


LUNCH


Panel A

LASAGNE BOLOGNESE


A serving of 250g contains

	ENERGY 1834 kJ 22.0%	SUGAR 2.5 g 2.7%	FAT 30.9 g 44.0%	SATURATED FAT 13.6 g 68.0%	SALT 2.4 g 40.0%
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A serving of 300g contains


	ENERGY 1784 kJ 21.3%	SUGAR 10.0 g 11.1%	FAT 26.0 g 37.1%	SATURATED FAT 10.0 g 50.0%	SALT 2.8 g 46.6%
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A serving of 400g contains


	ENERGY 2290 kJ 22.8%	SUGAR 18.0 g 20.0%	FAT 21.6 g 30.8%	SATURATED FAT 9.5 g 47.5%	SALT 2.3 g 38.3%
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PINEAPPLE


A serving of 2 slices (120 g) contains

	ENERGY 246 kJ 4.0%	SUGAR 13.5 g 15.0%	FAT 0.24 g 1.0%	SATURATED FAT 0 g 0%	SALT 0 g 0%
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A serving of 2 slices (120 g) contains

	ENERGY 322 kJ 5.0%	SUGAR 19.2 g 22.0%	FAT 0 g 0%	SATURATED FAT 0 g 0%	SALT 0 g 0%
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A serving of 2 slices (120 g) contains


	ENERGY 246 kJ 4.0%	SUGAR 14.5 g 17.0%	FAT 0 g 0%	SATURATED FAT 0 g 0%	SALT 0 g 0%
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LUNCH


Panel B

LASAGNE BOLOGNESE


A serving of 250g contains

	ENERGY 1834 kJ 22.0%	SUGAR 2.5 g 2.7%	FAT 30.9 g 44.0%	SATURATED FAT 13.6 g 68.0%	SALT 2.4 g 40.0%
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