Supplement 1. CONSORT Flow Chart

1245 Patients screened

973 Excluded:
    759 Did not meet eligibility criteria (most commonly did not have diagnosis of MCI)
    214 Declined to participate

24 Patient groups randomized
(**272** patients)

6 Patient groups randomized to no yoga
56 Patients (22 from MN; 13, FL; 14, AZ; and 7, WA)

5 Patient groups randomized to no CCT
54 Patients (12 from MN; 9, FL; 21, AZ; and 12 WA)

5 Patient groups randomized to no wellness
52 Patients (19 from MN; 8, FL; 17, AZ; and 8, WA)

4 Patient groups randomized to no support groups
53 Patients (17 from MN; 13, FL; 15, AZ; and 8, WA)

4 Patient groups randomized to no MSS
57 Patients (19 from MN; 10, FL; 18, AZ; and 10 WA)

46 Completed 18-month follow-up
10 Did not complete study
  5 Withdrawals
  5 Lost to follow-up

42 Completed 18-month follow-up
12 Did not complete study
  10 Withdrawals
  1 Lost to follow-up
  1 Death

39 Completed 18-month follow-up
13 Did not complete study
  8 Withdrawals
  4 Lost to follow-up
  1 Death

43 Completed 18-month follow-up
10 Did not complete study
  7 Withdrawals
  3 Lost to follow-up

43 Completed 18-month follow-up
14 Did not complete study
  12 Withdrawals
  2 Lost to follow-up