       "BDI_21")])

```

```

##
## Reliability analysis
## Call: psych::alpha(x = dataCf[, c("BDI_1", "BDI_2", "BDI_3", "BDI_4",
##   "BDI_5", "BDI_6", "BDI_7", "BDI_8", "BDI_9", "BDI_10", "BDI_11",
##   "BDI_12", "BDI_13", "BDI_14", "BDI_15", "BDI_16", "BDI_17",
##   "BDI_18", "BDI_19", "BDI_20", "BDI_21")])
##

```

```

##   raw_alpha std.alpha G6(smc) average_r S/N   ase mean   sd median_r
##   0.89      0.91      0.92      0.33  10 0.0063 0.25 0.28   0.32
##

```

```

## lower alpha upper      95% confidence boundaries
## 0.88 0.89 0.9
##

```

```

## Reliability if an item is dropped:
##      raw_alpha std.alpha G6(smc) average_r S/N alpha se var.r med.r
## BDI_1      0.89      0.90      0.92      0.32  9.4  0.0067 0.013 0.31
## BDI_2      0.89      0.90      0.92      0.32  9.4  0.0067 0.013 0.31
## BDI_3      0.89      0.91      0.92      0.32  9.5  0.0066 0.013 0.32
## BDI_4      0.88      0.90      0.92      0.32  9.3  0.0069 0.013 0.31
## BDI_5      0.89      0.91      0.92      0.33  9.7  0.0066 0.013 0.32
## BDI_6      0.89      0.91      0.92      0.33 10.1  0.0064 0.013 0.33
## BDI_7      0.88      0.90      0.91      0.32  9.2  0.0068 0.012 0.31
## BDI_8      0.89      0.91      0.92      0.32  9.5  0.0066 0.013 0.32
## BDI_9      0.89      0.91      0.92      0.33  9.9  0.0065 0.013 0.33

```

```

## BDI_10      0.89      0.91      0.92      0.32  9.6   0.0066 0.014  0.31
## BDI_11      0.89      0.91      0.92      0.33  9.8   0.0065 0.013  0.32
## BDI_12      0.88      0.90      0.91      0.32  9.3   0.0068 0.013  0.31
## BDI_13      0.89      0.91      0.92      0.33  9.6   0.0066 0.014  0.31
## BDI_14      0.88      0.90      0.91      0.32  9.2   0.0068 0.012  0.31
## BDI_15      0.89      0.91      0.92      0.33  9.7   0.0067 0.014  0.33
## BDI_16      0.89      0.91      0.92      0.33  9.9   0.0064 0.014  0.34
## BDI_17      0.89      0.90      0.92      0.32  9.4   0.0067 0.013  0.31
## BDI_18      0.89      0.91      0.92      0.33 10.0   0.0064 0.013  0.34
## BDI_19      0.89      0.91      0.92      0.33  9.7   0.0067 0.014  0.32
## BDI_20      0.88      0.90      0.92      0.32  9.5   0.0068 0.014  0.31
## BDI_21      0.90      0.91      0.92      0.34 10.4   0.0056 0.011  0.34

```

```
##
```

```
## Item statistics
```

```

##          n raw.r std.r r.cor r.drop mean  sd
## BDI_1  595  0.66  0.68  0.67  0.63 0.121 0.34
## BDI_2  595  0.65  0.66  0.64  0.60 0.229 0.47
## BDI_3  595  0.60  0.63  0.61  0.54 0.193 0.50
## BDI_4  595  0.70  0.70  0.69  0.66 0.281 0.52
## BDI_5  595  0.54  0.57  0.54  0.49 0.151 0.39
## BDI_6  595  0.43  0.45  0.41  0.38 0.066 0.35
## BDI_7  595  0.70  0.73  0.74  0.66 0.124 0.44
## BDI_8  595  0.61  0.63  0.61  0.56 0.136 0.43
## BDI_9  595  0.46  0.51  0.47  0.43 0.054 0.23
## BDI_10 595  0.60  0.62  0.59  0.54 0.139 0.49
## BDI_11 595  0.51  0.54  0.50  0.46 0.126 0.36
## BDI_12 595  0.71  0.70  0.70  0.66 0.198 0.47
## BDI_13 595  0.58  0.59  0.57  0.53 0.106 0.37
## BDI_14 595  0.70  0.74  0.74  0.66 0.106 0.39
## BDI_15 595  0.60  0.58  0.55  0.54 0.689 0.55
## BDI_16 595  0.54  0.49  0.45  0.44 0.565 0.74
## BDI_17 595  0.67  0.69  0.67  0.63 0.134 0.39
## BDI_18 595  0.50  0.48  0.44  0.42 0.324 0.59
## BDI_19 595  0.60  0.59  0.56  0.54 0.291 0.50
## BDI_20 595  0.67  0.64  0.62  0.61 0.466 0.60
## BDI_21 595  0.42  0.34  0.29  0.29 0.697 0.90

```

```
##
```

```
## Non missing response frequency for each item
```

```

##          0    1    2    3 miss
## BDI_1  0.88 0.11 0.01 0.00    0
## BDI_2  0.79 0.20 0.01 0.01    0
## BDI_3  0.85 0.10 0.04 0.00    0
## BDI_4  0.75 0.23 0.02 0.01    0
## BDI_5  0.86 0.13 0.00 0.00    0
## BDI_6  0.95 0.04 0.00 0.01    0
## BDI_7  0.91 0.05 0.03 0.00    0
## BDI_8  0.89 0.09 0.01 0.01    0
## BDI_9  0.95 0.05 0.00 0.00    0
## BDI_10 0.90 0.08 0.00 0.02    0
## BDI_11 0.88 0.11 0.01 0.00    0
## BDI_12 0.83 0.16 0.01 0.01    0
## BDI_13 0.91 0.07 0.02 0.00    0
## BDI_14 0.92 0.06 0.02 0.00    0
## BDI_15 0.35 0.61 0.03 0.00    0

```

##	BDI_16	0.55	0.36	0.05	0.03	0
##	BDI_17	0.88	0.11	0.01	0.00	0
##	BDI_18	0.73	0.22	0.04	0.01	0
##	BDI_19	0.73	0.26	0.01	0.00	0
##	BDI_20	0.58	0.39	0.02	0.01	0
##	BDI_21	0.54	0.30	0.10	0.07	0

Demographics

```
Hmisc::describe(dataCf[,c("age", "raceDc", "PRACE", "genderDc", "PGENDER",  
"purpose", "loneliness", "depression",  
"decline", "dementia")])
```

```
## Warning in all.is.numeric(names(weights), "vector"): NAs introduced by coercion
```

```
## dataCf[, c("age", "raceDc", "PRACE", "genderDc", "PGENDER", "purpose", "loneliness", "depression", "
```

```
##
```

```
## 10 Variables      595 Observations
```

```
## -----
```

```
## age
```

```
##      n missing distinct      Info      Mean      Gmd      .05      .10
```

```
##    595      0      14    0.991    71.43    3.516      67      67
```

```
##     .25     .50     .75     .90     .95
```

```
##     69     71     74     76     76
```

```
##
```

```
## lowest : 65 66 67 68 69, highest: 74 75 76 77 78
```

```
##
```

```
## Value      65     66     67     68     69     70     71     72     73     74     75
```

```
## Frequency    2    23    36    58    73    57    59    54    57    68    38
```

```
## Proportion 0.003 0.039 0.061 0.097 0.123 0.096 0.099 0.091 0.096 0.114 0.064
```

```
##
```

```
## Value      76     77     78
```

```
## Frequency   46    18     6
```

```
## Proportion 0.077 0.030 0.010
```

```
## -----
```

```
## raceDc
```

```
##      n missing distinct      Info      Sum      Mean      Gmd
```

```
##    584      11      2    0.455     109    0.1866    0.3041
```

```
##
```

```
## -----
```

```
## PRACE
```

```
##      n missing distinct
```

```
##    595      0      7
```

```
##
```

```
## lowest : . 1 2 3 5, highest: 2 3 5 7 8
```

```
##
```

```
## Value      NA     1     2     3     5     7     8
```

```
## Frequency    2   475   109     1     2     2     4
```

```
## Proportion 0.003 0.798 0.183 0.002 0.003 0.003 0.007
```

```
## -----
```

```
## genderDc
```

```
##      n missing distinct      Info      Sum      Mean      Gmd
```

```
##    595      0      2    0.739     333    0.5597    0.4937
```

```
##
```

```
## -----
```

```
## PGENDER
```

```
##      n missing distinct
```

```
##    595      0      2
```

```
##
```

```
## Value      1     2
```

```
## Frequency  262  333
```

```
## Proportion 0.44 0.56
```

```

## -----
## purpose
##      n missing distinct      Info      Mean      Gmd      .05      .10
##    595      0      20    0.989    4.212    0.7115    3.000    3.400
##      .25      .50      .75      .90      .95
##    3.833    4.167    4.833    5.000    5.000
##
## lowest : 1.500000 2.000000 2.166667 2.333333 2.500000
## highest: 4.333333 4.500000 4.666667 4.833333 5.000000
##
## 1.5 (1, 0.002), 2 (2, 0.003), 2.16666666666667 (3, 0.005), 2.33333333333333 (5,
## 0.008), 2.5 (6, 0.010), 2.66666666666667 (5, 0.008), 2.83333333333333 (5,
## 0.008), 3 (10, 0.017), 3.16666666666667 (9, 0.015), 3.33333333333333 (14,
## 0.024), 3.5 (26, 0.044), 3.66666666666667 (27, 0.045), 3.83333333333333 (51,
## 0.086), 4 (69, 0.116), 4.16666666666667 (68, 0.114), 4.33333333333333 (57,
## 0.096), 4.5 (41, 0.069), 4.66666666666667 (36, 0.061), 4.83333333333333 (57,
## 0.096), 5 (103, 0.173)
## -----
## loneliness
##      n missing distinct      Info      Mean      Gmd      .05      .10
##    595      0      48    0.999    1.705    0.5345    1.10    1.15
##      .25      .50      .75      .90      .95
##    1.35    1.65    1.95    2.40    2.65
##
## lowest : 1.00 1.05 1.10 1.15 1.20, highest: 3.20 3.40 3.60 3.65 3.75
## -----
## depression
##      n missing distinct      Info      Mean      Gmd      .05      .10
##    595      0      32    0.99    5.197    5.567      0      0
##      .25      .50      .75      .90      .95
##      1      4      7      12      17
##
## lowest : 0 1 2 3 4, highest: 30 33 34 44 50
## -----
## decline
##      n missing distinct      Info      Mean      Gmd
##    595      0      9    0.709    0.684    1.066
##
## lowest : 0 1 2 3 4, highest: 4 5 6 7 8
##
## Value      0      1      2      3      4      5      6      7      8
## Frequency  391   111   45   20   10    8    5    4    1
## Proportion 0.657 0.187 0.076 0.034 0.017 0.013 0.008 0.007 0.002
## -----
## dementia
##      n missing distinct      Info      Sum      Mean      Gmd
##    595      0      2    0.396      93    0.1563    0.2642
## -----

```

```

library(gmodels)
CrossTable( dataCf$raceDc, dataCf$dementia)

```

```

##
##

```

```

##      Cell Contents
## |-----|
## |                N |
## | Chi-square contribution |
## |      N / Row Total |
## |      N / Col Total |
## |      N / Table Total |
## |-----|
##
##
## Total Observations in Table:  584
##
##
##           | dataCf$dementia
## dataCf$raceDc |      0 |      1 | Row Total |
## -----|-----|-----|-----|
##           0 |     401 |     74 |     475 |
##           |     0.000 |     0.000 |     |
##           |     0.844 |     0.156 |     0.813 |
##           |     0.813 |     0.813 |     |
##           |     0.687 |     0.127 |     |
## -----|-----|-----|-----|
##           1 |     92 |     17 |     109 |
##           |     0.000 |     0.000 |     |
##           |     0.844 |     0.156 |     0.187 |
##           |     0.187 |     0.187 |     |
##           |     0.158 |     0.029 |     |
## -----|-----|-----|-----|
## Column Total |     493 |     91 |     584 |
##           |     0.844 |     0.156 |     |
## -----|-----|-----|-----|
##
##

```

Race Differences

```

# mean differences in groups
t.test(purpose ~ raceDc, data = dataCf)

##
## Welch Two Sample t-test
##
## data:  purpose by raceDc
## t = -2.8165, df = 177.01, p-value = 0.005406
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
##  -0.30633930 -0.05391823
## sample estimates:
## mean in group 0 mean in group 1
##      4.176140      4.356269

t.test(depression ~ raceDc, data = dataCf)

##
## Welch Two Sample t-test

```

```
##
## data: depression by raceDc
## t = -0.67189, df = 144.18, p-value = 0.5027
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
## -1.860992  0.916752
## sample estimates:
## mean in group 0 mean in group 1
##      5.124211      5.596330
```

```
t.test(loneliness ~ raceDc, data = dataCf)
```

```
##
## Welch Two Sample t-test
##
## data: loneliness by raceDc
## t = 0.041501, df = 148.9, p-value = 0.967
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
## -0.1085737  0.1132321
## sample estimates:
## mean in group 0 mean in group 1
##      1.707834      1.705505
```

```
t.test(decline ~ raceDc, data = dataCf)
```

```
##
## Welch Two Sample t-test
##
## data: decline by raceDc
## t = -0.74192, df = 139.62, p-value = 0.4594
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
## -0.4352512  0.1977234
## sample estimates:
## mean in group 0 mean in group 1
##      0.6610526      0.7798165
```

```
# summary stats
dataCf %>%
  group_by(raceDc) %>%
  summarise_at(vars(purpose, depression,
                    loneliness, decline),
               list(name = mean))
```

```
## # A tibble: 3 x 5
##   raceDc purpose_name depression_name loneliness_name decline_name
##   <dbl>      <dbl>          <dbl>          <dbl>          <dbl>
## 1     0         4.18            5.12            1.71            0.661
## 2     1         4.36            5.60            1.71            0.780
## 3    NA         4.33            4.36            1.59            0.727
```

```
dataCf %>%
  group_by(raceDc) %>%
  summarise_at(vars(purpose, depression,
                    loneliness, decline),
               list(name = sd))
```

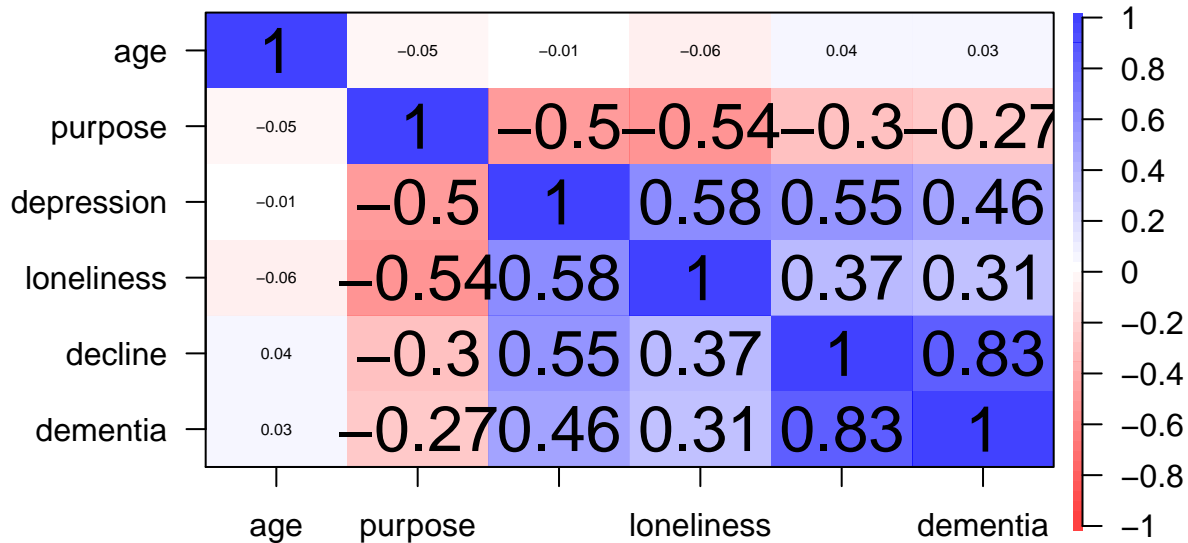


```
## purps-lnlns      -0.61      -0.61      -0.54      -0.46      -0.48 0.00
## purps-decln     -0.38      -0.39      -0.30      -0.21      -0.20 0.00
## purps-demnt     -0.37      -0.36      -0.27      -0.18      -0.18 0.00
## dprss-lnlns     0.51       0.50       0.58       0.65       0.65 0.00
## dprss-decln     0.46       0.45       0.55       0.64       0.63 0.00
## dprss-demnt     0.38       0.39       0.46       0.54       0.53 0.00
## lnlns-decln     0.26       0.26       0.37       0.46       0.45 0.00
## lnlns-demnt     0.20       0.21       0.31       0.41       0.42 0.00
## decln-demnt     0.81       0.81       0.83       0.85       0.85 0.00
```

```
cor$ci$p
```

```
## [1] 0.2477374626545241209641 0.6864974683795088683524 0.1441234648695293163456
## [4] 0.3422836957427735082859 0.5764681402453248892925 0.0000000000000000000000
## [7] 0.0000000000000000000000 0.000000008978784382663 0.0000000925825858200113
## [10] 0.0000000000000000000000 0.00000000000002220446 0.0000000000000000000000
## [13] 0.0000000003915472390759 0.0000000168997051908093 0.0000000000000000000000
```

```
round(cor.ci(dataCf[,c("age", "purpose", "depression", "loneliness",
"decline", "dementia")])$ci, digits = 4)
```



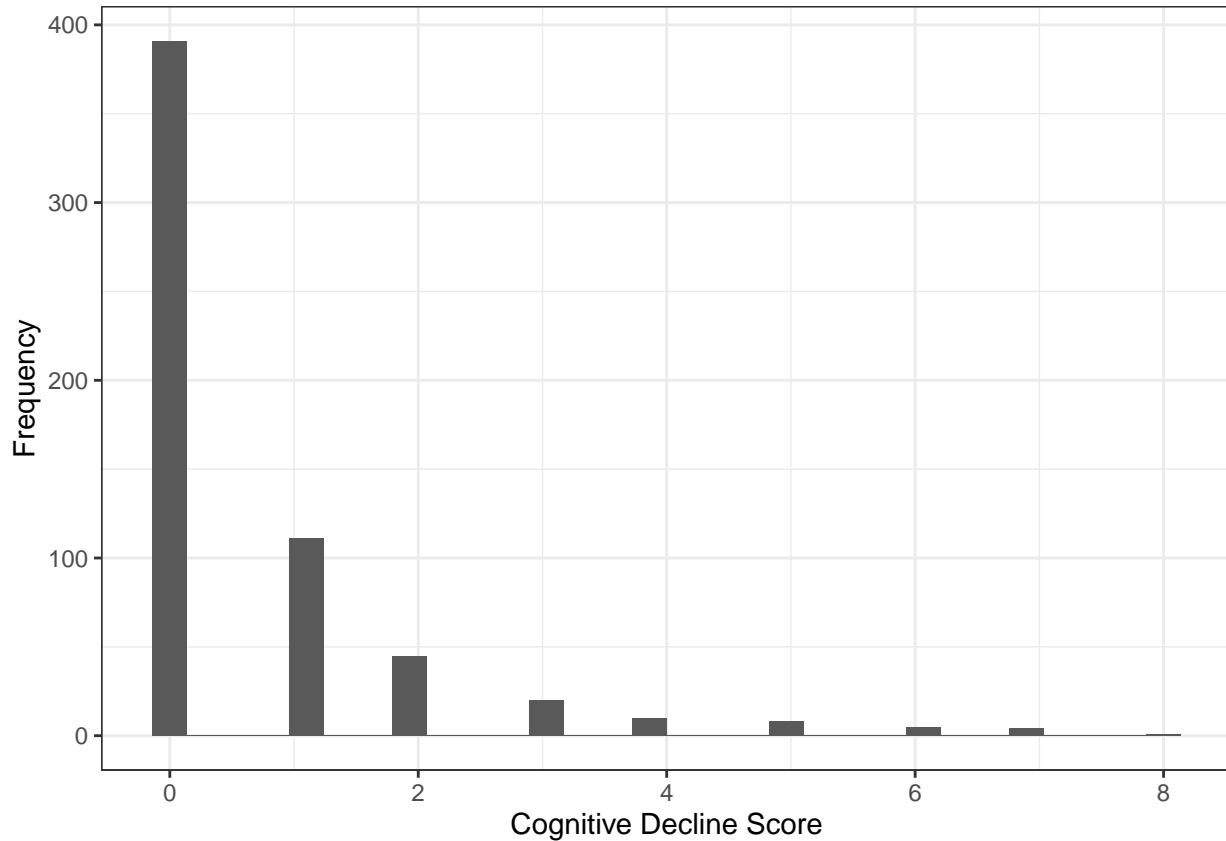
```
##          lower  low.e  upper  up.e    p
## age-purps -0.1216 -0.1189 0.0310 0.0201 0.2437
## age-dprss -0.1005 -0.1079 0.0666 0.0657 0.6894
## age-lnlns -0.1361 -0.1356 0.0154 0.0079 0.1184
## age-decln -0.0394 -0.0436 0.1146 0.1067 0.3369
## age-demnt -0.0602 -0.0569 0.1168 0.1144 0.5288
## purps-dprss -0.5674 -0.5638 -0.4396 -0.4415 0.0000
## purps-lnlns -0.6132 -0.6050 -0.4717 -0.4805 0.0000
## purps-decln -0.3871 -0.3854 -0.2031 -0.1997 0.0000
## purps-demnt -0.3546 -0.3508 -0.1795 -0.1728 0.0000
## dprss-lnlns 0.5005 0.5025 0.6504 0.6577 0.0000
## dprss-decln 0.4442 0.4427 0.6251 0.6211 0.0000
## dprss-demnt 0.3919 0.3825 0.5218 0.5123 0.0000
## lnlns-decln 0.2767 0.2910 0.4468 0.4353 0.0000
## lnlns-demnt 0.2313 0.2262 0.3872 0.3946 0.0000
## decln-demnt 0.8081 0.8060 0.8530 0.8516 0.0000
```

Distributions

cognitive decline

```
ggplot(dataCf, aes(x = decline)) +  
  geom_histogram() +  
  theme_bw() +  
  labs(x = "Cognitive Decline Score",  
       y = "Frequency")
```

`stat_bin()` using `bins = 30`. Pick better value with `binwidth`.

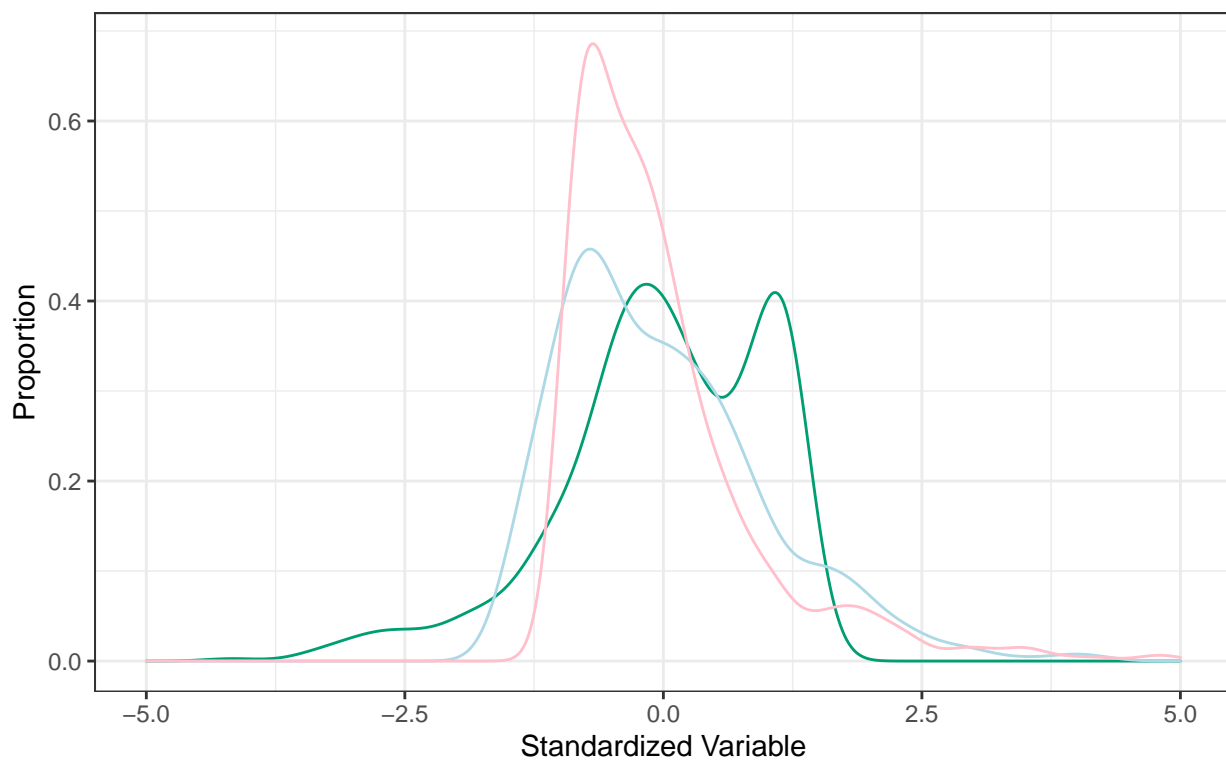


standardized psychological variables

```
ggplot(dataCf) +  
  geom_density(mapping = aes(x = purpose_z, color = "#009E73")) +  
  geom_density(mapping = aes(x = loneliness_z, color = "lightblue")) +  
  geom_density(mapping = aes(x = depression_z, color = "pink")) +  
  theme_bw() +  
  xlim(-5,5) +  
  labs(x = "Standardized Variable",  
       y = "Proportion",  
       title = "Distribution of Purpose (green), Loneliness (light blue),\nand Depression (pink)")
```

Warning: Removed 2 rows containing non-finite values (stat_density).

Distribution of Purpose (green), Loneliness (light blue),
and Depression (pink)



Hypothesis Testing

Only depression is a unique predictor of cognitive decline both continuously and dichotomously when standardized purpose, loneliness, and depression are entered simultaneously alongside age.

```
mod1cdA <- lm(decline ~ age_z + genderDc + purpose_z + loneliness_z + depression_z,  
             data = dataCf)  
summary(mod1cdA)
```

```
##  
## Call:  
## lm(formula = decline ~ age_z + genderDc + purpose_z + loneliness_z +  
##     depression_z, data = dataCf)  
##  
## Residuals:  
##      Min       1Q   Median       3Q      Max   
## -2.6247 -0.5368 -0.1843  0.2063  7.1727   
##  
## Coefficients:  
##              Estimate Std. Error t value      Pr(>|t|)      
## (Intercept)  0.775262   0.066941  11.581 <0.0000000000000002 ***  
## age_z        0.061144   0.044630   1.370     0.1712        
## genderDc     -0.163005   0.089673  -1.818     0.0696 .      
## purpose_z    -0.005646   0.055163  -0.102     0.9185        
## loneliness_z 0.087766    0.058826   1.492     0.1362        
## depression_z 0.655391    0.056942  11.510 <0.0000000000000002 ***  
## ---  
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1  
##  
## Residual standard error: 1.081 on 589 degrees of freedom  
## Multiple R-squared:  0.3072, Adjusted R-squared:  0.3013  
## F-statistic: 52.23 on 5 and 589 DF,  p-value: < 0.00000000000000022
```

```
mod1cd <- lm(decline ~ age + genderDc + purpose_z + loneliness_z + depression_z,  
            data = dataCf)  
summary(mod1cd)
```

```
##  
## Call:  
## lm(formula = decline ~ age + genderDc + purpose_z + loneliness_z +  
##     depression_z, data = dataCf)  
##  
## Residuals:  
##      Min       1Q   Median       3Q      Max   
## -2.6247 -0.5368 -0.1843  0.2063  7.1727   
##  
## Coefficients:  
##              Estimate Std. Error t value      Pr(>|t|)      
## (Intercept) -0.650004    1.042881  -0.623     0.5333        
## age          0.019953    0.014564   1.370     0.1712        
## genderDc     -0.163005    0.089673  -1.818     0.0696 .      
## purpose_z    -0.005646    0.055163  -0.102     0.9185        
## loneliness_z 0.087766    0.058826   1.492     0.1362        
## depression_z 0.655391    0.056942  11.510 <0.0000000000000002 ***  
## ---  
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
##
## Residual standard error: 1.081 on 589 degrees of freedom
## Multiple R-squared: 0.3072, Adjusted R-squared: 0.3013
## F-statistic: 52.23 on 5 and 589 DF, p-value: < 0.00000000000000022
modldem <- glm(dementia ~ age + genderDc + purpose_z + loneliness_z + depression_z,
              data = dataCf)
summary(modldem)
```

```
##
## Call:
## glm(formula = dementia ~ age + genderDc + purpose_z + loneliness_z +
##      depression_z, data = dataCf)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -0.71718 -0.15404 -0.07727 -0.00423  0.94536
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept) -0.147089   0.311268  -0.473      0.637
## age          0.004282   0.004347   0.985      0.325
## genderDc     -0.004409   0.026765  -0.165      0.869
## purpose_z    -0.010867   0.016464  -0.660      0.509
## loneliness_z 0.019542   0.017558   1.113      0.266
## depression_z 0.151745   0.016996   8.929 <0.0000000000000002 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.104013)
##
## Null deviance: 78.464 on 594 degrees of freedom
## Residual deviance: 61.264 on 589 degrees of freedom
## AIC: 349.88
##
## Number of Fisher Scoring iterations: 2
```

```
modldemA <- glm(dementia ~ age_z + genderDc + purpose_z + loneliness_z + depression_z,
               data = dataCf)
summary(modldemA)
```

```
##
## Call:
## glm(formula = dementia ~ age_z + genderDc + purpose_z + loneliness_z +
##      depression_z, data = dataCf)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -0.71718 -0.15404 -0.07727 -0.00423  0.94536
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)  0.158770   0.019980   7.947 0.0000000000000098 ***
## age_z        0.013121   0.013321   0.985      0.325
## genderDc     -0.004409   0.026765  -0.165      0.869
```

```
## purpose_z    -0.010867    0.016464   -0.660                0.509
## loneliness_z  0.019542    0.017558    1.113                0.266
## depression_z  0.151745    0.016996    8.929 < 0.0000000000000002 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.104013)
##
##      Null deviance: 78.464  on 594  degrees of freedom
## Residual deviance: 61.264  on 589  degrees of freedom
## AIC: 349.88
##
## Number of Fisher Scoring iterations: 2
```

Purpose X Loneliness

Results

Higher sense of purpose and lower loneliness are associated with less cognitive decline when treating cognitive decline both continuously and dichotomously when accounting for age. Furthermore, there is an interaction between loneliness and purpose, wherein the association between loneliness and cognitive decline gets weaker as purpose levels get higher. In other words, sense of purpose could be a buffer against the effects of loneliness on cognitive decline.

```
# for graphing
mod2cd <- lm(decline ~ age + genderDc + purpose + loneliness + purpose * loneliness,
            data = dataCf)
summary(mod2cd)

##
## Call:
## lm(formula = decline ~ age + genderDc + purpose + loneliness +
##     purpose * loneliness, data = dataCf)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.2032 -0.5674 -0.3246  0.3702  7.0913
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   -4.29753    1.66112  -2.587  0.009917 **
## age             0.02077    0.01597   1.300  0.193971
## genderDc       -0.05990    0.09802  -0.611  0.541407
## purpose         0.54196    0.26257   2.064  0.039447 *
## loneliness     2.48823    0.53128   4.683 0.00000351 ***
## purpose:loneliness -0.42711    0.12905  -3.310  0.000991 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.185 on 589 degrees of freedom
## Multiple R-squared:  0.1668, Adjusted R-squared:  0.1598
## F-statistic: 23.59 on 5 and 589 DF, p-value: < 0.00000000000000022

mod2dem <- glm(dementia ~ age + genderDc + purpose_z + loneliness_z + purpose_z * loneliness_z,
              data = dataCf)
summary(mod2dem)

##
## Call:
## glm(formula = dementia ~ age + genderDc + purpose_z + loneliness_z +
##     purpose_z * loneliness_z, data = dataCf)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -0.78984 -0.15335 -0.09322 -0.05363  0.95329
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   -0.195174    0.328991  -0.593  0.55324
## age             0.004482    0.004593   0.976  0.32960
```

```

## genderDc          0.019990   0.028190   0.709   0.47855
## purpose_z        -0.035139   0.017470  -2.011   0.04474 *
## loneliness_z      0.075203   0.017153   4.384  0.0000138 ***
## purpose_z:loneliness_z -0.037151   0.011760  -3.159   0.00166 **
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.1161233)
##
## Null deviance: 78.464 on 594 degrees of freedom
## Residual deviance: 68.397 on 589 degrees of freedom
## AIC: 415.41
##
## Number of Fisher Scoring iterations: 2
# standardized age for tables
mod2cdA <- lm(decline ~ age_z + genderDc + purpose + loneliness + purpose * loneliness,
             data = dataCf)
summary(mod2cdA)

##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose + loneliness +
##     purpose * loneliness, data = dataCf)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -3.2032 -0.5674 -0.3246  0.3702  7.0913
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   -2.81398    1.14645  -2.455  0.014396 *
## age_z          0.06364    0.04894   1.300  0.193971
## genderDc      -0.05990    0.09802  -0.611  0.541407
## purpose        0.54196    0.26257   2.064  0.039447 *
## loneliness     2.48823    0.53128   4.683  0.00000351 ***
## purpose:loneliness -0.42711    0.12905  -3.310  0.000991 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.185 on 589 degrees of freedom
## Multiple R-squared:  0.1668, Adjusted R-squared:  0.1598
## F-statistic: 23.59 on 5 and 589 DF, p-value: < 0.000000000000000022
confint(mod2cdA)

##              2.5 %      97.5 %
## (Intercept)  -5.06561660 -0.5623434
## age_z        -0.03247768  0.1597662
## genderDc     -0.25241705  0.1326229
## purpose       0.02627964  1.0576360
## loneliness    1.44479530  3.5316600
## purpose:loneliness -0.68055115 -0.1736608
mod2demA <- glm(dementia ~ age_z + genderDc + purpose_z + loneliness_z + purpose_z * loneliness_z,
              data = dataCf)

```

```
summary(mod2demA)
```

```
##
## Call:
## glm(formula = dementia ~ age_z + genderDc + purpose_z + loneliness_z +
##     purpose_z * loneliness_z, data = dataCf)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -0.78984 -0.15335 -0.09322 -0.05363  0.95329
##
## Coefficients:
##              Estimate Std. Error t value    Pr(>|t|)
## (Intercept)      0.12495   0.02219   5.631 0.0000000278 ***
## age_z            0.01373   0.01407   0.976   0.32960
## genderDc         0.01999   0.02819   0.709   0.47855
## purpose_z       -0.03514   0.01747  -2.011   0.04474 *
## loneliness_z     0.07520   0.01715   4.384 0.0000137914 ***
## purpose_z:loneliness_z -0.03715   0.01176  -3.159   0.00166 **
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.1161233)
##
## Null deviance: 78.464  on 594  degrees of freedom
## Residual deviance: 68.397  on 589  degrees of freedom
## AIC: 415.41
##
## Number of Fisher Scoring iterations: 2
```

```
confint(mod2demA)
```

```
## Waiting for profiling to be done...
##              2.5 %      97.5 %
## (Intercept)      0.08145663  0.1684424319
## age_z           -0.01385300  0.0413196580
## genderDc        -0.03526234  0.0752414567
## purpose_z       -0.06937979 -0.0008978967
## loneliness_z     0.04158280  0.1088226524
## purpose_z:loneliness_z -0.06020002 -0.0141014549
```

```
# odds ratio effects
```

```
exp(coef(mod2demA))
```

```
##              (Intercept)              age_z              genderDc
##              1.1330913              1.0138281              1.0201907
##              purpose_z              loneliness_z purpose_z:loneliness_z
##              0.9654714              1.0781027              0.9635309
```

```
exp(confint(mod2demA))
```

```
## Waiting for profiling to be done...
##              2.5 %      97.5 %
## (Intercept)      1.0848662  1.1834601
## age_z            0.9862425  1.0421852
```

```
## genderDc          0.9653521 1.0781444
## purpose_z         0.9329723 0.9991025
## loneliness_z      1.0424595 1.1149646
## purpose_z:loneliness_z 0.9415762 0.9859975
```

Simple Slopes Visualization

```
# creating data with low purpose and mean age
predictDataLow1 <- with(dataCf,
  data.frame(age = mean(dataCf$age),
    genderDc = .5,
    purpose = mean(dataCf$purpose, na.rm=T)-
      sd(dataCf$purpose, na.rm=T),
    loneliness = seq(from = mean(dataCf$loneliness, na.rm=T)-
      (sd(dataCf$loneliness, na.rm=T)),
      to = mean(dataCf$loneliness, na.rm=T)+
      (sd(dataCf$loneliness, na.rm=T)),
      0.01)))

# creating data with mean purpose and mean age
predictDataMean1 <- with(dataCf,
  data.frame(age = mean(dataCf$age),
    genderDc = .5,
    purpose = mean(dataCf$purpose, na.rm=T),
    loneliness = seq(mean(dataCf$loneliness, na.rm=T)-
      (sd(dataCf$loneliness, na.rm=T)),
      mean(dataCf$loneliness, na.rm=T)+
      (sd(dataCf$loneliness, na.rm=T)),
      0.01)))

# creating data with high purpose and mean age
predictDataHigh1 <- with(dataCf,
  data.frame(age = mean(dataCf$age),
    genderDc = .5,
    purpose = mean(dataCf$purpose, na.rm=T)+
      sd(dataCf$purpose, na.rm=T),
    loneliness = seq(mean(dataCf$loneliness, na.rm=T)-
      (sd(dataCf$loneliness, na.rm=T)),
      mean(dataCf$loneliness, na.rm=T)+
      (sd(dataCf$loneliness, na.rm=T)),
      0.01)))

# get predicted values for pa based on three conditions
predictedLow1 <- predict(mod2cd,
  newdata = predictDataLow1,
  n.sims = 1000, level = 0.95,
  type = "response",
  include.resid.var = FALSE, which = "fixed")
predictedMean1 <- predict(mod2cd, newdata = predictDataMean1,
  n.sims = 1000, level = 0.95,
  type = "response",
  include.resid.var = FALSE, which = "fixed")
predictedHigh1 <- predict(mod2cd, newdata = predictDataHigh1,
  n.sims = 1000, level = 0.95,
  type = "response",
  include.resid.var = FALSE, which = "fixed")

# combine data frames
predictDataAll1 <- as.data.frame(rbind(predictDataLow1,
  predictDataMean1,
  predictDataHigh1))
predictions1 <- rbind(as.matrix(predictedLow1),
  as.matrix(predictedMean1),
```



```

        as.matrix(predictedHigh1))
predictions1 <- cbind(predictDataAll1, predictions1)

predictionsWide1 <- cbind(predictDataLow1, predictDataMean1, predictDataHigh1,
        as.matrix(predictedLow1),
        as.matrix(predictedMean1),
        as.matrix(predictedHigh1))

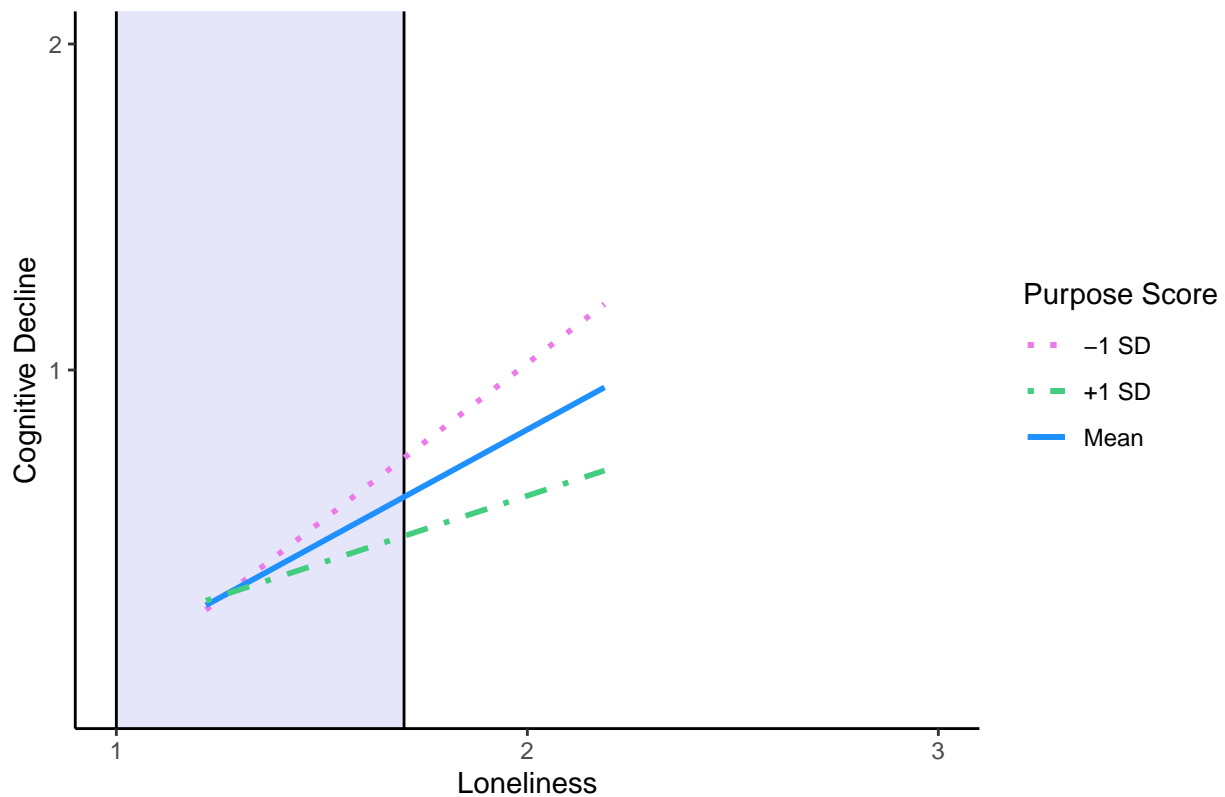
names(predictionsWide1) <- c("ageL", "genderDcL", "purpL", "lonelyL",
        "ageM", "genderDcM", "purpM", "lonelyM",
        "ageH", "genderDcH", "purpH", "lonelyH",
        "predictedCdL", "predictedCdM", "predictedCdH")

# getting groupings
colors <- c("-1 SD" = "orchid2", "+1 SD" = "seagreen3", "Mean" = "dodgerblue")
linetype <- c("-1 SD" = "dotted", "+1 SD" = "dotdash", "Mean" = "solid")

# graphing
library(ggplot2)
ggplot(predictionsWide1) +
  geom_rect(aes(xmin = 1, xmax = 1.70, ymin = -Inf, ymax = Inf),
        fill = "lavender") +
  geom_vline(xintercept = 1) +
  geom_vline(xintercept = 1.70) +
  geom_line(aes(x = lonelyL, y = predictedCdL, color = "-1 SD", linetype = "-1 SD"), size = 1) +
  geom_line(aes(x = lonelyM, y = predictedCdM, color = "Mean", linetype = "Mean"), size = 1) +
  geom_line(aes(x = lonelyH, y = predictedCdH, color = "+1 SD", linetype = "+1 SD"), size = 1) +
  expand_limits(x=c(1,3), y=c(0,2)) +
  scale_x_continuous(breaks = c(1,2,3,4,5)) +
  scale_y_continuous(breaks = c(1,2,3)) +
  theme_classic() +
  theme(plot.title = element_text(hjust = .5)) +
  labs(x = "Loneliness",
        y = "Cognitive Decline",
        color = "Purpose Score",
        linetype = "Purpose Score",
        title = "All Participants") +
  scale_color_manual(values = colors) +
  scale_linetype_manual(values = linetype)

```

All Participants



```
# filtering based on values of loneliness
lowPurp <- dataCf %>% filter(purpose_z < -1)
meanPurp <- dataCf %>% filter(purpose_z < 1 & purpose_z > -1)
highPurp <- dataCf %>% filter(purpose_z > 1)

# models based on simple slope levels
modL <- lm(decline ~ age_z + genderDc + purpose_z + loneliness_z,
          data = lowPurp)
summary(modL)
```

```
##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + loneliness_z,
##     data = lowPurp)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.9931 -1.2572 -0.3184  0.7977  5.1261
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   1.2306     0.5626   2.187  0.0316 *
## age_z        -0.2029     0.2021  -1.004  0.3183
## genderDc     -0.4138     0.3804  -1.088  0.2799
## purpose_z     0.1631     0.2890   0.564  0.5740
## loneliness_z  0.7816     0.1905   4.103 0.0000966 ***
## ---
```

```
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.721 on 81 degrees of freedom
## Multiple R-squared:  0.2299, Adjusted R-squared:  0.1918
## F-statistic: 6.044 on 4 and 81 DF,  p-value: 0.0002624
```

```
modM <- lm(decline ~ age_z + genderDc + purpose_z + loneliness_z,
           data = meanPurp)
summary(modM)
```

```
##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + loneliness_z,
##     data = meanPurp)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -1.7512 -0.6440 -0.3764  0.3038  7.0910
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)  0.66518    0.08678   7.665 0.000000000000136 ***
## age_z        0.12742    0.05753   2.215   0.0273 *
## genderDc     -0.04360    0.11471  -0.380   0.7041
## purpose_z    -0.12766    0.10919  -1.169   0.2430
## loneliness_z  0.29856    0.07045   4.238 0.000028032256489 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.144 on 401 degrees of freedom
## Multiple R-squared:  0.06433, Adjusted R-squared:  0.055
## F-statistic: 6.893 on 4 and 401 DF,  p-value: 0.00002253
```

```
modH <- lm(decline ~ age_z + genderDc + purpose_z + loneliness_z,
           data = highPurp)
summary(modH)
```

```
##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + loneliness_z,
##     data = highPurp)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -0.5711 -0.3510 -0.2303 -0.0577  3.4740
##
## Coefficients: (1 not defined because of singularities)
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)  0.272819    0.102148   2.671 0.00885 **
## age_z        -0.009002    0.059788  -0.151 0.88063
## genderDc     0.211720    0.131093   1.615 0.10948
## purpose_z      NA           NA         NA     NA
## loneliness_z  0.176594    0.083626   2.112 0.03723 *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

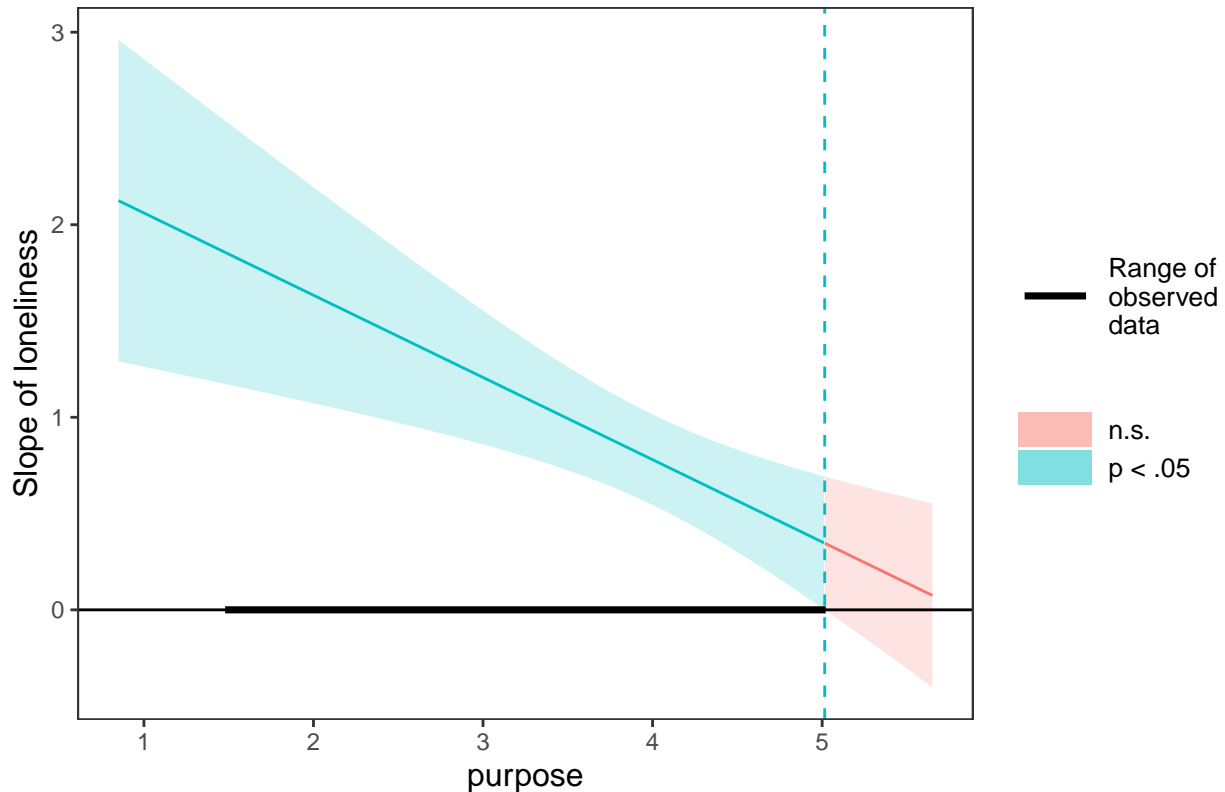
```
##  
## Residual standard error: 0.6423 on 99 degrees of freedom  
## Multiple R-squared: 0.05605, Adjusted R-squared: 0.02745  
## F-statistic: 1.96 on 3 and 99 DF, p-value: 0.125
```

Johnson-Neyman Technique

```
johnson_neyman(model = mod2cd, pred = loneliness, modx = purpose,  
               title = "Johnson-Neyman Plot for All Participants")
```

```
## JOHNSON-NEYMAN INTERVAL  
##  
## When purpose is OUTSIDE the interval [5.02, 8.61], the slope of loneliness  
## is  $p < .05$ .  
##  
## Note: The range of observed values of purpose is [1.50, 5.00]
```

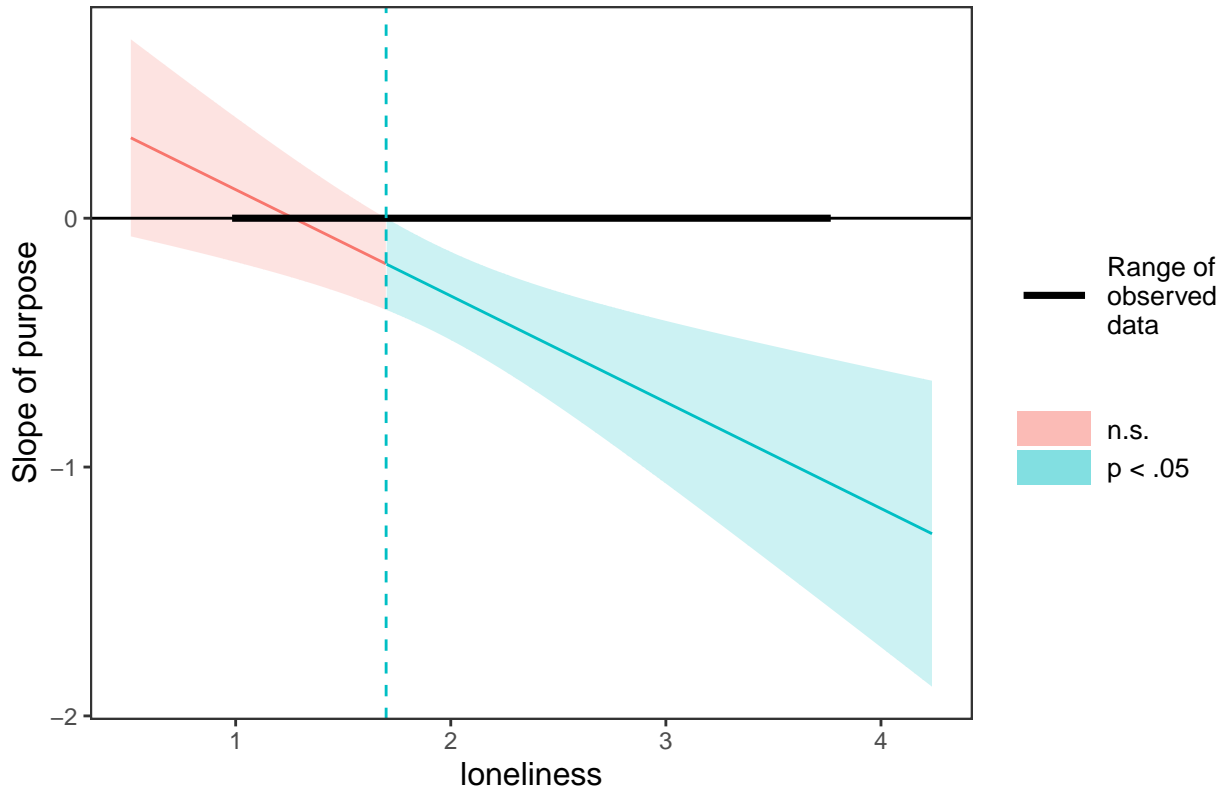
Johnson-Neyman Plot for All Participants



```
johnson_neyman(model = mod2cd, pred = purpose, modx = loneliness,  
               title = "Johnson-Neyman Plot for All Participants")
```

```
## JOHNSON-NEYMAN INTERVAL  
##  
## When loneliness is OUTSIDE the interval [0.14, 1.70], the slope of purpose  
## is  $p < .05$ .  
##  
## Note: The range of observed values of loneliness is [1.00, 3.75]
```

Johnson–Neyman Plot for All Participants



Purpose X Depression

```
# for graphing
mod3cd <- lm(decline ~ age + genderDc + purpose_z + depression_z + purpose_z * depression_z,
            data = dataCf)
summary(mod3cd)

##
## Call:
## lm(formula = decline ~ age + genderDc + purpose_z + depression_z +
##     purpose_z * depression_z, data = dataCf)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.6073 -0.5435 -0.1778  0.1910  7.2184
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)   -0.43678    1.04666  -0.417    0.6766
## age             0.01721    0.01458   1.180    0.2384
## genderDc      -0.17867    0.09043  -1.976    0.0487 *
## purpose_z     -0.03825    0.05195  -0.736    0.4618
## depression_z   0.70959    0.06369  11.141 <0.0000000000000002 ***
## purpose_z:depression_z 0.01741    0.03657   0.476    0.6341
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.082 on 589 degrees of freedom
## Multiple R-squared:  0.3048, Adjusted R-squared:  0.2989
## F-statistic: 51.65 on 5 and 589 DF, p-value: < 0.00000000000000022

mod3dem <- glm(dementia ~ age + genderDc + purpose_z + depression_z + purpose_z * depression_z,
              data = dataCf)
summary(mod3dem)

##
## Call:
## glm(formula = dementia ~ age + genderDc + purpose_z + depression_z +
##     purpose_z * depression_z, data = dataCf)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -0.72295 -0.15684 -0.07288  0.00289  0.95844
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)  -0.081633   0.312006  -0.262    0.794
## age           0.003472   0.004348   0.799    0.425
## genderDc     -0.009707   0.026957  -0.360    0.719
## purpose_z    -0.019055   0.015485  -1.231    0.219
## depression_z  0.169301   0.018986   8.917 <0.0000000000000002 ***
## purpose_z:depression_z 0.009242   0.010902   0.848    0.397
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
```

```

## (Dispersion parameter for gaussian family taken to be 0.1041048)
##
## Null deviance: 78.464 on 594 degrees of freedom
## Residual deviance: 61.318 on 589 degrees of freedom
## AIC: 350.4
##
## Number of Fisher Scoring iterations: 2
# standardized age for tables
mod3cdA <- lm(decline ~ age_z + genderDc + purpose_z + depression_z + purpose_z * depression_z,
             data = dataCf)
summary(mod3cdA)

##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + depression_z +
##     purpose_z * depression_z, data = dataCf)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.6073 -0.5435 -0.1778  0.1910  7.2184
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)    0.79278    0.07157  11.077 <0.0000000000000002 ***
## age_z          0.05275    0.04469   1.180    0.2384
## genderDc      -0.17867    0.09043  -1.976    0.0487 *
## purpose_z     -0.03825    0.05195  -0.736    0.4618
## depression_z   0.70959    0.06369  11.141 <0.0000000000000002 ***
## purpose_z:depression_z 0.01741    0.03657   0.476    0.6341
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.082 on 589 degrees of freedom
## Multiple R-squared:  0.3048, Adjusted R-squared:  0.2989
## F-statistic: 51.65 on 5 and 589 DF, p-value: < 0.00000000000000022
confint(mod3cdA)

##              2.5 %      97.5 %
## (Intercept)    0.65221631  0.933339024
## age_z          -0.03502957  0.140526260
## genderDc      -0.35627347 -0.001058991
## purpose_z     -0.14027551  0.063765851
## depression_z   0.58449690  0.834679364
## purpose_z:depression_z -0.05441096  0.089240667
mod3demA <- glm(dementia ~ age_z + genderDc + purpose_z + depression_z + purpose_z * depression_z,
              data = dataCf)
summary(mod3demA)

##
## Call:
## glm(formula = dementia ~ age_z + genderDc + purpose_z + depression_z +
##     purpose_z * depression_z, data = dataCf)
##

```



```

## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -0.72295  -0.15684  -0.07288   0.00289   0.95844
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)    0.166380  0.021334   7.799 0.0000000000000286 ***
## age_z          0.010640  0.013323   0.799    0.425
## genderDc      -0.009707  0.026957  -0.360    0.719
## purpose_z     -0.019055  0.015485  -1.231    0.219
## depression_z   0.169301  0.018986   8.917 < 0.0000000000000002 ***
## purpose_z:depression_z 0.009242  0.010902   0.848    0.397
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.1041048)
##
## Null deviance: 78.464  on 594  degrees of freedom
## Residual deviance: 61.318  on 589  degrees of freedom
## AIC: 350.4
##
## Number of Fisher Scoring iterations: 2

```

```
confint(mod3demA)
```

```

## Waiting for profiling to be done...
##
##              2.5 %    97.5 %
## (Intercept)    0.12456489 0.20819429
## age_z          -0.01547275 0.03675224
## genderDc      -0.06254230 0.04312819
## purpose_z     -0.04940452 0.01129445
## depression_z   0.13208886 0.20651405
## purpose_z:depression_z -0.01212452 0.03060949

```

```
# odds ratio effects
```

```
exp(coef(mod3demA))
```

```

##              (Intercept)              age_z              genderDc
##              1.1810213              1.0106965              0.9903399
##              purpose_z              depression_z purpose_z:depression_z
##              0.9811254              1.1844771              1.0092853

```

```
exp(confint(mod3demA))
```

```

## Waiting for profiling to be done...
##
##              2.5 %    97.5 %
## (Intercept)    1.1326555 1.231452
## age_z          0.9846463 1.037436
## genderDc      0.9393733 1.044072
## purpose_z     0.9517960 1.011358
## depression_z  1.1412097 1.229385
## purpose_z:depression_z 0.9879487 1.031083

```

Exploratory Race Analyses

loneliness

The association between sense of purpose and loneliness is moderated by race (i.e., three-way interaction), wherein the influence of sense of purpose on the connection between loneliness on cognitive decline is stronger for Black participants than white participants. In other words, sense of purpose appears to provide an even more powerful buffering effect for Black participants than white participants when it comes to the negative influence of loneliness on cognitive decline.

```
### STANDARDIZING AGE FOR TABLES
modExCdLa <- lm(decline ~ age_z + genderDc + purpose_z + loneliness_z + raceDc +
               purpose_z * loneliness_z +
               raceDc * purpose_z +
               raceDc * loneliness_z +
               purpose_z * loneliness_z * raceDc,
               data = dataCf)
summary(modExCdLa)
```

```
##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + loneliness_z +
##     raceDc + purpose_z * loneliness_z + raceDc * purpose_z +
##     raceDc * loneliness_z + purpose_z * loneliness_z * raceDc,
##     data = dataCf)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.8693 -0.5712 -0.3189  0.3807  7.0188
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)      0.64333    0.08180   7.865 0.00000000000000184
## age_z            0.07121    0.04920   1.447    0.1483
## genderDc        -0.09052    0.09841  -0.920    0.3581
## purpose_z       -0.09604    0.06786  -1.415    0.1575
## loneliness_z     0.33022    0.06852   4.819 0.0000018461304584
## raceDc           0.10830    0.14088   0.769    0.4423
## purpose_z:loneliness_z -0.10625    0.04519  -2.351    0.0191
## purpose_z:raceDc  -0.29883    0.15975  -1.871    0.0619
## loneliness_z:raceDc -0.08840    0.13957  -0.633    0.5267
## purpose_z:loneliness_z:raceDc -0.25157    0.10872  -2.314    0.0210
##
## (Intercept)          ***
## age_z
## genderDc
## purpose_z
## loneliness_z          ***
## raceDc
## purpose_z:loneliness_z  *
## purpose_z:raceDc      .
## loneliness_z:raceDc
## purpose_z:loneliness_z:raceDc *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
```

```
## Residual standard error: 1.174 on 574 degrees of freedom
## (11 observations deleted due to missingness)
## Multiple R-squared: 0.1868, Adjusted R-squared: 0.174
## F-statistic: 14.65 on 9 and 574 DF, p-value: < 0.00000000000000022
```

```
confint(modExCdLa)
```

```
##              2.5 %      97.5 %
## (Intercept)    0.48267049 0.80399519
## age_z          -0.02542291 0.16783326
## genderDc       -0.28380283 0.10276857
## purpose_z      -0.22932203 0.03724403
## loneliness_z   0.19564253 0.46480419
## raceDc         -0.16839573 0.38499865
## purpose_z:loneliness_z -0.19501977 -0.01748824
## purpose_z:raceDc -0.61259709 0.01494205
## loneliness_z:raceDc -0.36253072 0.18573281
## purpose_z:loneliness_z:raceDc -0.46510428 -0.03804421
```

```
# dichotomous with all participants
```

```
modExDemLa <- glm(dementia ~ age_z + genderDc + purpose_z + loneliness_z + raceDc +
  purpose_z * loneliness_z +
  raceDc * purpose_z +
  raceDc * loneliness_z +
  purpose_z * loneliness_z * raceDc,
  data = dataCf)
```

```
summary(modExDemLa)
```

```
##
## Call:
## glm(formula = dementia ~ age_z + genderDc + purpose_z + loneliness_z +
##      raceDc + purpose_z * loneliness_z + raceDc * purpose_z +
##      raceDc * loneliness_z + purpose_z * loneliness_z * raceDc,
##      data = dataCf)
##
## Deviance Residuals:
##      Min       1Q   Median       3Q      Max
## -0.75694 -0.15340 -0.09564 -0.04178  0.95643
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)    0.129858  0.023743  5.469 0.0000000675 ***
## age_z          0.013847  0.014280  0.970  0.3326
## genderDc       0.010502  0.028564  0.368  0.7132
## purpose_z     -0.033867  0.019697 -1.719  0.0861 .
## loneliness_z   0.084062  0.019889  4.227 0.0000275920 ***
## raceDc        -0.001718  0.040891 -0.042  0.9665
## purpose_z:loneliness_z -0.030990  0.013118 -2.362  0.0185 *
## purpose_z:raceDc -0.022288  0.046369 -0.481  0.6309
## loneliness_z:raceDc -0.056815  0.040512 -1.402  0.1613
## purpose_z:loneliness_z:raceDc -0.042275  0.031556 -1.340  0.1809
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.1160656)
##
```

```
## Null deviance: 76.820 on 583 degrees of freedom
## Residual deviance: 66.622 on 574 degrees of freedom
## (11 observations deleted due to missingness)
## AIC: 411.53
##
## Number of Fisher Scoring iterations: 2
```

```
confint(modExDemLa)
```

```
## Waiting for profiling to be done...
```

```
##                2.5 %      97.5 %
## (Intercept)      0.08332226  0.176392820
## age_z            -0.01414060  0.041835371
## genderDc         -0.04548212  0.066486914
## purpose_z        -0.07247189  0.004738023
## loneliness_z      0.04508105  0.123042770
## raceDc           -0.08186204  0.078426677
## purpose_z:loneliness_z -0.05670051 -0.005279129
## purpose_z:raceDc  -0.11317070  0.068593787
## loneliness_z:raceDc -0.13621620  0.022586387
## purpose_z:loneliness_z:raceDc -0.10412292  0.019573513
```

```
# odds ratios
```

```
exp(coef(modExDemLa))
```

```
##                (Intercept)                age_z
##                1.1386662                1.0139437
##                genderDc                purpose_z
##                1.0105577                0.9667001
##                loneliness_z                raceDc
##                1.0876962                0.9982838
##                purpose_z:loneliness_z                purpose_z:raceDc
##                0.9694854                0.9779581
##                loneliness_z:raceDc purpose_z:loneliness_z:raceDc
##                0.9447689                0.9586064
```

```
exp(confint(modExDemLa))
```

```
## Waiting for profiling to be done...
```

```
##                2.5 %      97.5 %
## (Intercept)      1.0868920  1.1929066
## age_z            0.9859589  1.0427228
## genderDc         0.9555367  1.0687470
## purpose_z        0.9300919  1.0047493
## loneliness_z     1.0461126  1.1309328
## raceDc           0.9213991  1.0815840
## purpose_z:loneliness_z 0.9448770  0.9947348
## purpose_z:raceDc  0.8929982  1.0710011
## loneliness_z:raceDc 0.8726539  1.0228434
## purpose_z:loneliness_z:raceDc 0.9011145  1.0197663
```

```
### FOR GRAPHING
```

```
# continuous with all participants
```

```
modExCdL <- lm(decline ~ age_z + genderDc + purpose_z + loneliness_z + raceDc +
               purpose_z * loneliness_z +
               raceDc * purpose_z +
```

```

        raceDc * loneliness_z +
        purpose_z * loneliness_z * raceDc,
    data = dataCf)
summary(modExCdL)

##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + loneliness_z +
##     raceDc + purpose_z * loneliness_z + raceDc * purpose_z +
##     raceDc * loneliness_z + purpose_z * loneliness_z * raceDc,
##     data = dataCf)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.8693 -0.5712 -0.3189  0.3807  7.0188
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)      0.64333   0.08180   7.865 0.00000000000000184
## age_z            0.07121   0.04920   1.447   0.1483
## genderDc        -0.09052   0.09841  -0.920   0.3581
## purpose_z       -0.09604   0.06786  -1.415   0.1575
## loneliness_z     0.33022   0.06852   4.819 0.0000018461304584
## raceDc           0.10830   0.14088   0.769   0.4423
## purpose_z:loneliness_z -0.10625   0.04519  -2.351   0.0191
## purpose_z:raceDc  -0.29883   0.15975  -1.871   0.0619
## loneliness_z:raceDc -0.08840   0.13957  -0.633   0.5267
## purpose_z:loneliness_z:raceDc -0.25157   0.10872  -2.314   0.0210
##
## (Intercept)          ***
## age_z
## genderDc
## purpose_z
## loneliness_z          ***
## raceDc
## purpose_z:loneliness_z      *
## purpose_z:raceDc           .
## loneliness_z:raceDc
## purpose_z:loneliness_z:raceDc *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.174 on 574 degrees of freedom
## (11 observations deleted due to missingness)
## Multiple R-squared:  0.1868, Adjusted R-squared:  0.174
## F-statistic: 14.65 on 9 and 574 DF,  p-value: < 0.00000000000000022

# dichotomous with all participants
modExDemL <- glm(dementia ~ age_z + genderDc + purpose_z + loneliness_z + raceDc +
    purpose_z * loneliness_z +
    raceDc * purpose_z +
    raceDc * loneliness_z +
    purpose_z * loneliness_z * raceDc,
    data = dataCf)

```

```
summary(modExDemL)
```

```
##
## Call:
## glm(formula = dementia ~ age_z + genderDc + purpose_z + loneliness_z +
##      raceDc + purpose_z * loneliness_z + raceDc * purpose_z +
##      raceDc * loneliness_z + purpose_z * loneliness_z * raceDc,
##      data = dataCf)
##
## Deviance Residuals:
##      Min        1Q      Median        3Q        Max
## -0.75694  -0.15340  -0.09564  -0.04178   0.95643
##
## Coefficients:
##              Estimate Std. Error t value    Pr(>|t|)
## (Intercept)    0.129858  0.023743   5.469 0.0000000675 ***
## age_z          0.013847  0.014280   0.970   0.3326
## genderDc       0.010502  0.028564   0.368   0.7132
## purpose_z     -0.033867  0.019697  -1.719   0.0861 .
## loneliness_z   0.084062  0.019889   4.227 0.0000275920 ***
## raceDc        -0.001718  0.040891  -0.042   0.9665
## purpose_z:loneliness_z -0.030990  0.013118  -2.362   0.0185 *
## purpose_z:raceDc -0.022288  0.046369  -0.481   0.6309
## loneliness_z:raceDc -0.056815  0.040512  -1.402   0.1613
## purpose_z:loneliness_z:raceDc -0.042275  0.031556  -1.340   0.1809
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.1160656)
##
## Null deviance: 76.820  on 583  degrees of freedom
## Residual deviance: 66.622  on 574  degrees of freedom
## (11 observations deleted due to missingness)
## AIC: 411.53
##
## Number of Fisher Scoring iterations: 2
### STRATIFICATION
# making dataframes separated by race
white <- dataCf %>%
  filter(raceDc == 0)
black <- dataCf %>%
  filter(raceDc == 1)

# continuous with white people only (standardized)
modExCdLz <- lm(decline ~ age_z + genderDc + purpose_z + loneliness_z +
  purpose_z * loneliness_z,
  data = white)
summary(modExCdLz)

##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + loneliness_z +
##      purpose_z * loneliness_z, data = white)
```

```
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.7986 -0.5489 -0.3174  0.4157  6.7306
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)    0.57769    0.08269   6.986 0.000000000000974 ***
## age_z          0.05163    0.05212   0.990    0.3225
## genderDc       0.02478    0.10457   0.237    0.8128
## purpose_z     -0.09590    0.06525  -1.470    0.1423
## loneliness_z   0.33073    0.06586   5.022 0.00000072891379 ***
## purpose_z:loneliness_z -0.10898    0.04345  -2.508    0.0125 *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.128 on 469 degrees of freedom
## Multiple R-squared:  0.1553, Adjusted R-squared:  0.1463
## F-statistic: 17.24 on 5 and 469 DF,  p-value: 0.00000000000001127
```

```
confint(modExCdLz)
```

```
##              2.5 %      97.5 %
## (Intercept)    0.4151982  0.74018437
## age_z         -0.0507985  0.15405384
## genderDc      -0.1807110  0.23026668
## purpose_z     -0.2241276  0.03231945
## loneliness_z   0.2013154  0.46015146
## purpose_z:loneliness_z -0.1943711 -0.02359474
```

```
# continuous with black people only (standardized)
```

```
modExCdBz <- lm(decline ~ age_z + genderDc + purpose_z + loneliness_z +
  purpose_z * loneliness_z,
  data = black)
```

```
summary(modExCdBz)
```

```
##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + loneliness_z +
##      purpose_z * loneliness_z, data = black)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.6277 -0.7133 -0.3139  0.1616  6.7154
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)    1.0332    0.2018   5.119 0.00000143 ***
## age_z          0.1627    0.1333   1.221    0.22494
## genderDc      -0.6088    0.2630  -2.315    0.02258 *
## purpose_z     -0.3497    0.1674  -2.089    0.03916 *
## loneliness_z   0.2514    0.1459   1.723    0.08787 .
## purpose_z:loneliness_z -0.3831    0.1134  -3.377    0.00104 **
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
##
## Residual standard error: 1.338 on 103 degrees of freedom
## Multiple R-squared: 0.303, Adjusted R-squared: 0.2692
## F-statistic: 8.957 on 5 and 103 DF, p-value: 0.0000004316
```

```
confint(modExCdBz)
```

```
##                2.5 %      97.5 %
## (Intercept)      0.63289163  1.43345027
## age_z            -0.10159588  0.42694552
## genderDc         -1.13039358 -0.08729402
## purpose_z        -0.68167662 -0.01772676
## loneliness_z     -0.03795525  0.54074116
## purpose_z:loneliness_z -0.60803260 -0.15807620
```

```
# continuous with white people only (plotting)
```

```
modExCdL <- lm(decline ~ age + genderDc + purpose + loneliness +
               purpose * loneliness,
               data = white)
```

```
summary(modExCdL)
```

```
##
## Call:
## lm(formula = decline ~ age + genderDc + purpose + loneliness +
##     purpose * loneliness, data = white)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.7986 -0.5489 -0.3174  0.4157  6.7306
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)   -3.63186    1.78197  -2.038 0.042099 *
## age            0.01685    0.01701   0.990 0.322455
## genderDc      0.02478    0.10457   0.237 0.812804
## purpose       0.43896    0.28284   1.552 0.121346
## loneliness    2.12720    0.56495   3.765 0.000187 ***
## purpose:loneliness -0.34392    0.13713  -2.508 0.012478 *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.128 on 469 degrees of freedom
## Multiple R-squared: 0.1553, Adjusted R-squared: 0.1463
## F-statistic: 17.24 on 5 and 469 DF, p-value: 0.000000000000001127
```

```
confint(modExCdL)
```

```
##                2.5 %      97.5 %
## (Intercept)   -7.13349841 -0.13022613
## age           -0.01657717  0.05027269
## genderDc      -0.18071102  0.23026668
## purpose       -0.11683519  0.99476311
## loneliness    1.01705642  3.23734801
## purpose:loneliness -0.61338009 -0.07445831
```

```
# continuous with black people only (plotting)
```

```
modExCdB <- lm(decline ~ age + genderDc + purpose + loneliness +
```



```
      purpose * loneliness,  
      data = black)  
summary(modExCdB)
```

```
##  
## Call:  
## lm(formula = decline ~ age + genderDc + purpose + loneliness +  
##     purpose * loneliness, data = black)  
##  
## Residuals:  
##      Min       1Q   Median       3Q      Max   
## -2.6277 -0.7133 -0.3139  0.1616  6.7154   
##  
## Coefficients:  
##              Estimate Std. Error t value Pr(>|t|)      
## (Intercept)   -10.05528     4.44406  -2.263 0.025757 *   
## age             0.05309     0.04348   1.221 0.224941   
## genderDc      -0.60884     0.26298  -2.315 0.022584 *   
## purpose        1.52347     0.68862   2.212 0.029150 *   
## loneliness     5.60738     1.46165   3.836 0.000216 ***  
## purpose:loneliness -1.20881     0.35798  -3.377 0.001036 **  
## ---  
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1  
##  
## Residual standard error: 1.338 on 103 degrees of freedom  
## Multiple R-squared:  0.303, Adjusted R-squared:  0.2692   
## F-statistic: 8.957 on 5 and 103 DF,  p-value: 0.0000004316
```

```
confint(modExCdB)
```

```
##              2.5 %      97.5 %  
## (Intercept)  -18.86901679 -1.24154567  
## age          -0.03315398  0.13932597  
## genderDc     -1.13039358 -0.08729402  
## purpose       0.15775541  2.88918589  
## loneliness    2.70853157  8.50621929  
## purpose:loneliness -1.91877876 -0.49884375
```

Simple Slopes Visualization

```
### Graphing for white participants

# creating data with low purpose and mean age
predictDataLow1 <- with(white,
  data.frame(age = mean(white$age),
    genderDc = .5,
    purpose = mean(white$purpose, na.rm=T) -
      sd(dataCf$purpose, na.rm=T),
    loneliness = seq(from = mean(white$loneliness, na.rm=T) -
      (sd(white$loneliness, na.rm=T)),
      to = mean(white$loneliness, na.rm=T) +
      (sd(white$loneliness, na.rm=T)),
      0.01)))

# creating data with mean purpose and mean age
predictDataMean1 <- with(white,
  data.frame(age = mean(white$age),
    genderDc = .5,
    purpose = mean(white$purpose, na.rm=T),
    loneliness = seq(mean(white$loneliness, na.rm=T) -
      (sd(white$loneliness, na.rm=T)),
      mean(white$loneliness, na.rm=T) +
      (sd(white$loneliness, na.rm=T)),
      0.01)))

# creating data with high purpose and mean age
predictDataHigh1 <- with(white,
  data.frame(age = mean(white$age),
    genderDc = .5,
    purpose = mean(white$purpose, na.rm=T) +
      sd(white$purpose, na.rm=T),
    loneliness = seq(mean(white$loneliness, na.rm=T) -
      (sd(white$loneliness, na.rm=T)),
      mean(white$loneliness, na.rm=T) +
      (sd(white$loneliness, na.rm=T)),
      0.01)))

# get predicted values for pa based on three conditions
predictedLow1 <- predict(modExCdL,
  newdata = predictDataLow1,
  n.sims = 1000, level = 0.95,
  type = "response",
  include.resid.var = FALSE, which = "fixed")
predictedMean1 <- predict(modExCdL, newdata = predictDataMean1,
  n.sims = 1000, level = 0.95,
  type = "response",
  include.resid.var = FALSE, which = "fixed")
predictedHigh1 <- predict(modExCdL, newdata = predictDataHigh1,
  n.sims = 1000, level = 0.95,
  type = "response",
  include.resid.var = FALSE, which = "fixed")

# combine data frames
predictDataAll1 <- as.data.frame(rbind(predictDataLow1,
  predictDataMean1,
```

```

                                predictDataHigh1))
predictions1 <- rbind(as.matrix(predictedLow1),
                     as.matrix(predictedMean1),
                     as.matrix(predictedHigh1))
predictions1 <- cbind(predictDataAll1, predictions1)

predictionsWide1 <- cbind(predictDataLow1, predictDataMean1, predictDataHigh1,
                          as.matrix(predictedLow1),
                          as.matrix(predictedMean1),
                          as.matrix(predictedHigh1))

names(predictionsWide1) <- c("ageL", "genderL", "purpL", "lonelyL",
                           "ageM", "genderM", "purpM", "lonelyM",
                           "ageH", "genderH", "purpH", "lonelyH",
                           "predictedCdL", "predictedCdM", "predictedCdH")

# getting groupings
colors <- c("-1 SD" = "orchid2", "+1 SD" = "seagreen3", "Mean" = "dodgerblue")
linetype <- c("-1 SD" = "dotted", "+1 SD" = "dotdash", "Mean" = "solid")

# graphing
whiteGraph <- ggplot(predictionsWide1, aes(x = lonelyL, y = predictedCdL, color = "-1 SD", linetype = "Mean"),
                    geom_rect(aes(xmin = 1, xmax = 1.68, ymin = -Inf, ymax = Inf),
                                fill = "lavender") +
                    geom_vline(xintercept = 1) +
                    geom_vline(xintercept = 1.68) +
                    geom_line(size = 1) +
                    geom_line(aes(x = lonelyM, y = predictedCdM, color = "Mean", linetype = "Mean"), size = 1) +
                    geom_line(aes(x = lonelyH, y = predictedCdH, color = "+1 SD", linetype = "+1 SD"), size = 1) +
                    expand_limits(x=c(1,3), y=c(0,2)) +
                    scale_x_continuous(breaks = c(1,2,3,4,5)) +
                    scale_y_continuous(breaks = c(1,2,3)) +
                    theme_classic() +
                    theme(plot.title = element_text(hjust = .5)) +
                    labs(x = "Loneliness",
                        y = "Cognitive Decline",
                        color = "Purpose Score",
                        linetype = "Purpose Score",
                        title = "White Participants") +
                    scale_color_manual(values = colors) +
                    scale_linetype_manual(values = linetype)

### Graphing for Black participants

# creating data with low purpose and mean age
predictDataLow1 <- with(black,
                       data.frame(age = mean(dataCf$age),
                                   genderDc = .5,
                                   purpose = mean(black$purpose, na.rm=T) -
                                             sd(black$purpose, na.rm=T),
                                   loneliness = seq(from = mean(black$loneliness, na.rm=T) -
                                                    (sd(black$loneliness, na.rm=T)),
                                                    to = mean(black$loneliness, na.rm=T) +

```

```

                                (sd(black$loneliness, na.rm=T)),
                                0.01)))
# creating data with mean purpose and mean age
predictDataMean1 <- with(black,
                        data.frame(age = mean(black$age),
                                   genderDc = .5,
                                   purpose = mean(black$purpose, na.rm=T),
                                   loneliness = seq(mean(black$loneliness, na.rm=T)-
                                                    (sd(black$loneliness, na.rm=T)),
                                                    mean(black$loneliness, na.rm=T)+
                                                    (sd(black$loneliness, na.rm=T)),
                                                    0.01)))
# creating data with high purpose and mean age
predictDataHigh1 <- with(black,
                        data.frame(age = mean(black$age),
                                   genderDc = .5,
                                   purpose = mean(black$purpose, na.rm=T)+
                                               sd(black$purpose, na.rm=T),
                                   loneliness = seq(mean(black$loneliness, na.rm=T)-
                                                    (sd(black$loneliness, na.rm=T)),
                                                    mean(black$loneliness, na.rm=T)+
                                                    (sd(black$loneliness, na.rm=T)),
                                                    0.01)))
# get predicted values for pa based on three conditions
predictedLow1 <- predict(modExCdB,
                       newdata = predictDataLow1,
                       n.sims = 1000, level = 0.95,
                       type = "response",
                       include.resid.var = FALSE, which = "fixed")
predictedMean1 <- predict(modExCdB, newdata = predictDataMean1,
                        n.sims = 1000, level = 0.95,
                        type = "response",
                        include.resid.var = FALSE, which = "fixed")
predictedHigh1 <- predict(modExCdB, newdata = predictDataHigh1,
                        n.sims = 1000, level = 0.95,
                        type = "response",
                        include.resid.var = FALSE, which = "fixed")
# combine data frames
predictDataAll1 <- as.data.frame(rbind(predictDataLow1,
                                       predictDataMean1,
                                       predictDataHigh1))
predictions1 <- rbind(as.matrix(predictedLow1),
                    as.matrix(predictedMean1),
                    as.matrix(predictedHigh1))
predictions1 <- cbind(predictDataAll1, predictions1)
names(predictions1) <- c("purpose", "loneliness", "age", "predictedCog")
predictionsWide1 <- cbind(predictDataLow1, predictDataMean1, predictDataHigh1,
                          as.matrix(predictedLow1),
                          as.matrix(predictedMean1),
                          as.matrix(predictedHigh1))
names(predictionsWide1) <- c("ageL", "genderL", "purpL", "lonelyL",

```

```

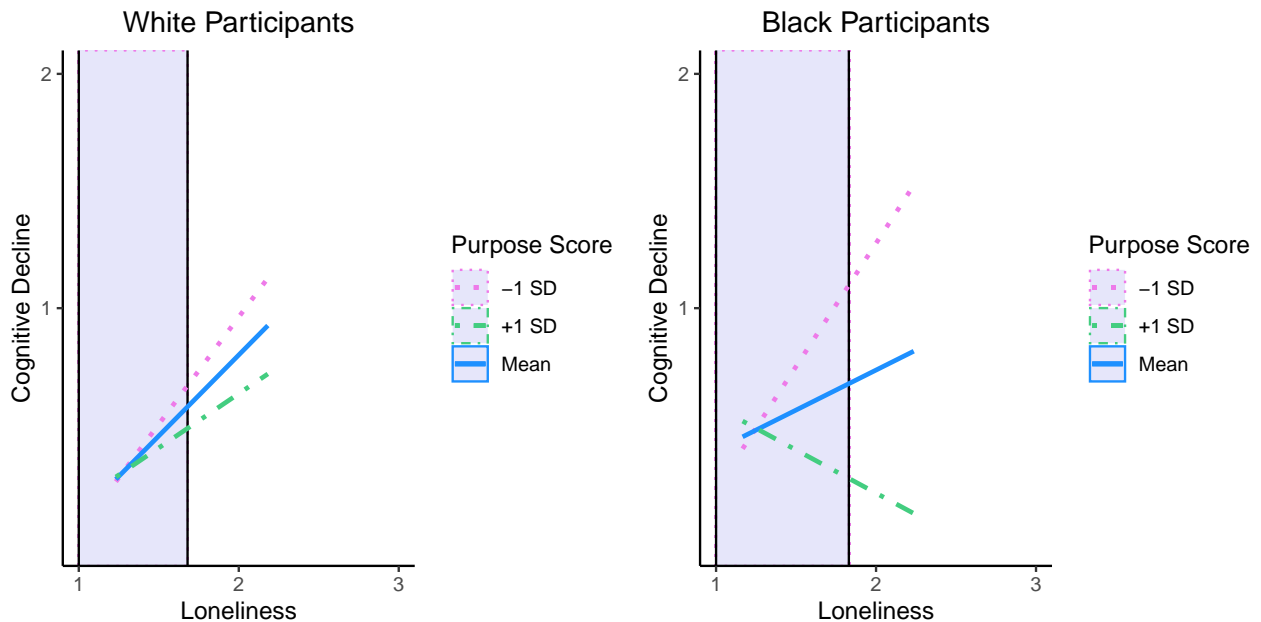
"ageM", "genderM", "purpM", "lonelyM",
"ageH", "genderH", "purpH", "lonelyH",
"predictedCdL", "predictedCdM", "predictedCdH")

# getting groupings
colors <- c("-1 SD" = "orchid2", "+1 SD" = "seagreen3", "Mean" = "dodgerblue")
linetype <- c("-1 SD" = "dotted", "+1 SD" = "dotdash", "Mean" = "solid")

# graphing
blackGraph <- ggplot(predictionsWide1, aes(x = lonelyL, y = predictedCdL, color = "-1 SD", linetype = "
  geom_rect(aes(xmin = 1, xmax = 1.83, ymin = -Inf, ymax = Inf),
    fill = "lavender") +
  geom_vline(xintercept = 1) +
  geom_vline(xintercept = 1.83) +
  geom_line(size = 1) +
  geom_line(aes(x = lonelyM, y = predictedCdM, color = "Mean", linetype = "Mean"), size = 1) +
  geom_line(aes(x = lonelyH, y = predictedCdH, color = "+1 SD", linetype = "+1 SD"), size = 1) +
  expand_limits(x=c(1,3), y=c(0,2)) +
  scale_x_continuous(breaks = c(1,2,3,4,5)) +
  scale_y_continuous(breaks = c(1,2,3)) +
  theme_classic() +
  theme(plot.title = element_text(hjust = .5)) +
  labs(x = "Loneliness",
    y = "Cognitive Decline",
    color = "Purpose Score",
    linetype = "Purpose Score",
    title = "Black Participants") +
  scale_color_manual(values = colors) +
  scale_linetype_manual(values = linetype)

# make combined graph
ggarrange(whiteGraph, blackGraph)

```



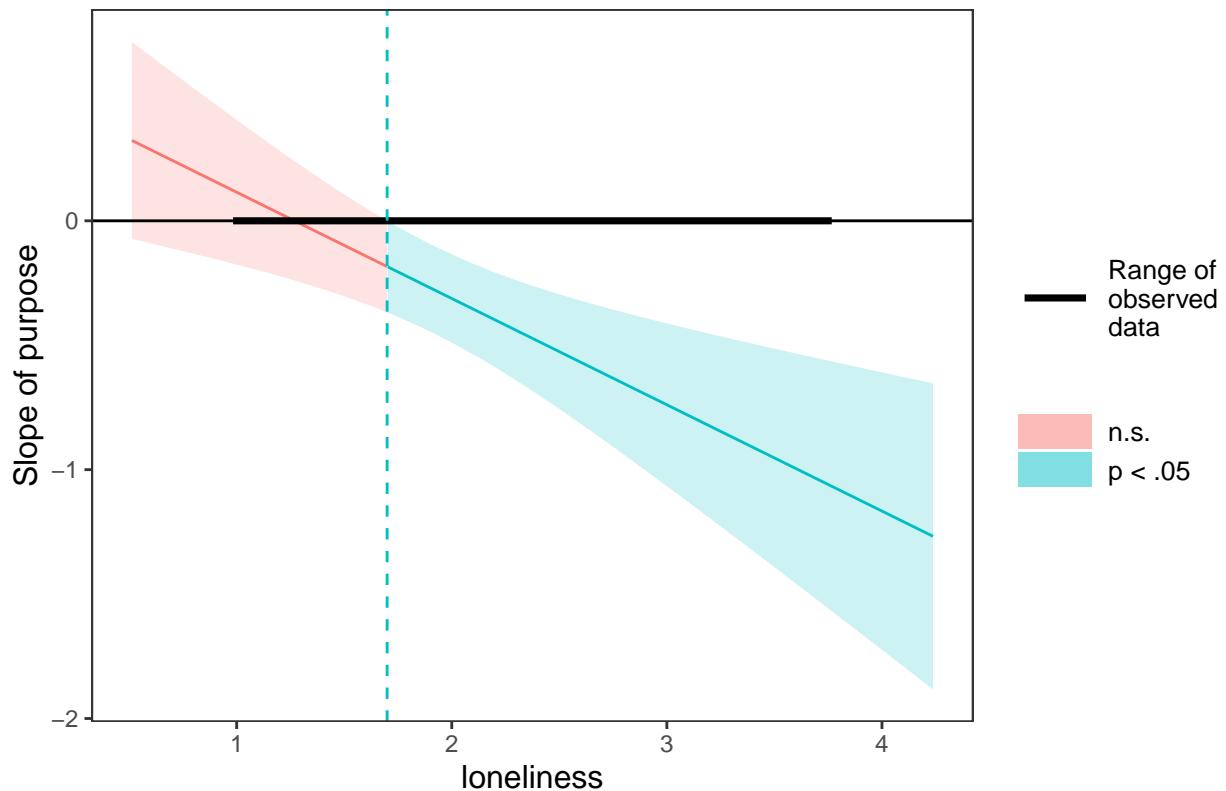
Johnson-Neyman Technique

```
# participant groups
jnAll <- lm(decline ~ age + genderDc + purpose + loneliness +
  purpose * loneliness,
  data = dataCf)
jnWhite <- lm(decline ~ age + genderDc + purpose + loneliness +
  purpose * loneliness,
  data = white)
jnBlack <- lm(decline ~ age + genderDc + purpose + loneliness +
  purpose * loneliness,
  data = black)

# johnson_neyman analyses
johnson_neyman(model = jnAll, pred = purpose, modx = loneliness,
  title = "Johnson-Neyman Plot for White Participants")

## JOHNSON-NEYMAN INTERVAL
##
## When loneliness is OUTSIDE the interval [0.14, 1.70], the slope of purpose
## is  $p < .05$ .
##
## Note: The range of observed values of loneliness is [1.00, 3.75]
```

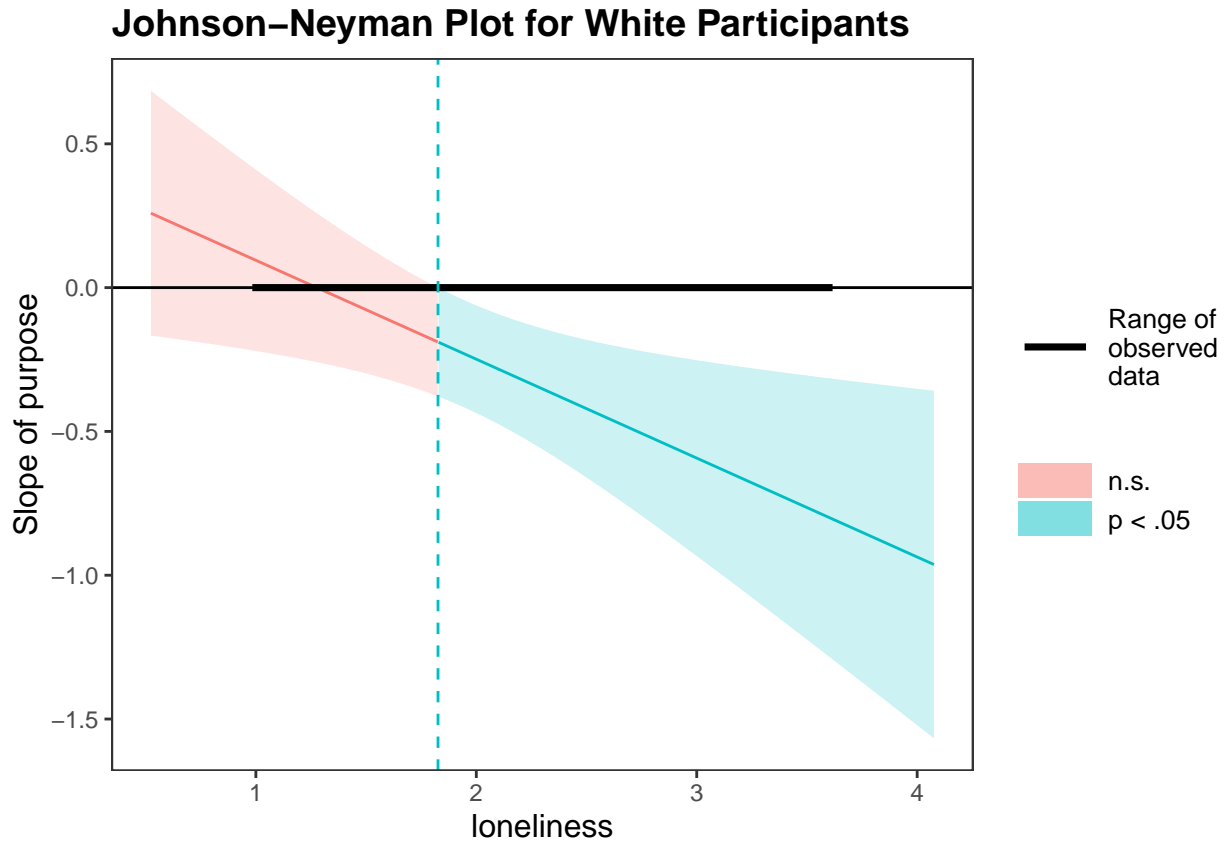
Johnson-Neyman Plot for White Participants



```
johnson_neyman(model = jnWhite, pred = purpose, modx = loneliness,
  title = "Johnson-Neyman Plot for White Participants")
```

```
## JOHNSON-NEYMAN INTERVAL
```

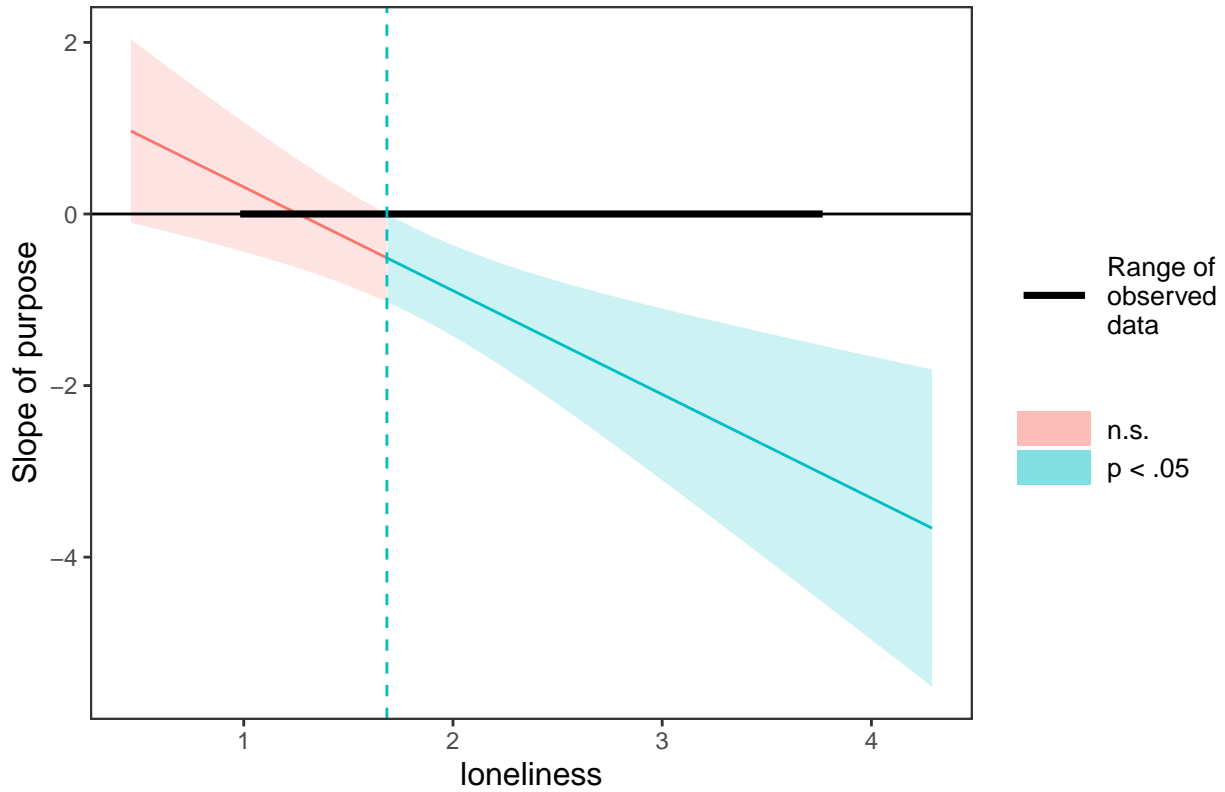
```
##
## When loneliness is OUTSIDE the interval [-1.39, 1.83], the slope of purpose
## is  $p < .05$ .
##
## Note: The range of observed values of loneliness is [1.00, 3.60]
```



```
johnson_neyman(model = jnBlack, pred = purpose, modx = loneliness,
               title = "Johnson-Neyman Plot for Black Participants")
```

```
## JOHNSON-NEYMAN INTERVAL
##
## When loneliness is OUTSIDE the interval [0.28, 1.68], the slope of purpose
## is  $p < .05$ .
##
## Note: The range of observed values of loneliness is [1.00, 3.75]
```

Johnson–Neyman Plot for Black Participants



```
# proportion above value
table(dataCf$loneliness >= 1.70)
```

```
##
## FALSE TRUE
## 322 273
```

```
273/(322+273)
```

```
## [1] 0.4588235
```

```
table(white$loneliness >= 1.68)
```

```
##
## FALSE TRUE
## 255 220
```

```
220/(220+255)
```

```
## [1] 0.4631579
```

```
table(black$loneliness >= 1.83)
```

```
##
## FALSE TRUE
## 69 40
```

```
40/(69+40)
```

```
## [1] 0.3669725
```


depression

There is no interaction between the association for depression and loneliness with race when predicting cognitive decline.

```
modExCdD <- lm(decline ~ age_z + genderDc + purpose_z + depression_z + raceDc +
  purpose_z * depression_z +
  raceDc * purpose_z +
  raceDc * depression_z +
  purpose_z * depression_z * raceDc,
  data = dataCf)
summary(modExCdD)
```

```
##
## Call:
## lm(formula = decline ~ age_z + genderDc + purpose_z + depression_z +
##     raceDc + purpose_z * depression_z + raceDc * purpose_z +
##     raceDc * depression_z + purpose_z * depression_z * raceDc,
##     data = dataCf)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -2.8424 -0.5355 -0.1833  0.2166  7.1292
##
## Coefficients:
##              Estimate Std. Error t value      Pr(>|t|)
## (Intercept)    0.78384   0.07638  10.262 <0.0000000000000002
## age_z          0.05934   0.04535   1.308    0.1913
## genderDc      -0.18930   0.09184  -2.061    0.0397
## purpose_z     -0.02821   0.05725  -0.493    0.6225
## depression_z   0.70742   0.07202   9.822 <0.0000000000000002
## raceDc         0.08126   0.13100   0.620    0.5353
## purpose_z:depression_z  0.02270   0.04136   0.549    0.5833
## purpose_z:raceDc -0.15638   0.15609  -1.002    0.3168
## depression_z:raceDc -0.16426   0.17455  -0.941    0.3471
## purpose_z:depression_z:raceDc -0.07603   0.09463  -0.804    0.4220
##
## (Intercept)          ***
## age_z
## genderDc             *
## purpose_z
## depression_z        ***
## raceDc
## purpose_z:depression_z
## purpose_z:raceDc
## depression_z:raceDc
## purpose_z:depression_z:raceDc
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 1.088 on 574 degrees of freedom
## (11 observations deleted due to missingness)
## Multiple R-squared:  0.301, Adjusted R-squared:  0.29
## F-statistic: 27.46 on 9 and 574 DF, p-value: < 0.00000000000000022
```

```
confint(modExCdD)
```

```
##              2.5 %      97.5 %  
## (Intercept)      0.63382026  0.933858014  
## age_z            -0.02973739  0.148420788  
## genderDc         -0.36967425 -0.008916318  
## purpose_z        -0.14065700  0.084246298  
## depression_z     0.56596207  0.848873738  
## raceDc           -0.17603496  0.338546285  
## purpose_z:depression_z -0.05852740  0.103929804  
## purpose_z:raceDc -0.46296913  0.150199936  
## depression_z:raceDc -0.50709611  0.178580193  
## purpose_z:depression_z:raceDc -0.26188769  0.109820661
```

```
modExDemD <- glm(dementia ~ age_z + genderDc + purpose_z + depression_z + raceDc +  
  purpose_z * depression_z +  
  raceDc * purpose_z +  
  raceDc * depression_z +  
  purpose_z * depression_z * raceDc,  
  data = dataCf)
```

```
summary(modExDemD)
```

```
##  
## Call:  
## glm(formula = dementia ~ age_z + genderDc + purpose_z + depression_z +  
##   raceDc + purpose_z * depression_z + raceDc * purpose_z +  
##   raceDc * depression_z + purpose_z * depression_z * raceDc,  
##   data = dataCf)  
##  
## Deviance Residuals:  
##      Min       1Q   Median       3Q      Max   
## -0.63455 -0.15757 -0.07457 -0.00010  0.96477  
##  
## Coefficients:  
##              Estimate Std. Error t value  
## (Intercept)      0.165257117  0.022757358   7.262  
## age_z            0.012227510  0.013512997   0.905  
## genderDc         -0.014417954  0.027362881  -0.527  
## purpose_z        -0.023821607  0.017058536  -1.396  
## depression_z     0.164740904  0.021458373   7.677  
## raceDc           0.000006052  0.039030120   0.000  
## purpose_z:depression_z 0.001994520  0.012322105   0.162  
## purpose_z:raceDc   0.036758475  0.046507840   0.790  
## depression_z:raceDc 0.008773503  0.052007392   0.169  
## purpose_z:depression_z:raceDc 0.021931976  0.028193452   0.778  
##  
##              Pr(>|t|)  
## (Intercept)      0.0000000000012506 ***  
## age_z            0.366  
## genderDc         0.598  
## purpose_z        0.163  
## depression_z     0.000000000000704 ***  
## raceDc           1.000  
## purpose_z:depression_z 0.871  
## purpose_z:raceDc 0.430
```

```
## depression_z:raceDc          0.866
## purpose_z:depression_z:raceDc 0.437
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## (Dispersion parameter for gaussian family taken to be 0.1051231)
##
## Null deviance: 76.820 on 583 degrees of freedom
## Residual deviance: 60.341 on 574 degrees of freedom
## (11 observations deleted due to missingness)
## AIC: 353.7
##
## Number of Fisher Scoring iterations: 2
```

```
confint(modExDemD)
```

```
## Waiting for profiling to be done...
```

```
##              2.5 %    97.5 %
## (Intercept)    0.12065352 0.20986072
## age_z         -0.01425748 0.03871250
## genderDc      -0.06804822 0.03921231
## purpose_z     -0.05725572 0.00961251
## depression_z  0.12268327 0.20679854
## raceDc        -0.07649158 0.07650368
## purpose_z:depression_z -0.02215636 0.02614540
## purpose_z:raceDc -0.05439522 0.12791217
## depression_z:raceDc -0.09315911 0.11070612
## purpose_z:depression_z:raceDc -0.03332617 0.07719013
```

```
# odds ratios
```

```
exp(coef(modExDemD))
```

```
##              (Intercept)              age_z
##              1.1796964              1.0123026
##              genderDc              purpose_z
##              0.9856855              0.9764599
##              depression_z              raceDc
##              1.1790876              1.0000061
##              purpose_z:depression_z              purpose_z:raceDc
##              1.0019965              1.0374424
##              depression_z:raceDc purpose_z:depression_z:raceDc
##              1.0088121              1.0221742
```

```
exp(confint(modExDemD))
```

```
## Waiting for profiling to be done...
```

```
##              2.5 %    97.5 %
## (Intercept)    1.1282339 1.233506
## age_z         0.9858437 1.039472
## genderDc      0.9342154 1.039991
## purpose_z     0.9443525 1.009659
## depression_z  1.1305263 1.229735
## raceDc        0.9263607 1.079506
## purpose_z:depression_z 0.9780873 1.026490
## purpose_z:raceDc 0.9470577 1.136453
```

```
## depression_z:raceDc          0.9110485 1.117067  
## purpose_z:depression_z:raceDc 0.9672230 1.080247
```