

**Supplemental Table 3. Prevalence of ordinary salt added during cooking or preparation in the household among the US population aged ≥2 years — NHANES 2003-2012.**

| Frequency of table salt use            | n <sup>1</sup> | Never  |                   | Ordinary salt use |      |              |      |            |      |
|--|----------------|--------|-------------------|-------------------|------|--------------|------|------------|------|
|  |                | %      | (se) <sup>2</sup> | Rarely            |      | Occasionally |      | Very often |      |
|  |                |        |                   | %                 | (se) | %            | (se) | %          | (se) |
| <b>Total</b>                           |                |        |                   |                   |      |              |      |            |      |
| 2003-2004                              | 7,569          | 6.6    | 0.4               | 18.8              | 1.0  | 33.1         | 1.2  | 41.5       | 1.6  |
| 2005-2006                              | 7,707          | 7.4    | 0.6               | 20.3              | 0.9  | 37.5         | 0.8  | 34.8       | 1.0  |
| 2007-2008                              | 7,880          | 7.8    | 0.5               | 18.3              | 0.8  | 35.6         | 0.7  | 38.3       | 1.1  |
| 2009-2010                              | 8,415          | 6.8    | 0.4               | 19.7              | 1.0  | 37.2         | 0.9  | 36.3       | 1.4  |
| 2011-2012                              | 1,330          | 6.8    | 0.7               | 18.1              | 0.7  | 37.8         | 1.2  | 37.2       | 1.8  |
| adjusted trend p-value <sup>3</sup>    |                | 0.9859 |                   |                   |      |              |      | 0.0212     |      |
| <b>Children/adolescents 2-18 years</b> |                |        |                   |                   |      |              |      |            |      |
| 2003-2004                              | 3,277          | 4.2    | 0.7               | 16.8              | 1.6  | 39.1         | 1.7  | 39.9       | 2.1  |
| 2005-2006                              | 3,418          | 3.7    | 0.5               | 20.2              | 1.0  | 42.5         | 1.4  | 33.5       | 1.4  |
| 2007-2008                              | 2,766          | 5.3    | 0.6               | 18.7              | 1.4  | 38.8         | 1.0  | 37.2       | 1.7  |
| 2009-2010                              | 2,931          | 3.6    | 0.7               | 21.4              | 1.8  | 41.8         | 1.6  | 33.3       | 1.5  |
| 2011-2012                              | 2,795          | 5.2    | 1.2               | 16.7              | 1.3  | 41.4         | 1.5  | 36.7       | 2.2  |
| adjusted trend p-value <sup>3</sup>    |                | 0.4573 |                   |                   |      |              |      | 0.0836     |      |
| <b>Males 2-18 years</b>                |                |        |                   |                   |      |              |      |            |      |
| 2003-2004                              | 1,635          | 3.4    | 0.8               | 16.2              | 2.2  | 39.8         | 2.3  | 40.6       | 2.2  |
| 2005-2006                              | 1,675          | 3.3    | 0.6               | 20.5              | 1.4  | 46.3         | 1.5  | 29.9       | 1.8  |
| 2007-2008                              | 1,434          | 4.9    | 0.8               | 18.7              | 1.8  | 41.3         | 0.9  | 35.1       | 1.9  |
| 2009-2010                              | 1,514          | 3.9    | 0.8               | 23.0              | 2.2  | 39.7         | 2.0  | 33.4       | 1.9  |
| 2011-2012                              | 1,417          | 3.7    | 0.7               | 15.1              | 1.1  | 43.1         | 2.4  | 38.1       | 2.7  |
| adjusted trend p-value <sup>4</sup>    |                | 0.6679 |                   |                   |      |              |      | 0.4192     |      |
| <b>Females 2-18 years</b>              |                |        |                   |                   |      |              |      |            |      |
| 2003-2004                              | 1,642          | 5.0    | 1.0               | 17.4              | 1.9  | 38.4         | 2.2  | 39.2       | 2.2  |
| 2005-2006                              | 1,743          | 4.2    | 0.8               | 20.0              | 1.5  | 38.6         | 2.1  | 37.3       | 1.7  |
| 2007-2008                              | 1,332          | 5.6    | 0.7               | 18.7              | 1.6  | 36.3         | 1.7  | 39.4       | 2.5  |
| 2009-2010                              | 1,417          | 3.4    | 0.8               | 19.7              | 1.9  | 43.8         | 2.1  | 33.2       | 2.2  |
| 2011-2012                              | 1,378          | 6.8    | 2.1               | 18.4              | 2.0  | 39.5         | 2.0  | 35.2       | 3.0  |
| adjusted trend p-value <sup>4</sup>    |                | 0.4890 |                   |                   |      |              |      | 0.0421     |      |
| <b>Adults 19+ years</b>                |                |        |                   |                   |      |              |      |            |      |
| 2003-2004                              | 4,292          | 7.4    | 0.4               | 19.5              | 1.0  | 31.2         | 1.2  | 42.0       | 1.6  |
| 2005-2006                              | 4,289          | 8.6    | 0.6               | 20.3              | 1.0  | 35.9         | 1.0  | 35.2       | 1.0  |
| 2007-2008                              | 5,114          | 8.6    | 0.8               | 18.2              | 0.8  | 34.6         | 0.9  | 38.7       | 1.1  |
| 2009-2010                              | 5,479          | 7.8    | 0.4               | 19.1              | 1.1  | 35.8         | 1.1  | 37.3       | 1.5  |
| 2011-2012                              | 4,535          | 7.3    | 0.7               | 18.5              | 0.7  | 36.8         | 1.4  | 37.4       | 1.8  |
| adjusted trend p-value <sup>3</sup>    |                | 0.6903 |                   |                   |      |              |      | 0.0230     |      |
| <b>Men 19+ years</b>                   |                |        |                   |                   |      |              |      |            |      |
| 2003-2004                              | 2,052          | 7.7    | 0.6               | 20.8              | 1.3  | 32.5         | 2.0  | 39.0       | 0.9  |
| 2005-2006                              | 2,020          | 8.1    | 0.7               | 22.1              | 1.2  | 38.8         | 1.1  | 31.0       | 1.2  |
| 2007-2008                              | 2,503          | 9.5    | 0.9               | 18.7              | 1.4  | 36.0         | 1.5  | 35.7       | 1.3  |
| 2009-2010                              | 2,639          | 8.6    | 0.6               | 19.3              | 1.6  | 37.9         | 1.6  | 34.3       | 1.7  |
| 2011-2012                              | 2,246          | 8.4    | 1.3               | 20.6              | 0.9  | 37.9         | 1.8  | 33.1       | 2.0  |
| adjusted trend p-value <sup>4</sup>    |                | 0.5563 |                   |                   |      |              |      | 0.0388     |      |
| <b>Women 19+ years</b>                 |                |        |                   |                   |      |              |      |            |      |
| 2003-2004                              | 2,240          | 7.2    | 0.5               | 18.2              | 1.1  | 29.9         | 0.9  | 44.8       | 1.6  |
| 2005-2006                              | 2,269          | 9.0    | 0.9               | 18.7              | 1.5  | 33.3         | 1.6  | 39.1       | 1.3  |
| 2007-2008                              | 2,611          | 7.7    | 0.9               | 17.7              | 0.9  | 33.3         | 1.0  | 41.3       | 1.7  |
| 2009-2010                              | 2,840          | 7.2    | 0.7               | 19.0              | 1.0  | 33.9         | 1.4  | 40.0       | 1.9  |
| 2011-2012                              | 2,289          | 6.3    | 0.8               | 16.6              | 1.4  | 35.7         | 1.5  | 41.4       | 2.2  |
| adjusted trend p-value <sup>4</sup>    |                | 0.1449 |                   |                   |      |              |      | 0.0860     |      |

1. Unweighted sample size

2. Standard error

3. Adjusted for sex, age, and race/ethnicity.

4. Adjusted for age and race/ethnicity

p-values from Wald F statistic