**Table 1 : Demographic data**

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|  |  | **Worry Group** **WG (n=7)** | **Wait-list Control CG (n=6)** | **All participants (n=13)** |
| Gender | FemaleMale | 3 (43%)4 (57%) | 3 (50%)3 (50%) | 6 (46%)7 (54%) |
| Age in years  | Minimum age in yearsMaximum age in years | 46.7 (12.2)3262 | 48.5 (11.7)3562 | 47.5 (11.5)3262 |
| Ethnicity | White BritishWhite otherBlack CaribbeanMixed: Black British-Black CaribbeanMixed: White-British – Black Caribbean | 5 (71%)1 (14.5%)0 (0%)1 (14.5%)0 (0%) | 4 (66%)0 (0%)1 (17%)0 (0%)1 (17%) | 9 (69%)1 (9.75%)1 (9.75%)1 (9.75%)1 (9.75%) |
| Employment | Unemployed | 7 (100%) | 6 (100%) | 13 (100%) |
| IQ |  | 103.14 (9.89) | 99.67 (6.71) | 101.54 (8.42) |
| Marital Status | SingleMarried | 6 (86%)1 (14%) | 6 (100%)0 (0%) | 12 (92%)1 (8%) |
| Cohabiting | Living AloneLiving with parentsLiving with spouse/partner | 5 (71.4%)1 (14.3%)1 (14.3%) | 6 (100%)0 (100%)0 (100%) | 11 (84.6%)1 (7.7%)1 (7.7%) |
| Diagnosis | SchizophreniaSchizoaffective DisorderDelusional Disorder | 7 (100%)0 (0%)0 (0%) | 4 (66%)1 (17%)1 (17%) | 11(84%)1 (7%)1 (7%) |
| Current Team  | RecoveryAssertive Outreach Team | 6 (85.7%)1 (14.3%) | 5 (83.3%)1 (16.7%) | 11 (84.6%)2 (15.4%) |

Data are: n(%) or mean (SD) unless otherwise indicated. IQ – estimate of full-scale intelligence quotient based on scores from Weschler Test of Adult Reading (WTAR)