Table 1

*Pathways proposed by Salkovskis et al. (1999) with examples and sample items from the Pathways to Inflated Responsibility Beliefs Scale – Child Version.*

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| Pathway | Example | Sample Items from the PIRBS-CV |
| 1) Heightened responsibility as a child | responsibility for the well-being of close family members such as a parent or sibling; receiving blame for negative events | 14. I have to take care of myself more than most kids my age. |
| 2) Rigid or extreme codes of conduct | exposure to strict rules for behavior via adults (e.g., via religious institutions, schools) | 7.My parents think I can’t handle danger. |
| 3) Overprotection | parental vigilance and care driven by excessive anxiety | 11. Adults around me are strict about rules. |
| 4) Contributing to a negative life event | failure to lock a door followed by a robbery | 16. I’m sure that something *I did* made something terrible happen to someone else. |
| 5) Believing that one contributed to a coincidental negative life event | wishing someone dead followed by their actual death | 20. It seems like something I *did* or *did not do* might have made something terrible happen to someone else |