Table S1. OSI treatment content

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| **Module** | **Topics covered** |
| Module 0: Welcome | Overview of treatment and how to use OSI |
| Module 1: Get Ready | Psychoeducation on the development and maintenance of child anxiety. Identification of treatment goals. Optional interactive activities: maintenance of child anxiety worksheet, parent’s take-home messages, end-of-module quiz. |
| Module 2: Have-A-Go Thinking | Identifying children’s anxious thoughts/how to talk to children about their fears and worries. Exploring thoughts and alternatives to reassurance giving. Optional interactive activities: exploring thoughts worksheet, parents’ take-home messages, end-of-module quiz. |
| Module 3: Facing Fears | Rationale for exposure, and setting up exposure plan to test fears (including the development and implementation of a step-by-step plan to help children to gradually test their fears and worries).Optional interactive activities: step-by-step plan worksheet, parent’s take-home messages, end-of-module quiz.  |
| Module 4: Becoming Independent & Controlling Worries | Encouraging children to become more independent and management of excessive worry (including worry boxes and worry time). Optional interactive activities: increasing independence worksheet, parent’s take-home messages, end-of-module quiz.  |
| Module 5: Problem Solving | Rationale for, and overview of, problem solvingOptional interactive activities: problem solving worksheet, parent’s take-home messages, end-of-module quiz. |
| Module 6: Keep it Going | Rationale for relapse prevention. Review of treatment techniques that have been helpful. Identification of current and future goals. Optional interactive activities: current and future goals worksheet, things that have been helpful for my child worksheet, parent’s take-home messages. |
| Follow Up | ROMS only - no new content presented |