Supplementary Content

**eTable 1. FAQ and CDR-SOB at Baseline by Study Arm and Site**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Outcome | Site | No Yoga | | No CCT | | No Wellness Education | | No Support Groups | | No MSS | |
| N | Mean (SD) | N | Mean (SD) | N | Mean (SD) | N | Mean (SD) | N | Mean (SD) |
|  |  |  |  |  |  |  |  |  |  |  |  |
| FAQ | MN | 18 | 5.389 (5.741) | 9 | 10.000 (6.423) | 14 | 8.071 (5.704) | 16 | 8.250 (5.556) | 17 | 7.824 (6.085) |
| FL | 9 | 6.444 (7.020) | 8 | 7.250 (5.800) | 6 | 5.833 (4.215) | 11 | 4.455 (3.959) | 9 | 7.222 (3.456) |
| AZ | 13 | 5.462 (5.238) | 19 | 6.895 (6.935) | 13 | 4.615 (5.059) | 9 | 5.444 (4.216) | 12 | 8.583 (6.345) |
| WA | 7 | 8.286 (5.219) | 11 | 6.273 (4.052) | 8 | 9.875 (3.091) | 7 | 6.143 (5.047) | 7 | 6.857 (5.551) |
|  |  |  |  |  |  |  |  |  |  |  |  |
| CDR-SOB | MN | 21 | 2.000 (1.140) | 12 | 2.417 (1.165) | 19 | 2.053 (1.165) | 17 | 1.324 (0.951) | 19 | 1.842 (1.167) |
| FL | 13 | 1.812 (0.530) | 9 | 2.500 (1.000) | 8 | 1.812 (0.530) | 13 | 1.885 (0.795) | 10 | 2.250 (0.589) |
| AZ | 14 | 1.321 (0.912) | 21 | 2.095 (0.816) | 17 | 1.441 (1.059) | 15 | 1.367 (1.125) | 18 | 1.194 (0.910) |
| WA | 7 | 2.786 (0.859) | 12 | 3.167 (0.937) | 8 | 3.438 (0.678) | 8 | 2.688 (0.799) | 10 | 2.600 (1.022) |
| Abbreviations: CCT, computerized cognitive training; MSS, memory support system; SD, standard deviation; FAQ, Functional Activities Questionnaire; CDR-SOB, Clinical Dementia Rating Sum of Boxes. | | | | | | | | | | | |

**eTable 2. Summaries of Raw Changes in FAQ and CDR-SOB from Baseline to 18 Months by Study Arm and Site**

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Outcome | Site | No Yoga | | No CCT | | No Wellness Education | | No Support Groups | | No MSS | |
| N | Mean (SD) | N | Mean (SD) | N | Mean (SD) | N | Mean (SD) | N | Mean (SD) |
|  |  |  |  |  |  |  |  |  |  |  |  |
| FAQ | MN | 14 | 4.929 (6.592) | 5 | 0.200 (2.387) | 7 | 4.000 (7.303) | 9 | 3.556 (3.844) | 10 | 5.300 (5.599) |
| FL | 3 | 8.667 (4.163) | 5 | 4.200 (6.760) | 4 | 3.000 (4.243) | 7 | 4.571 (5.798) | 3 | 7.667 (11.240) |
| AZ | 7 | 5.571 (6.554) | 11 | 4.091 (6.640) | 6 | 0.167 (3.125) | 9 | 1.889 (6.528) | 4 | 3.750 (6.021) |
| WA | 6 | 3.833 (5.707) | 8 | 4.375 (7.596) | 6 | 1.833 (5.601) | 4 | 1.000 (3.367) | 5 | 1.200 (8.349) |
|  |  |  |  |  |  |  |  |  |  |  |  |
| CDR-SOB | MN | 19 | 1.684 (3.137) | 10 | 0.650 (1.001) | 7 | 1.857 (2.824) | 15 | 1.533 (1.541) | 15 | 1.567 (1.710) |
| FL | 7 | 2.071 (2.009) | 5 | 1.100 (1.981) | 5 | 1.300 (0.837) | 8 | 0.750 (1.363) | 6 | 1.833 (1.329) |
| AZ | 11 | 2.227 (2.553) | 15 | 2.367 (1.827) | 13 | 0.808 (1.899) | 11 | 3.000 (3.154) | 6 | 2.417 (1.594) |
| WA | 6 | 2.500 (1.844) | 11 | 1.727 (2.017) | 8 | 1.875 (2.013) | 7 | 0.714 (1.113) | 9 | 1.944 (1.704) |
| Abbreviations: CCT, computerized cognitive training; MSS, memory support system; SD, standard deviation; FAQ, Functional Activities Questionnaire; CDR-SOB, Clinical Dementia Rating Sum of Boxes. | | | | | | | | | | | |