**ONLINE SUPPLEMENTARY**

**TABLE 3**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Table 3  *Summary of participant results* | | | | | | | | |
| P | Mood | | | SC/SA | | Wisdom | | Designation |
|  | PHQ-9 | GAS-10 | VAS\_mood | SCS | VAS\_SA | SAWS | VAS\_wisdom |  |
| 1 | PI, FU | PI, FU | Yes |  | Yes |  | Yes | Responder |
| 2 | PI | PI | Yes |  | Yes |  | Yes | Responder |
| 3 | PI\* |  | No |  | No | FU | No | Non-responder |
| 4 | PI\* | PI\* | No | PI | No |  | No | Non-responder |
| 5 | PI, FU\* | PI, FU | Yes | FU | Yes | FU | Yes | Responder |
| 6 | PI\*, FU\* | PI\*, FU\* | Yes |  | Yes |  | Yes | Responder |

Note: P = participant; PI = reliable change at post-intervention; FU = reliable change at follow-up; \* = clinically significant change; Yes/No = determined change in VAS scores between phases, as described in the results section.