**Interview Schedule**

**Research Question: How do people with Bipolar Disorder make sense of their risk-taking behaviours during their euthymic phase?**

***Getting to know the participant***

1. Can you tell me a little bit about yourself? Name, age, occupation…
2. Can you tell me a little bit about your diagnosis of bipolar? When did you receive your diagnosis and when did you first experience it?

*Deepening Questions*

*Can you tell me more about that?*

*What do you mean by “ x “?*

*what you were thinking about when you were making your decision?*

*How were you feeling at the time?*

*Has this changed over time?*

*Notice ‘stuff’ that is ‘leaking’ out throughout the interview*

***About Risk-taking***

1. What does risk mean to you?
*What do you think it means to other people? (family, friends, professionals?)*
2. What is risk-taking behaviour?
*What do you other people think risk-taking behaviour is?*
3. What is the difference between a risk-taking behaviour and just normal behaviour?

***Your own Risk-taking behaviours***

1. Let’s think about your own risk-taking behaviours…Can you give me an example of risk-taking behaviour when you were in a euthymic phase?

*Prompt: an activity that has the potential for negative consequences…leaving car unlocked or bag on show. Walking home late at night, one night stand, purchasing expensive items/spending a lot of money / gambling*

1. How do you weigh up risk versus reward?
2. How do you consider the long-term consequences for you decisions?
3. What happens when you make a bad/good decision? How do you feel? What do you think?
4. What are other people’s perceptions of your risk-taking behaviour?

*Do they think you take too many? Are they worried about your ability to make risky decisions?*

1. Do you use any support to help with making decisions?