Table 3

*Internal consistency scores displayed for the Treatment Factors questionnaire subscales with example items.*

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| Subscales | Alpha | Example item |
| Change in routine | .94 | *“Having longer days than I would do at home”* |
| Communication & trust | .83 | *“I shared information relevant to my treatment with clinicians”* |
| Emotional state | .83 | *“I was experiencing a low mood at the time of treatment”* |
| Group climate | .91 | *“The way we interacted socially as a group was helpful to my treatment”* |
| Medical interference | .79 | *“I was worried that my condition was unstable and may get worse”* |
| People outside programme | .92 | *“I experienced people outside of programme being threatening towards me”* |