Table 2

*Study 1: Demographic characteristics of iCBT and WLC participants*

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Total (N= 40)** | | **iCBT (n= 21)** | | **WLC (n= 19)** | |
|  | n | % | n | % | n | % |
| Sex |  |  |  |  |  |  |
| Female | 36 | 90.00 | 19 | 90.48 | 17 | 89.47 |
| Male | 4 | 10.00 | 2 | 9.52 | 2 | 10.53 |
| Marital Status |  |  |  |  |  |  |
| Single/never married | 9 | 22.50 | 3 | 14.29 | 6 | 31.58 |
| Married/de-facto | 20 | 50.00 | 9 | 42.86 | 11 | 57.89 |
| Separated, divorced, widowed | 11 | 27.50 | 9 | 42.86 | 2 | 10.53 |
| Education |  |  |  |  |  |  |
| Yr 12 (or less) | 13 | 32.50 | 6 | 28.57 | 7 | 36.84 |
| Post-High School Qualification | 14 | 35.00 | 10 | 47.62 | 4 | 21.05 |
| Tertiary | 13 | 32.50 | 5 | 23.81 | 8 | 42.11 |
| Occupation |  |  |  |  |  |  |
| Unemployed | 13 | 32.50 | 8 | 38.10 | 5 | 26.32 |
| Student | 5 | 12.50 | 2 | 9.52 | 3 | 15.79 |
| Paid work | 22 | 55.00 | 11 | 52.38 | 11 | 57.89 |
| Rurality |  |  |  |  |  |  |
| Major cities | 27 | 67.50 | 15 | 71.43 | 12 | 63.16 |
| Regional or rural areas | 13 | 32.50 | 6 | 28.57 | 7 | 36.84 |