**Supplemental Table 1** Mean sodium (mg) per serve for selected fast foodsa by category, using mean portion sizes reported in the New Zealand Adult Nutrition Survey 2008/2009

|  |  |  |  |
| --- | --- | --- | --- |
| **Fast food** | ***n*** | **Serving size (g)b** | **Sodium (mg/serve)** |
| Hot chips | 501 | 140 | 345 |
| Battered fish | 149 | 251 | 619 |
| Egg-foo-yung | 130 | 110 | 271 |
| Butter chicken | 32 | 283 | 697 |
| Sweet and sour pork | 14 | 226 | 557 |
| Chop suey | 44 | 272 | 670 |
| Sushi | 39 | 149 | 367 |
| Pizza | 163 | 267 | 1276 |

*n*, number of fast foods

a Fast foods which had substantially larger or smaller serving sizes than the serving sizes reported in the 2008/09 NZANS are presented

b Based on average portion sizes (as purchased) per eating occasion, reported from the 2008/09 NZANS