Table 3

*Study 1: Frequencies of traumas for iCBT and WLC participants*

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Total (N= 40)** | | |  | **iCBT (n= 21)** | | |  | **WLC (n= 19)** | | |
|  | n |  | % |  | n |  | % |  | n |  | % |
| Sexual assault |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 27 |  | 67.50 |  | 12 |  | 57.14 |  | 15 |  | 78.95 |
| Witnessed | 0 |  | .00 |  | 0 |  | .00 |  | 0 |  | .00 |
| Learned of | 3 |  | 7.50 |  | 2 |  | 9.52 |  | 1 |  | 5.26 |
| N/A | 10 |  | 25.00 |  | 7 |  | 33.33 |  | 3 |  | 15.79 |
| Other sexual trauma |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 31 |  | 77.50 |  | 15 |  | 71.43 |  | 16 |  | 84.21 |
| Witnessed | 0 |  | .00 |  | 0 |  | .00 |  | 0 |  | .00 |
| Learned of | 1 |  | 2.50 |  | 0 |  | .00 |  | 1 |  | 5.26 |
| N/A | 8 |  | 20.00 |  | 6 |  | 28.57 |  | 2 |  | 10.53 |
| Combat exposure |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 3 |  | 7.50 |  | 2 |  | 9.52 |  | 1 |  | 5.26 |
| Witnessed | 0 |  | .00 |  | 0 |  | .00 |  | 0 |  | .00 |
| Learned of | 6 |  | 15.00 |  | 4 |  | 19.05 |  | 2 |  | 10.53 |
| N/A | 31 |  | 77.50 |  | 15 |  | 71.43 |  | 16 |  | 84.21 |
| Life threatening illness |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 10 |  | 25.00 |  | 5 |  | 23.81 |  | 5 |  | 26.32 |
| Witnessed | 6 |  | 15.00 |  | 3 |  | 14.29 |  | 3 |  | 15.79 |
| Learned of | 8 |  | 20.00 |  | 4 |  | 19.05 |  | 4 |  | 21.05 |
| N/A | 16 |  | 40.00 |  | 9 |  | 42.86 |  | 7 |  | 36.84 |
| Severe human suffering |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 17 |  | 42.50 |  | 9 |  | 42.86 |  | 8 |  | 42.11 |
| Witnessed | 3 |  | 7.50 |  | 1 |  | 4.76 |  | 2 |  | 10.53 |
| Learned of | 4 |  | 10.00 |  | 2 |  | 9.52 |  | 2 |  | 10.53 |
| N/A | 16 |  | 40.00 |  | 9 |  | 42.86 |  | 7 |  | 36.84 |
| Witnessed violent death |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 4 |  | 10.00 |  | 1 |  | 4.76 |  | 3 |  | 15.79 |
| Witnessed | 8 |  | 20.00 |  | 6 |  | 28.57 |  | 2 |  | 10.53 |
| Learned of | 12 |  | 30.00 |  | 6 |  | 28.57 |  | 6 |  | 31.58 |
| N/A | 16 |  | 40.00 |  | 8 |  | 38.10 |  | 8 |  | 42.11 |
| Unexpected loss of others |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 21 |  | 52.50 |  | 9 |  | 42.86 |  | 12 |  | 63.16 |
| Witnessed | 4 |  | 10.00 |  | 4 |  | 19.05 |  | 0 |  | .00 |
| Learned of | 4 |  | 10.00 |  | 4 |  | 19.05 |  | 0 |  | .00 |
| N/A | 11 |  | 27.50 |  | 4 |  | 19.05 |  | 7 |  | 36.84 |
| Harm/Injury to others |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 5 |  | 12.50 |  | 1 |  | 4.76 |  | 4 |  | 21.05 |
| Witnessed | 0 |  | .00 |  | 0 |  | .00 |  | 0 |  | .00 |
| Learned of | 2 |  | 5.00 |  | 2 |  | 9.52 |  | 0 |  | .00 |
| N/A | 33 |  | 82.50 |  | 18 |  | 85.71 |  | 15 |  | 78.95 |
| Other stressor |  |  |  |  |  |  |  |  |  |  |  |
| Happened to me | 27 |  | 67.50 |  | 15 |  | 71.43 |  | 12 |  | 63.16 |
| Witnessed | 2 |  | 5.00 |  | 2 |  | 9.52 |  | 0 |  | .00 |
| Learned of | 2 |  | 5.00 |  | 2 |  | 9.52 |  | 0 |  | .00 |
| N/A | 9 |  | 22.50 |  | 2 |  | 9.52 |  | 7 |  | 36.84 |