**Table S6. Non-varsity athlete confidence ranks by change score**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **75%** | **80%** | **87.50%** | **90%** | **92.50%** | **95%** | **97.50%** | **99%** |
| **SAC** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | -1 | -1 | -2 | -2 | -2 | -3 | -3 | -4 |
| **BESS** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | 6 | 7 | 9 | 10 | 12 | 13 | 16 | 18 |
| **BSI-18** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | 3 | 5 | 7 | 8 | 10 | 11 | 14 | 17 |
| **SCAT Symptom Number** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | 2 | 3 | 4 | 4 | 5 | 6 | 7 | 9 |
| **SCAT Symptom Severity** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | 4 | 6 | 9 | 10 | 12 | 14 | 17 | 21 |
| **Verbal Memory** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | -6 | -8 | -11 | -12 | -14 | -16 | -19 | -22 |
| **Visual Memory** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | -7 | -8 | -12 | -14 | -15 | -18 | -21 | -26 |
| **Visual Motor Speed** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | -2.4 | -3.18 | -4.64 | -5.26 | -6.01 | -6.98 | -8.46 | -10.19 |
| **Reaction Time** |  |  |  |  |  |  |  |  |
| Year 1 - Year 2 | -0.05 | -0.06 | -0.09 | -0.1 | -0.11 | -0.13 | -0.15 | -0.18 |
| Note: Scores are rounded to nearest integer | | | | | | | | |