**Appendix B: Visual Analogue Scales based on the CBT model of MUS.**

Not at all A moderate amount A significant amount

How much do you believe?

* What the doctor has said?

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

* That it is likely your child has an undetected medical illness?

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

* That any undetected illness is serious?

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

Do you feel?

* Worried about your child’s health

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

* Powerless about your child’s health

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

* Distressed about your child’s health

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

How likely are you to?

* Seek another medical opinion

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

* Request further tests or investigations

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

* Encourage them to rest

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100

* Prevent them from taking part in their daily activities

0--------|--------|--------|--------|--------50--------|--------|--------|--------|--------100