**Supplementary Material 2: Recruitment and attrition**

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| --- | --- | --- | --- | --- |
| Total no. of participants who did not enter study following referral into study = 10 | | | | |
| Declined to  participate = 6 | Reasons cited | | | |
|  | bereavement | Antidepressant improved mood | Inconvenient at this time | Do not need psychological support |
| Count | 1 | 1 | 3 | 1 |
| Did not meet inclusion criteria = 3 | Inclusion criteria unmet | | | |
|  | Reporting Psych. distress | 18 or above | Clinically diagnosed stroke | |
| Count | 3 |  |  | |
| No. of participants uncontactable following referral into study = 1 | | | | |

|  |  |
| --- | --- |
| Participants who dropped out after consent (n=4) | |
| Baseline phase (n=2) | Intervention phase (n=2) |
| 1 family illness  1 carer duties prohibiting participation at this time | 1 lost to follow-up due to fall  1 lost at commencement of intervention due to fall |