Supplementary Material 6: Scribe2016 checklist

The Single-Case Reporting guideline In Behavioural interventions (SCRIBE) 2016 Checklist

Responses are highlighted.

**Item number Topic Item description Notes**

TITLE and ABSTRACT

1. Title Identify the research as a single-case experimental design in the title Title Page
2. Abstract Summarise the research question, population, design, methods including intervention/s (independent variable/s) and target behaviour/s and any other outcome/s (dependent variable/s), results, and conclusions Abstract

INTRODUCTION

1. Scientific background

Describe the scientific background to identify issue/s under analysis, current scientific knowledge, and gaps in that knowledge base. Pages 1-5

1. Aims State the purpose/aims of the study, research question/s, and, if applicable, hypotheses Pages 5-6

METHODS

DESIGN

1. Design Identify the design (e.g., withdrawal/reversal, multiple-baseline, alternating-treatments, changing-criterion, some combination thereof, or adaptive design) and describe the phases and phase sequence (whether determined *a priori* or data-driven) and, if applicable, criteria for phase change Pages 6-7 Design & Analysis and Procedure 13-15

1. Procedural changes

Describe any procedural changes that occurred during the course of the investigation after the start of the study. Page 14 and Supplementary Material 1, changes to baseline length due to participant contraints.

1. Replication Describe any planned replication. Pages 6-8. The design was replicated 16 times
2. Randomisation State whether randomisation was used, and if so, describe the randomisation method and the elements of the study that were randomized Pages 6 and 13
3. Blinding State whether blinding/masking was used, and if so, describe who was blinded/ masked. Page 11; Blinding was not practicable.

PARTICIPANT/S or UNIT/S

1. Selection criteria State the inclusion and exclusion criteria, if applicable, and the method of recruitment. Page 8-9 Recruitment
2. Participant characteristics

CONTEXT

For each participant, describe the demographic characteristics and clinical (or other) features relevant to the research question, such that anonymity is ensured. Table 1

1. Setting Describe characteristics of the setting and location where the study was conducted. End of Procedure page 15

APPROVALS

1. Ethics State whether ethics approval was obtained and indicate if and how informed consent

and/or assent were obtained. Page 6, start of Method

MEASURES and MATERIALS

1. Measures Operationally define all target behaviours and outcome measures, describe reliabilityand validity, state how they were selected, and how and when they were measured. Pages 10-13 Measures
2. Equipment Clearly describe any equipment and/or materials (e.g., technological aids, biofeedback,

computer programs, intervention manuals or other material resources) used to measure target behaviour/s and other outcome/s or deliver the interventions. Not applicable

INTERVENTIONS

1. Intervention Describe intervention and control condition in each phase, including how and when they were actually administered, with as much detail as possible to facilitate attempts at replication. Pages 13 -15, Study Procedure
2. Procedural fidelity

ANALYSIS

Describe how procedural fidelity was evaluated in each phase. Page 13-15. Procedure. The bibliotherapy intervention was self-paced and administered depending on needs; therapist input is described.

1. Analyses Describe and justify all methods used to analyse data. Page 15-16, Statistical and Survey Analyses

RESULTS

1. Sequence completed
2. Outcomes and estimation

For each participant, report the sequence actually completed, including the number of trials for each session for each case. For participant/s who did not complete, state when they stopped and the reasons. See Supplementary Material 1.

For each participant, report results, including raw data, for each target behaviour and other outcome/s. Raw data are depicted in Figures 1-16 in Supplementary Material 4 for the primary measures;

1. Diverse events State whether or not any adverse events occurred for any participant and the phase in which they occurred. Figure 1 shows flow through the experiment with note of adverse events. Deviations from design are noted on p14 and supplementary Material 1.

DISCUSSION

1. Interpretation Summarise findings and interpret the results in the context of current evidence. Pages 19-23
2. Limitations Discuss limitations, addressing sources of potential bias and imprecision. Pages 23-25
3. Applicability Discuss applicability and implications of the study findings. Page 25
4. DOCUMENTATION
5. Protocol If available, state where a study protocol can be accessed. N/A
6. Funding Identify source/s of funding and other support; describe the role of funders. Title page

Note Page numbers refer to the submitted WORD manuscript