**Semi-Structured Interview Schedule**

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| **Introduction** |
| * Thank participants for making the time to engage in an interview. * Check participants have the sufficient time and a private enough space to engage in the interview. * Discuss the participant information sheet and give participants chance to ask any questions they might have, answering these satisfactorily before confirming informed consent. * Remind participants the interview will be recorded but that this will be stored securely, destroyed securely once transcribed and anonymised in full. * Remind participants NOT to discuss any information that would identify clients. * Remind participants they can pause or stop the interview at any time. * Encourage participants to be as open and honest as possible. |
| **Questions** |
| 1. Could you start by telling me about your experiences, both positive and negative, of delivering CAT-GSH? 2. Could you tell me about your experiences, both positive and negative, of clients making change when delivering CAT-GSH? 3. Could you tell me how your experiences of delivering CAT-GSH contrasts to your experiences of delivering the CBT-GSH? 4. Based on your experiences, could you tell me what you think about the suitability of delivering of CAT-GSH specifically at step two? 5. Could you tell me about your experiences of supervision for delivering CAT-GSH? 6. Has anything happened in the wider service that has helped or hindered the process of learning and delivering CAT-GSH? 7. Please give me five words that describe CAT-GSH and five words that describe CBT-GSH. 8. Are there any other experiences related to delivering CAT-GSH at step two, that you haven’t yet mentioned, but would like to talk about? 9. And finally, do you think that CAT-GSH should be continued as part of the step two offer when the trial has been completed? |
| **Prompts and exploratory questions to elicit full and clear responses** |
| * Could you tell me a bit more about that experience? * Could you describe an example of that? * How did you experience that? * How was that a positive/negative experience for you? * What do you think would have improved/helped you overcome [experience described]? * How does that differ from your experiences of delivering CAT-GSH/CBT-GSH? * How is that similar to your experiences of delivering CAT-GSH/CBT-GSH? * What do you think it was about CAT-GSH/CBT-GSH that contributed to [experience described]? * What do you think it was about the theory of CAT-GSH/CBT-GSH that contributed to [experience described]? |
| **Closing comments** |
| * Check-in with participants’ wellbeing. * Thank participants for engaging in the interview. * Give participants chance to ask any questions they might have, answering these satisfactorily. * Ask participants if they would like to be added to the email distribution list for the dissemination of a written report of findings upon completion of this SEP. * Check participants have relevant contact details and tell them to get in touch if they have any further questions. |